

**ENTRANCE ANTIPHON: O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay. (Ps 69:2,6)**

**A reading from the Book of Exodus (16:2-4,12-15)**

The whole congregation of the people of Israel murmured against Moses and Aaron in the wilderness, and said to them, "Would that we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate bread to the full; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the Lord said to Moses, "Behold, I will rain bread from heaven for you; and the people shall go out and gather a day's portion everyday, that I may prove them, whether they will walk in my law or not. "I have heard the murmurings of the people of Israel; say to them, 'At twilight you shall eat flesh, and in the morning you shall be filled with bread; then you shall know that I am the Lord your God'." In the evening quails came up and covered the camp; and in the morning dew lay round about the camp. And when the dew had gone up, there was on the face of the wilderness a fine, flake-like thing, fine as hoarfrost on the ground. When the people of Israel saw it, they said to one another, "What is it?" For they did not know what it was. And Moses said to them, "It is the bread which the Lord has given you to eat."

**This is the Word of the Lord.**

**Responsorial Psalm:**

**Response: The Lord gave them bread from heaven.**

The things we have heard and understood, the things our fathers have told us, we will tell to the next generation: the glories of the Lord and his might. **R./**

He commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven. **R./**

Mere men ate the bread of angels. He sent them abundance of food. He brought them to his holy land, to the mountain which his right hand had won. **R./**

**A reading from the Letter of St Paul to the Ephesians (4:17,20-24)**

This I affirm and testify in the Lord, that you must no longer live as the Gentiles do, in the futility of their minds. You did not so learn Christ! – assuming that you have heard about him and were taught in him, as the truth is in Jesus. Put off your old nature which belongs to your former manner of life and is corrupt through deceitful lusts, and be renewed in the spirit of your minds, and put on the new nature, created after the likeness of God in true righteousness and holiness.

**This is the Word of the Lord.**

**Alleluia, alleluia! No one lives on bread alone, but on every word that comes from the mouth of God. Alleluia!**

**A reading from the Holy Gospel according to St John (6:24-35)**

When the people saw that Jesus was not there, nor his disciples, they themselves got into the boats and went to Capernaum, seeking Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Truly, truly, I say to you, you seek me, not because you saw signs, but because you ate your fill of the loaves. Do not labour for the food which perishes, but for the food which endures to eternal life, which the Son of man will give to you; for on him has God the Father set his seal." Then they said to him, "What must we do, to be doing the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "Then what sign do you do, that we may see, and believe you? What work do you perform? Our fathers ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat'." Jesus then said to them, "Truly, truly, I say to you, it was not Moses who gave you the bread from heaven; my Father gives you the true bread from heaven. For the bread of God is that which comes down from heaven, and gives life to the world." "They said to him, Lord, give us this bread always." Jesus said to them, "I am the bread of life; he who comes to me shall not hunger, and he who believes in me shall never thirst." **The Gospel of the Lord.**

**Communion Antiphon: I am the bread of life, says the Lord; whoever comes to me will not hunger and whoever believes in me will not thirst.**

**Entrance: GATHER US IN**

Here in this place  
new light is streaming,  
Now is the darkness vanished away,  
See in this space our fears  
and our dreamings  
Brought here to you  
in the light of this day

Gather us in the lost and forsaken,  
Gather us in the blind and the lame;  
Call to us now and we shall awaken,  
We shall arise  
at the sound of our name

We are the young  
our lives are a mystery,  
we are the old  
who yearn for your face.  
We have been sung  
throughout all of history,  
Called to be light  
to the whole human race

Gather us in the rich and the haughty  
Gather us in the proud and the strong,  
Give us a heart so meek and so lowly,  
Give us the courage to enter the song

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**Offertory**

**BREAD FOR THE WORLD**

*Refrain*

**Bread for the world:  
a world of hunger.**

**Wine for all peoples:  
people who thirst.**

**May we who eat,  
be bread for others.**

**May we who drink,  
pour out our love.**

Lord Jesus Christ,  
you are the bread of life,  
broken to reach  
and heal the wounds of human pain.  
Where we divide your people,  
you are waiting there, on bended knee  
to wash our feet with endless care.

