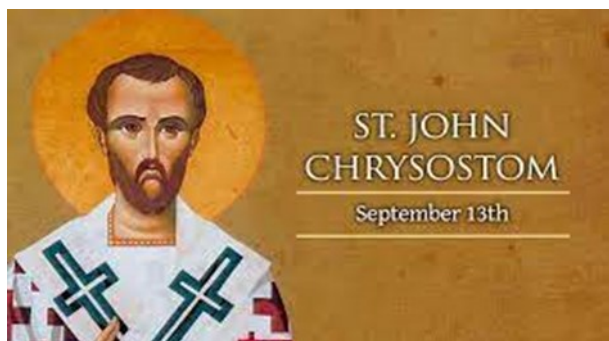


Monday-Saturday, 13th—18th September 2021

24th Week in Ordinary Time - Year 1

MONDAY

St John Chrysostom



ENTRANCE ANTIPHON: Those who are wise will shine brightly like the splendour of the firmament and those who lead the many to justice shall be like the stars for ever.

READING: *Ephesians 4:1-7. 11-13*

A reading from the letter of St Paul to the Ephesians.

I, the prisoner in the Lord, implore you to lead a life worthy of your vocation. Bear with one another charitably, in complete selflessness, gentleness and patience. Do all you can to preserve the unity of the Spirit by the peace that binds you together. There is one Body, one Spirit, just as you were all called into one and the same hope when you were called. There is one Lord, one faith, one baptism, and one God who is Father of all, over all, through all and within all.

Each one of us, however, has been given his own share of grace, given as Christ allotted it. To some his gift was that they should be apostles; to some, prophets; to some, evangelists; to some, pastors and teachers; so that the saints together make a unity in the work of service, building up the body of Christ. In this way we are all to come to unity in our faith and in our knowledge of the Son of God, until we become the perfect Man, fully mature with the fullness of Christ himself.

PSALM: Here am I, Lord; I come to do your will.

ACCLAMATION: Alleluia, alleluia!

The seed is the word of God, Christ is the sower;
All who come to him will live for ever. Alleluia!

GOSPEL: *Mark 4:1-10. 13-20*

A reading from the holy Gospel according to Mark.

Jesus began to teach by the lakeside, but such a huge crowd gathered round him that he got into a boat on the lake and sat there. The people were all along the shore, at the water's edge. He taught them many things in parables, and in the course of his teaching he said to them, 'Listen! Imagine a sower going out to sow. Now it happened that, as he sowed, some of the seed fell on the edge of the path, and the birds came and ate it up. Some seed fell on rocky ground where it found little soil and sprang up straight away, because there was no depth of earth; and when the sun came up it was scorched and, not having any roots, it withered away. Some seed fell into thorns, and the thorns grew up and choked it, and it produced no crop. And some seeds fell into rich soil, and growing tall and strong, produced crop; and yielded thirty, sixty, even a hundredfold.' And he said, 'Listen, anyone who has ears to hear!'

When he was alone, the Twelve, together with the others who formed his company, asked what the parables meant.

He said to them, 'Do you not understand this parable? Then how will you understand any of the parables? What the sower is sowing is the word. Those on the edge of the path where the word is sown are people who have no sooner heard it than Satan comes and carries away the word that was sown in them. Similarly, those who receive the seed on patches of rock are people who, when they first hear the word, welcome it at once with joy. But they have no root in them, they do not last; should some trial come, or some persecution on account of the word, they fall away at once. Then there are others who receive the seed in thorns. These have heard the word, but the worries of this world, the lure of riches and all the other passions come in to choke the word, and so it produces nothing. And there are those who have received the seed in rich soil: they hear the word and accept it and yield a harvest, thirty and sixty and a hundredfold.'

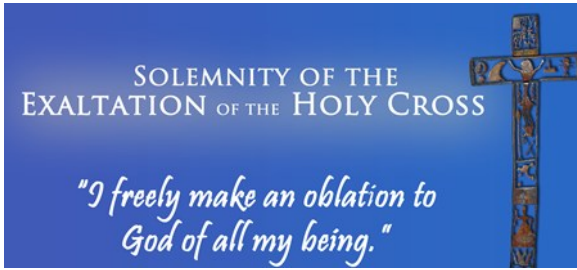
COMMUNION ANTIPHON: We proclaim Christ crucified; Christ, the power of God and the wisdom of God.

PRAYER OF SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen.

TUESDAY

Feast of The Exaltation of the Holy Cross



ENTRANCE ANTIPHON: We should glory in the Cross of our Lord Jesus Christ, in whom is our salvation, life and resurrection, through whom we are saved and delivered.

The Gloria in excelsis (Glory to God in the highest) is said.

FIRST READING: *Numbers 21:4-9*

A reading from the book of Numbers.

On the way through the wilderness, the Israelites lost patience. They spoke against God and against Moses, 'Why did you bring us out of Egypt to die in this wilderness? For there is neither bread nor water here; we are sick of this unsatisfying food.' At this God sent fiery serpents among the people; their bite brought death to many in Israel. The people came and said to Moses, 'We have sinned by speaking against the Lord and against you. Intercede for us with the Lord to save us from these serpents.' Moses interceded for the people, and the Lord answered him, 'Make a fiery serpent and put it on a standard. If anyone is bitten and looks at it, he shall live.' So Moses fashioned a bronze serpent which he put on a standard, and if anyone was bitten by a serpent, he looked at the bronze serpent and lived.

PSALM: Do not forget the works of the Lord!

SECOND READING: *Philippians 2:6-11*

A reading from the letter of St Paul to the Philippians.

