Immaculate Heart of Mary Parish

**SOLEMNITY OF**

**ST MARY OF THE CROSS**

**SUNDAY 8 August 2021**

**INTRODUCTORY RITES**

**ENTRANCE HYMN**

**13. BE NOT AFRAID FROM PARISH SONG BOOKLET**

**GREETING**

**PENITENTIAL ACT**

**THE GLORIA**

Glory to God in the highest,

and on earth peace to people of good will.

We praise you,

we bless you,

we adore you,

we glorify you,

we give you thanks for your great glory,

Lord God, heavenly King,

O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world,

have mercy on us;

you take away the sins of the world,

receive our prayer;

you are seated at the right hand of the Father,

have mercy on us.

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High,

Jesus Christ,

with the Holy Spirit,

in the glory of God the Father. Amen.

**COLLECT**

O God, source of all goodness, who have shown us in Saint Mary a woman of faith living by the power of the Cross, teach us, we pray, by her example to live the Gospel in changing times and to respect and defend the human dignity of all in our land. Through our Lord Jesus Christ, your Son, who lives and reigns with you in unity of the Holy Spirit, God, for ever and ever. Amen

**THE LITURGY OF THE WORD**

**FIRST READING** 1 kg 17:8-16

*The widow gives food to Elijah, and is fed*.

And then the word of the Lord came to Elijah, ‘Up and go to Zarephath, a Sidonian town, and stay there. I have ordered a widow there to give you food.’ So he went off to Sidon. And when he reached the city gate, there was a widow gathering sticks; addressing her he said, ‘Please bring me a little water in a vessel for me to drink.’ She was setting off to bring it when he called after her. ‘Please’ he said ‘bring me a scrap of bread in your hand.’ ‘As the Lord your God lives,’ she replied ‘I have no baked bread, but only a handful of meal in a jar and a little oil in a jug; I am just gathering a stick or two to go and prepare this for myself and my son to eat, and then we shall die.’ But Elijah said to her, ‘Do not be afraid, go and do as you have said; but first make a little scone of it for me and bring it to me, and then make some for yourself and for your son. For thus the Lord speaks, the God of Israel:

“Jar of meal shall not be spent,

jug of oil shall not be emptied,

before the day when the Lord sends

rain on the face of the earth.”’

The woman went and did as Elijah told her and they ate the food, she, himself and her son. The jar of meal was not spent nor the jug of oil emptied, just as the Lord had foretold through Elijah.

**The word of the Lord.**

**Thanks be to God.**

**RESPONSORIAL PS**  Ps 62:2-8

*My soul clings to you; your right hand holds me fast.*

O God, you are my God, for you I long;

for you my soul is thirsting.

My body pines for you

like a dry, weary land without water.

*My soul clings to you; your right hand holds me fast.*

So I gaze on you in the sanctuary

to see your strength and your glory.

For your love is better than life,

my lips will speak your praise.

*My soul clings to you; your right hand holds me fast.*

So I will bless you all my life,

in your name I will lift up my hands.

My soul shall be filled as with a banquet,

my mouth shall praise you with joy.

*My soul clings to you; your right hand holds me fast.*

On my bed I remember you.

On you I muse through the night

for you have been my help;

in the shadow of your wings I rejoice.

*My soul clings to you; your right hand holds me fast.*

**SECOND READING** Col 3:12-17

*Be clothed in love*

You are God’s chosen race, his saints; he loves you, and you should be clothed in sincere compassion, in kindness and humility, gentleness and patience. Bear with one another; forgive each other as soon as a quarrel begins. The Lord has forgiven you; now you must do the same. Over all these clothes, to keep them together and complete them, put on love. And may the peace of Christ reign in your hearts, because it is for this that you were called together as parts of one body. Always be thankful.

Let the message of Christ, in all its richness, find a home with you. Teach each other, and advise each other, in all wisdom. With gratitude in your hearts sing psalms and hymns and inspired songs to God; and never say or do anything except in the name of the Lord Jesus, giving thanks to God the Father through him.

**The word of the Lord.**

**Thanks be to God.**

**GOSPEL ACCLAM.** Mt 27:55

Alleluia, alleluia!

Many women were there by the cross, watching from a distance,

the same women who had followed Jesus and looked after him. Alleluia!