Lord Jesus Christ,  
you are the wine of peace,  
poured into hearts once broken  
and where dryness sleeps.

Where we are tired and weary,  
you are waiting there  
to be the way which beckons  
us beyond despair.

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**Communion:**

**I AM THE BREAD OF LIFE**

I am the Bread of life,  
He who comes to Me shall not hunger,  
He who believes in Me shall not thirst.  
No one can come to Me  
Unless the Father draw him.

**And I will raise him up,  
And I will raise him up,  
And I will raise him up on the last day.**

The bread that I will give  
Is My flesh for the life of the world,  
And he who eats of this bread,  
He shall live for ever,  
He shall live for ever (*ref*)

Unless you eat  
Of the flesh of the Son of Man  
And drink of His blood,  
And drink of His blood,  
You shall not have life within you (*ref*)

I am the Resurrection, I am the Life,  
He who believes in Me  
Even if he dies, He shall live for ever (*ref*)

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**Final JESUS CHRIST,  
YOU ARE MY LIFE**

*Refrain:*

**Jesus Christ,  
you are my life,  
Alleluia, Alleluia  
Jesus Christ,  
you are my life,  
You are my life,  
Alleluia**

Be our way,  
our truth, and our life  
Form us anew  
in how you died  
We embrace the cross  
that you bore,  
and will arise in glory. **R./**

Holy fire, come dwell  
in each heart  
Grant us the gifts  
your love imparts  
Free our tongue  
to boldly proclaim  
"Jesus is Lord forever!"

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# Weekly Parish Newsletter

## Bollettino Parrocchiale Settimanale

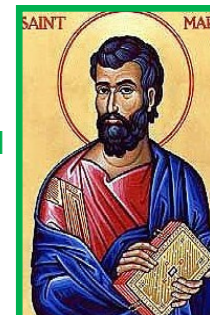
Volume XV- Issue 25th 18th SUNDAY IN ORDINARY TIME "Year B" 1st August 2021

The Parish Community of St. Brigid and St. Mark

378 Nicholson Street - North Fitzroy 3068 Vic - Phone No: 03 9489 6777

Email: [stbrigidstz@yahoo.com.au](mailto:stbrigidstz@yahoo.com.au) website: <http://pol.org.au/fitzroynorth/Home.aspx>

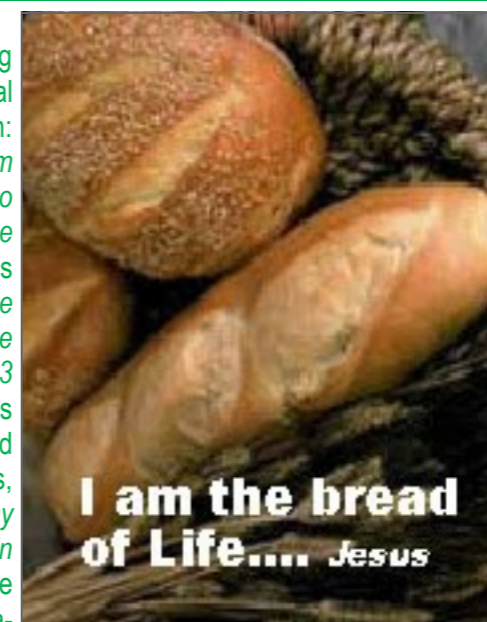
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*We acknowledge the Wurundjeri people, the traditional owners and custodians of the land on which we stand.  
We pay our respects to them for their care of the land. May we walk gently on this land.*

