

Immaculate Heart of Mary Parish

4th SUNDAY in ORDINARY TIME

Year B

Sunday 31 January 2021

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| **ENTRANCE HYMN**  **ENTRANCE HYMN**  **62 TRINITY SONG**  **(see the words on another page)**  **GREETINGS**  **PENITENTIAL ACT**  **GLORY**  Glory to God in the highest,  and on earth peace to people of good will.  We praise you,  we bless you,  we adore you,  we glorify you,  we give you thanks for your great glory,  Lord God, heavenly King,  O God, almighty Father.  Lord Jesus Christ, Only Begotten Son,  Lord God, Lamb of God, Son of the Father,  you take away the sins of the world,  have mercy on us;  you take away the sins of the world,  receive our prayer;  you are seated at the right hand of the Father,  have mercy on us.  For you alone are the Holy One,  you alone are the Lord,  you alone are the Most High,  Jesus Christ,  with the Holy Spirit,  in the glory of God the Father. Amen  **COLLECT**  Grant us, Lord our God,  that we may honour you with all our mind,  and love everyone in truth of heart.  Through our Lord Jesus Christ, your Son,  who lives and reigns with you in the unity of the Holy Spirit,  God, for ever and ever. **Amen** | **FIRST READING** Deut 18:15-20  *I will raise up a prophet and put my words into his mouth*  Moses said to the people: ‘The Lord your God will raise up for you a prophet like myself, from among yourselves, from your own brothers; to him you must listen. This is what you yourselves asked of the Lord your God at Horeb on the day of the Assembly. “Do not let me hear again” you said “the voice of the Lord my God, nor look any longer on this great fire, or I shall die”; and the Lord said to me, “All they have spoken is well said. I will raise up a prophet like yourself for them from their own brothers; I will put my words into his mouth and he shall tell them all I command him. The man who does not listen to my words that he speaks in my name, shall be held answerable to me for it. But the prophet who presumes to say in my name a thing I have not commanded him to say, or who speaks in the name of other gods, that prophet shall die.”’  **The word of the Lord.**  **Thanks be to God.**  **RESP PSALM** Ps 94(95):1-2,6-9  *If today you hear his voice, harden not your hearts.*  Come, ring out our joy to the Lord;  hail the rock who saves us.  Let us come before him, giving thanks,  with songs let us hail the Lord. **R.**  Come in; let us bow and bend low;  let us kneel before the God who made us:  for he is our God and we the people who belong to his pasture,  the flock that is led by his hand. **R.**  O that today you would listen to his voice!  ‘Harden not your hearts as at Meribah,  as on that day at Massah in the desert  when your fathers put me to the test;  when they tried me, though they saw my work. **R.** | **SECOND READING**  1 Cor 7:32-35  *Give your undivided attention to the Lord*  I would like to see you free from all worry. An unmarried man can devote himself to the Lord’s affairs, all he need worry about is pleasing the Lord; but a married man has to bother about the world’s affairs and devote himself to pleasing his wife: he is torn two ways. In the same way an unmarried woman, like a young girl, can devote herself to the Lord’s affairs; all she need worry about is being holy in body and spirit. The married woman, on the other hand, has to worry about the world’s affairs and devote herself to pleasing her husband. I say this only to help you, not to put a halter round your necks, but simply to make sure that everything is as it should be, and that you give your undivided attention to the Lord.  **The word of the Lord.**  **Thanks be to God.**  **GOSPEL ACCLAMATION** Mt 4:16  Alleluia, alleluia!  A people in darkness have seen a great light:  a radiant dawn shines on those lost in death.  Alleluia!  **GOSPEL** rk 1:21-28  The Lord be with you.  And with your spirit.  A reading from the Holy Gospel according to Mark  Glory to you, O Lord.  *Unlike the scribes, he taught them with authority'*  Jesus and his disciples went as far as Capernaum, and as soon as the sabbath came he went to the synagogue and began to teach. And his teaching made a deep impression on them because, unlike the scribes, he taught them with authority.  In their synagogue just then there was a man possessed by an unclean spirit and it shouted, ‘What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are: the Holy of God.’ But Jesus said sharply, ‘Be quiet! Come out of him!’ And the |