**GOSPEL** Mt 6:25-34

*Do not worry about tomorrow: your holy Father knows your needs*

Jesus said to his disciples: ‘I am telling you not to worry about your life and what you are to eat, nor about your body and how you are to clothe it. Surely life means more than food, and the body more than clothing! Look at the birds in the sky. They do not sow or reap or gather into barns; yet your heavenly Father feeds them. Are you not worth much more than they are? Can any of you, for all his worrying, add one single cubit to his span of life? And why worry about clothing? Think of the flowers growing in the fields; they never have to work or spin; yet I assure you that not even Solomon in all his regalia was robed like one of these. Now if that is how God clothes the grass in the field which is there today and thrown into the furnace tomorrow, will he not much more look after you, you men of little faith? So do not worry; do not say, “What are we to eat? What are we to drink? How are we to be clothed?” It is the pagans who set their hearts on all these things. Your heavenly Father knows you need them all. Set your hearts on his kingdom first, and on his righteousness, and all these other things will be given you as well. So do not worry about tomorrow: tomorrow will take care of itself. Each day has enough trouble of its own.’

**The Gospel of the Lord.**

**Praise to you, Lord Jesus Christ.**

**HOMILY**

**CREED**

I believe in God,

the Father almighty,

Creator of heaven and earth,

and in Jesus Christ, his only Son, our Lord,

who was conceived by the Holy Spirit,

born of the Virgin Mary,

suffered under Pontius Pilate,

was crucified, died and was buried;

he descended into hell;

on the third day he rose again from the dead;

he ascended into heaven,

and is seated at the right hand of God the Father almighty;

from there he will come to judge the living and the dead.

I believe in the Holy Spirit,

the holy catholic Church,

the communion of saints,

the forgiveness of sins,

the resurrection of the body,

and life everlasting. Amen.

**PRAYER OF THE FAITHFUL**

**THE LITURGY OF THE EUCHARIST**

**OFFERTORYHYMN**

**52. WILL YOU LOVE ME**

**FROM PARISH SONG BOOKLET**

Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you:

fruit of the earth and work of human hands, it will become for us the bread of life.

**Blessed be God for ever.**

Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you:

fruit of the vine and work of human hands, it will become our spiritual drink.

**Blessed be God for ever.**

Pray, brethren **(**brothers and sisters**)**, that my sacrifice and yours may be acceptable to God, the almighty Father.

**May the Lord accept the sacrifice at your hands for the praise and glory of his name,** **for our good**

**and the good of all his holy Church.**

**PRAYER OVER THE GIFTS**

As you gather us, O God, at your holy altar on this Feast of Saint Mary of the Cross, grant, we pray, through her intercession, that what we offer with praise and petition may strengthen us all in charity and faith.

Through Christ our Lord. **Amen.**

**THE EUCHARISTIC PRAYER**

The Lord be with you.

And with your spirit.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

**Holy, Holy, Holy**

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

**THE MEMORIAL ACCLAM**

**COMMUNION RITE**

At the Saviour’s command

and formed by divine teaching, we dare to say:

Our Father, who art in heaven,

hallowed be thy name;

thy kingdom come,

thy will be done

on earth as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us;

and lead us not into temptation,

but deliver us from evil.

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

For the kingdom, the power and the glory are your now and for ever.

**SIGN OF PEACE**

Lord Jesus Christ,

who said to your Apostles:

Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever. Amen.

The peace of the Lord be with you always.

And with your spirit.

Let us offer each other the sign of peace.

**LAMB OF GOD**

Lamb of God, you take away the sins of the world,

have mercy on us.

Lamb of God, you take away the sins of the world,

have mercy on us.

Lamb of God, you take away the sins of the world,

grant us peace

**COMMUNION HYMNS:**

**54. THE BEATITUDES**

**FROM PARISH SONG BOOKLET**

**PRAYER AFTER COMMUNION**

May the Sacrament we receive, Lord God, on this Feast of Saint Mary

strengthen us to walk the way of the Cross and bring us to the glory of the Resurrection.

Through Christ our Lord. **Amen.**

**THE CONCLUDING RITES**

**DISMISSAL**

**FINAL SONG:**

**17. HAIL REEDEMER**

**FROM PARISH SONG BOOKLET**