**"I am the bread of life", Jesus said.**

In today's Gospel Jesus makes a startling revelation which has become the central belief and celebration of our Catholic faith: "My Father gives you the true bread from heaven. The bread God gives is the One who comes from heaven and gives life to the world...". This bread from heaven is Jesus himself. He said: "I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst" (Jn. 6: 33 & 35). These are powerful words that Jesus pronounced, words that surprised the crowd who listened to him and scandalised others, because, he continued: "Those who eat my flesh and drink my blood, live in me, and I in them" (Jn. 6: 56). We are reminded here of the Last Supper when Jesus instituted the Eucharist by those words: "This is my body... This is my blood. Do this in memory of me" (Lk. 22: 17-20). And this was the most sacred moment when the community of believers would "get together in prayer and the breaking of the bread" (Act 2:42). St. Paul reminds us of this important celebration: "Whenever you eat of this bread and drink from this cup, you are proclaiming the death of the Lord until he comes" (1 Cor 11: 26). The celebration of the Mass at our Sunday gathering, unites us with the original celebration of the first community of faith which saw in it the way to be united with God's plan of salvation in Christ, drawing life from Christ ever present among us and the source of unity and harmony of all members in Christ. What Christ said as an image: "I am the vine and you are the branches" (Jn. 15), in the Eucharist is realised as we partake of it. It is in the celebration of the Sunday Mass, in all its components of prayers, listening to the word of God, offering, the presence of Christ through the consecration of bread and wine and the partaking in Christ at Communion that our personal life is nourished and strengthened in Christ, and with Christ we form a community, the Church, united in God's love and Spirit. Our celebration of faith in the Mass is not a magic ritual charming God to listen to our petitions, but a moment to enter, as individuals and as community, in full unity with God through the saving action of Christ. In this action our life is transformed into the life of Christ. This is the glorious and saving mystery of our celebration of faith. The invitation of the word of God today is to appreciate and value the fact that Jesus, in the Eucharist, fulfils his promise to be with us always (Mt. 28:20) as he continues to instruct us in the truth and sustain us in grace so that we may live in conformity of his life.



**"Io sono il pane della vita", dice il Signore.**

Nel Vangelo di oggi Gesù fa una rivelazione sorprendente che diventa il punto centrale della fede e della celebrazione nella comunità cristiana: "Il Padre mio vi dà il vero pane dal cielo; il pane di Dio è colui che discende dal cielo e dà la vita al mondo". Questo pane dal cielo è Gesù stesso. Egli proclama: "Io sono il pane della vita; chi viene a me non avrà più fame e chi crede in me non avrà più sete" (Gv. 6: 33 & 35). Questa affermazione di Gesù sorprende coloro che lo ascoltavano mentre altri rimangono scandalizzati quando Gesù continua: "Chi si ciba della mia carne e beve il mio sangue rimane in me ed io in lui" (Gv. 6: 56). Queste parole ci ricordano dell'ultima cena quando Gesù istituisce l'Eucarestia





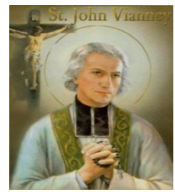

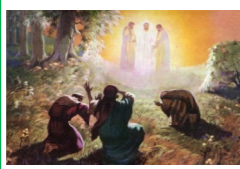

diciendo sul pane e sul vino: "Questo è il mio corpo... Questo è il mio sangue. Fate questo in memoria di me" (Lc. 22: 17-20). Gli apostoli e la prima comunità dei fedeli compresero bene questo mandato del Signore e perciò, negli Atti degli Apostoli leggiamo: "I fedeli partecipavano assiduamente allo spezzare del pane e alle preghiere" (At. 2: 42). S. Paolo ricorda ai fedeli di Corinto l'importanza di questa celebrazione: "Tutte le volte che voi mangiate questo pane e bevete a questo calice, annunziate la morte del Signore, finché egli venga" (1Cor. 11:26). La celebrazione della S. Messa nel nostro incontro domenicale ci unisce alla celebrazione originale della comunità di fede che così si univa al grande piano di salvezza operata da Cristo attingendo vita da Cristo vivo e presente e formando la Chiesa nell'unità di fede e carità. Ciò che Cristo disse come immagine: "Io sono la vite e voi i tralci" (Gv. 15), nell'Eucarestia viene realizzato con la nostra partecipazione. La celebrazione eucaristica, con tutti i suoi componenti di preghiera, ascolto della parola, le offerte, la presenza reale di Cristo con la consacrazione, la comunione con Cristo ci uniscono realmente con Cristo come nutrimento spirituale per noi e per la Chiesa. La celebrazione della S. Messa, perciò, non è un rito magico per propiziare Dio a nostro vantaggio, ma un momento di unione vera con Gesù. Così, attraverso l'azione dello Spirito, la nostra vita viene trasformata nella vita di Cristo. Questo è il mistero glorioso di salvezza che si compie nella celebrazione eucaristica. L'invito della parola di Dio oggi è di farci apprezzare e godere della promessa che Gesù fece quando disse: "Io sarò sempre con voi" (Mt. 28:20), istruendoci nella verità e sostenendoci con la sua grazia per farci vivere in conformità della sua vita.