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| unclean spirit threw the man convulsions and with a loud cry went out of him. The people were so astonished that they started asking each other what it all meant. ‘Here is a teaching that is new’ they said ‘andwith authority behind it: he gives orders even to unclean spirits and they obey him.’ And his reputation rapidly spread everywhere, through all the surrounding Galilean countryside.  **The Gospel of the Lord.**  **Praise to you, Lord Jesus Christ.**  **HOMILY**  **PROFESSION OF FAITH**  **Apostle’s Creed**  I believe in God,  the Father almighty,  Creator of heaven and earth,  and in Jesus Christ, his only Son, our Lord,  who was conceived by the Holy Spirit,  born of the Virgin Mary,  suffered under Pontius Pilate,  was crucified, died and was buried;  he descended into hell;  on the third day he rose again from the  dead;  He ascended into heaven,  and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.  I believe in the Holy Spirit,  the holy catholic Church,  the communion of saints,  the forgiveness of sins,  the resurrection of the body,  and life everlasting. Amen.  **PRAYER OF THE FAITHFUL**  Blessed are you, Lord God of all creation,  for through your goodness we have received the bread we offer you…  **Blessed be God for ever.**  Blessed are you, Lord God of all creation,  for through your goodness we have received the wine we offer you…  **Blessed be God for ever.**  Pray, brethren **(**brothers and sisters**)**,  that my sacrifice and yours may be acceptable to God,  The almighty Father.  **May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good** **and the good of all his holy Church.** | **PREP GIFTS HYMNS**  **23 TAKE OUR BREAD**  **(see the words on the third page)**  **PRAYER OVER THE OFFERING**  O Lord, we bring to your altar  these offerings of our service:  be pleased to receive them, we pray,  and transform them  into the Sacrament of our redemption.  Through Christ our Lord.  **Amen.**  **THE EUCHARISTIC PRAYER**  The Lord be with you.  And with your spirit.  Lift up your hearts.  We lift them up to the Lord.  Let us give thanks to the Lord our God.  It is right and just.  **Holy, Holy, Holy**  Holy, Holy, Holy Lord God of hosts.  Heaven and earth are full of your glory.  Hosanna in the highest.  Blessed is he who comes in the name of the Lord.  Hosanna in the highest.  **THE MEMORIAL ACCLAM**    At the Saviour’s command  and formed by divine teaching, we dare to say:  Our Father, who art in heaven,  hallowed be thy name;  thy kingdom come,  thy will be done  on earth as it is in heaven.  Give us this day our daily bread,  and forgive us our trespasses,  as we forgive those who trespass against us;  and lead us not into temptation,  but deliver us from evil.  Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.  For the kingdom, the power and the glory are your now and for ever. | **SIGN OF PEACE**  Lord Jesus Christ,  who said to your Apostles:  Peace I leave you, my peace I give you,  look not on our sins,  but on the faith of your Church,  and graciously grant her peace and unity  in accordance with your will.  Who live and reign for ever and ever.  Amen.  The peace of the Lord be with you always.  And with your spirit.  Let us offer each other the sign of peace.  **LAMB OF GOD**  Lamb of God, you take away the sins of the world,  have mercy on us.  Lamb of God, you take away the sins of the world,  have mercy on us.  Lamb of God, you take away the sins of the world,  grant us peace  **INVITATION TO COMMUNION**  **COMMUNION HYMN**  **54 THE BEATITUDES**  **(see the words on the third page)**  **PRAYER AFTER COMMUNION**  Nourished by these redeeming gifts,  we pray, O Lord,  that through this help to eternal salvation  true faith may ever increase.  Through Christ our Lord.  Amen.  **FINAL SONG**  **67 WE WALK BY FAITH**  **(see the words on another page)** |