The Missionaries of St. Charles Borromeo - Scalabrinians - [www.Scalabrini.org](http://www.Scalabrini.org)  
Ministering to the Parish and Migrants in St. Brigid since 1959

*Our Parish is committed to the safety, wellbeing  
and dignity of all children and vulnerable adults.*

# Liturgical Calendar and activities

Day of the Week	Liturgical Celebration	Intention St. Mark	Intention St. Brigid	Parish Activity
<b>SATURDAY/ SABATO</b> 31st July 2021 18th Sunday in Ordinary Time Year "B" Vigil/Vigilia	<i>"I am the bread of life"</i>		6.00pm  7.00pm Spanish Mass	<b>St. Ignatius of Loyola Feast Day</b> 
<b>SUNDAY/DOMENICA</b> 1st August 2021 18th Sunday in Ordinary Time Year "B"	<i>"Io sono il pane della vita"</i>	8.30am Alfredo MORETTI  10.00am Portuguese Mass	9.45am  11.00am Domenica e Domenico BELLISSIMO	<b>3.00pm Holy Mass All Saints Church 105 King William Street, Fitzroy. In honour to Saint Teresa of Calcutta.</b> 
Monday/Lunedì 2nd August 2021 Year "B" Num 11:4-15; Mt 14:13-21	<i>Responsorial Psalm Sing with joy to God our help.</i>		9.15am Gaetano e Carmelina CAFARELLA	<b>7.30pm Baptism Preparation in the Church. Parents and Godparents invited to attend.</b>
Tuesday/Martedì 3rd August 2021 Year "B" St. Dominic, priest Num 12:1-13; Mt 14: 22-36	<i>Responsorial Psalm Be merciful, O Lord, for we have sinned.</i>		9.15am <b>St. Dominic</b>	
Wednesday /Mercoledì 4th August 2021 Year "B" St. John Vianney, priest Num 13:1-2, 25-14:1, 26-29, 34-35; Mt 15:21-28	<i>Responsorial Psalm Il signore è il mio pastore: non manco di nulla.</i>		9.15am <b>St. John Vianney</b>  7.30pm Mass in honour to Our Lady of Perpetual Help (Filipino Chaplaincy)	
Thursday Giovedì 5th August 2021 Year "B" Num 20:1-13; Mt 16:13-23	<i>Responsorial Psalm If today you hear his voice, harden not your hearts.</i>		9.15am	
Friday/Venerdì 6th August 2021 Year "B" The Transfiguration of the Lord Ex 20:1-17; Mt 13:18-23	<i>Responsorial Psalm The Lord is king, the most high over all the earth.</i>		9.15am <b>The Transfiguration of the Lord</b>  7.00pm <b>1st Friday Mass &amp; Adoration in the church</b>	

**OPEN DAY Mary MacKillop Heritage Centre 362 Albert St, EAST MELBOURNE**  
Next Saturday 7th August 2021 10.00am - 4.00pm St. Mary MacKillop's Feast Day

**Open Day** The Open Day will include mass in the Chapel celebrated by Fr Peter Malone to recognise the Feast day of Mary MacKillop. For those who cannot attend, the mass will be live streamed and there will be virtual tours of the Heritage Centre. For details, please go to <https://www.mmhc.org.au/>

**Mary MacKillop Gift shop and Accommodation specials** - If you want to try a short term stay in a very sacred museum please contact Kate on 9926 9300. Or go into the draw for a free one night accommodation for two at the Heritage Centre in East Melbourne with a purchase from the Museum gift shop (communion & confirmation gifts, devotional items, Vatican Library collection, rosary beads, holding crosses, candles, cards, statues, crucifixes, books and Peruvian handmade items)  
<https://www.mmhc.org.au/facilities/gift-shop/>

**Volunteers' program** - Parishioners looking for a way to contribute to the community and can spare 2-3 hours per week, please contact Ted Javernik on 0419513184 or [Ted.Javernik@sosj.org.au](mailto:Ted.Javernik@sosj.org.au)

<b>Parish Community</b> Parish Priest: Fr. Savino Bernardi, CS 0434 089 707  Assistant Parish Priest & Migrant Chaplain to the Italian Community: Fr. Vito Pegolo, CS Tel: 0419 736 890	<b>Parish Office</b> Monday to Friday 9.30am - 4.30pm  Parish Secretary Giovanna Bellissimo  Tel: (03) 9489 6777	<b>Comunidad Pastoral De Habla Hispana</b>  Chaplain P. Fabio Esteban Duque Supulveda, CS  Tel: (03) 9482 5362 Mob: 0410 001 462	<b>Comunidade Pastoral De Expressão Portuguesa</b>  Chaplain P. Fabio Esteban Duque Supulveda, CS  Mob: 0410 001 462	<b>Filipino Pastoral Community</b>  Chaplain Mons. Joselito Asis  Tel: (03) 9482 5349 Mob: 0404 261 228
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# Parish News... Notizie di casa nostra...

Liturgy of the Word 7th & 8th August 2021	6.00pm Vigil St. Brigid	8.30am St. Mark	9.45am St. Brigid	11.00am St. Brigid
I Reading	M. de Souza	G. Piantella	Missionaries of Charity	T. Toscano
Responsorial Psalm	M. de Souza	G. Piantella	Missionaries of Charity	P. La Marca
II Reading	M. de Souza	G. Piantella	Missionaries of Charity	N. Cavallin

**PARISH PASTORAL COUNCIL MEETING** Next Tuesday 10th August at 6.00pm in the Welcome In Room  
Interested parishioners, most welcome to attend.

**FEAST IN HONOUR TO THE SAVIOUR OF THE WORLD**  
Organized by the Spanish Speaking Chaplaincy **NEXT Saturday 7th August here at St. Brigid's. 2.00pm Procession** Followed by two masses  
One in the church with Fr. Luciano Toldo as Celebrant and  
One in the Hall with Fr. Fabio Duque as Celebrant.  
Please Note! Because of restrictions, anyone wishing to attend must book with Fr. Fabio on 0410 001 462

**MARY MACKILLOP TODAY ANNUAL DINNER AND AUCTION**  
Friday 27th August 2021 - Mt St Joseph Girls' College Altona West. Guest speaker will be Robyn Miller MacKillop Family Services CEO. Join us for our silent auctions and raffles. Your donations will help transform lives by going directly into one of many projects sponsored by Mary MacKillop Today. To purchase a ticket or make up a table, please contact Kate on 9926 9300.

**Moving with the times - Online Giving:** If anyone wishes to make a donation online to the parish this is the link to [St. Brigid's Parish North Fitzroy](https://melbourne.cdfpay.org.au/details/?id=622453)  
<https://melbourne.cdfpay.org.au/details/?id=622453>

**PREPARATIONS FOR FIRST HOLY COMMUNION** Will start next Sunday after the 9.45am mass with the Missionaries of Charity, in the Welcome In Room. If you know of anyone wishing to prepare for their 1st Holy Communion, please let them know to come next Sunday and enrol.

**St. Vincent de Paul Society thank you sincerely for your generosity towards their "Winter Appeal" Total to date \$890**  
There are still envelopes available in church if you wish to donate.

**NATIONAL VOCATIONS AWARENESS WEEK** is the first week of August. To celebrate this week in the Archdiocese. The Vocations Office invited you to six 30 Youth Holy Hour on Thursday 5th at 6.30pm St. Patrick's Cathedral, Cathedral Place, East Melbourne.

**PROPAGATION OF THE FAITH CHURCH APPEAL** There are still envelopes available for your donation. Total to date \$400


**EPISCOPAL ORDINATION Saturday 31 July 2021**  
Our congratulations and prayerful wishes to our two newly ordained Bishops elect Most Rev. Tony Ireland and Most Rev. Martin Ashe. *May the Holy Spirit grace them both with the gifts of faithfulness, wisdom, strength, gentleness and compassion.'*



**Meditation on Jesus For Healing and Wellbeing Of Body & Soul**  
(Through gentle postures and breathing exercises) Next **Saturday August 7th from 1pm - 4pm** (Cost \$20, Concession \$15) Registration is necessary. Guided by Fr. Gilbert Carlo SVD Janssen Spirituality Centre, 22 Woodvale Rd. Boronia. RSVP (03) 97626625 or Email: [enquiries@janssencentre.org](mailto:enquiries@janssencentre.org) or [gilbertcarlo@gmail.com](mailto:gilbertcarlo@gmail.com)


**We invite you to have A CUPPA WITH MARY MACKILLOP**  
Groups are invited to book on a Wednesday or Friday from 2.00pm to 3.30pm. Cost \$20 or person - Bookings essential!  
Mary MacKillop heritage Centre  
362 Albert Street, East Melbourne 3002  
Telephone 03 9926 9300 or [admin.mmhc@sosj.org.au](mailto:admin.mmhc@sosj.org.au)

**Canto Di Comunione**  
**SEI TU SIGNORE IL PANE**  
Sei tu Signore il pane, tu cibo sei per noi. Risorto a vita nuova, sei vivo in mezzo a noi

**Canto Finale**  
**SANTA MARIA DEL CAMMINO**  
Mentre trascorre la vita, solo tu non sei mai Santa Maria del cammino, sempre sarà con te.

**Canto D'Ingresso**  
**VIENI, FRATELLO**  
  
Vieni, fratello, il Padre ti chiama, vieni alla cena: c'è un posto anche per te.  
**Andiamo, fratelli, il Padre ci chiama, andiamo alla cena: c'è un posto anche per noi.**  
Al nuovo banchetto Dio chiama i figli suoi: Parola e Pane, questo è il dono del Signor.  
Il pane è Cristo, il vino è il sangue suo. Uniti, offriamo questa vittima d'amor.  
Da ogni contrada Gesù ci chiama a sé: con gioia andiamo alla mensa del Signor.  
Intorno alla mensa l'amore crescerà, il Corpo di Cristo un sol corpo ci farà.

**Canto D'Offertorio**  
**A TE NOSTRO PADRE**  
**A te, nostro Padre e nostro Signor, pane e vino oggi noi t'offriam sull'altar.**  
Grano, diverrai vivo Pane del cielo. Cibo per nutrire l'alma fedel. **Rit.:**  
Vino, diverrai vivo Sangue di Cristo fonte che disseta l'arsura del cuor. **Rit.:**  
Salga fino a te ed a te sia gradita l'ostia che t'offriam in tutta umiltà. **Rit.:**  
  


**Nell'ultima sua cena, Gesù si dona ai suoi: prendete pane e vino, la vita mia per voi.**  
Mangiate questo pane: chi crede in me vivrà, chi beve, il vino nuovo, con me risorgerà.  
**È Cristo il pane vero, diviso qui fra noi: formiamo un solo corpo e Dio sarà con noi.**  
Se porti la sua Croce, in lui tu regnerai. Se muori unito a Cristo, con lui rinascrai.  
**Verranno i cieli nuovi, la terra fiorirà. Vivremo da fratelli, la Chiesa è carità**  


**Vieni o Madre in mezzo a noi vieni Maria quaggiù cammineremo insieme a te verso la libertà.**  
Quando qualcuno ti dice: "Nulla mai cambierà" lotta per un mondo nuovo, lotta per la verità. **Rit.**  
Lungo la strada la gente, chiusa in se stessa va: offri per primo la mano a chi è vicino a te. **Rit.**  