The state of Jesus was divine, yet he did not cling to his equality with God but emptied himself to assume the condition of a slave, and became as men are; and being as all men are, he was humbler yet, even to accepting death, death on a cross. But God raised him high and gave him the name which is above all other names so that all beings in the heavens, on earth and in the underworld, should bend the knee at the name of Jesus and that every tongue should acclaim Jesus Christ as Lord, to the glory of God the Father.

ACCLAMATION: Alleluia, alleluia!

We adore you, O Christ, and we praise you, because by your cross you have redeemed the world. Alleluia!

GOSPEL: *John 3:13-17*

A reading from the holy Gospel according to John.

Jesus said to Nicodemus:

'No one has gone up to heaven except the one who came down from heaven, the Son of Man who is in heaven; and the Son of Man must be lifted up as Moses lifted up the serpent in the desert, so that everyone who believes may have eternal life in him. Yes, God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life. For God sent his Son into the world not to condemn the world, but so that through him the world might be saved.'

COMMUNION ANTIPHON: When I am lifted up from the earth, I will draw everyone to myself, says the Lord.

PRAYER OF SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen.

WEDNESDAY

Our Lady of Sorrows



ENTRANCE ANTIPHON: Simeon said to Mary: Behold, this child is destined for the ruin and rising of many in Israel, and to be a sign of contradiction; and your own soul a sword will pierce.

READING: *Hebrews 5:7-9*

A reading from the letter to the Hebrews.

During his life on earth, Christ offered up prayer and entreaty, aloud and in silent tears, to the one who had the power to save him out of death, and he submitted so humbly that his prayer was heard. Although he was Son, he learnt to obey through suffering; but having been made perfect, he became for all who obey him the source of eternal salvation.

PSALM: Save me, O Lord, in your steadfast love.

ACCLAMATION: **Alleluia, alleluia!**

Happy are you, O Blessed Virgin Mary, without dying you won the martyr's crown beside the cross of the Lord. Alleluia!

GOSPEL: *Luke 2:33-35*

A reading from the holy Gospel according to Luke.

As the father and mother of Jesus stood wondering at the things that were being said about him, Simeon blessed them and said to Mary his mother, 'You see this child: he is destined for the fall and for the rising of many in Israel, destined to be a sign that is rejected – and a sword will pierce your own soul too – so that the secret thoughts of many may be laid bare.'

COMMUNION ANTIPHON: **Rejoice when you share in the sufferings of Christ, that you may also rejoice exultantly when his glory is revealed.**

PRAYER OF SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen.

THURSDAY

Saints Cornelius and Cyprian



ENTRANCE ANTIPHON: **The souls of the Saints are rejoicing in heaven, the Saints who followed the footsteps of Christ, and since for love of him they shed their blood, they now exult with Christ for ever.**

READING: 2 Cor 4:7-15

A reading from the letter of St Paul to the Corinthians.

We are only the earthenware jars that hold this treasure, to make it clear that such an overwhelming power comes from God and not from us. We are in difficulties on all sides, but never cornered; we see no answer to our problems, but

never despair; we have been persecuted, but never deserted; knocked down, but never killed; always, wherever we may be, we carry with us in our body the death of Jesus, so that the life of Jesus, too, may always be seen in our body. Indeed, while we are still alive, we are consigned to our death every day, for the sake of Jesus, so that in our mortal flesh the life of Jesus, too, may be openly shown. So death is at work in us, but life in you. But as we have the same spirit of faith that is mentioned in scripture – I believed, and therefore I spoke – we too believe and therefore we too speak, knowing that he who raised the Lord Jesus to life will raise us with Jesus in our turn, and put us by his side and you with us. You see, all this is for your benefit, so that the more grace is multiplied among people, the more thanksgiving there will be, to the glory of God.

PSALM: **Those who sow in tears, shall reap with shouts of joy!**

ACCLAMATION: **Alleluia, alleluia!**

Blessed be the Father of mercies and the God of all comfort, who consoles us in all our afflictions. Alleluia!

GOSPEL: *John 17:11-19*

A reading from the holy gospel according to John.

Jesus raised his eyes to heaven and said. 'Holy Father, keep those you have given me true to your name, so that they may be one like us. While I was with them, I kept those you had given me true to your name. I have watched over them and not one is lost except the one who chose to be lost, and this was to fulfil the scriptures. But now I am coming to you and while still in the world I say these things to share my joy with them to the full. I passed your word on to them, and the world hated them, because they belong to the world no more than I belong to the world. I am not asking you to remove them from the world, but to protect them from the evil one. They do not belong to the world any more than I belong to the world. Consecrate them in the truth; your word is truth. As you sent me into the world, I have sent them into the world, and for their sake I consecrate myself so that they too may be consecrated in truth.'

COMMUNION ANTIPHON: **It is you who have stood by me in my trials; and I confer a kingdom on you, says the Lord, that you may eat and drink at my table in my kingdom.**

FRIDAY

Mass of the Day

ENTRANCE ANTIPHON: **Give peace, O Lord, to those who wait for you, that your prophets be found true. Hear the prayers of your servant, and of your people Israel.**

READING: *1 Tim 6:2-12*

A reading from the first letter of St Paul to Timothy.

This is what you are to teach the brothers to believe and persuade them to do. Anyone who teaches anything

different, and does not keep to the sound teaching which is that of our Lord Jesus Christ, the doctrine which is in accordance with true religion, is simply ignorant and must be full of self-conceit – with a craze for questioning everything and arguing about words. All that can come of this is jealousy, contention, abuse and wicked mistrust of one another; and unending disputes by people who are neither rational nor informed and imagine that religion is a way of making a profit. Religion, of course, does bring large profits, but only to those who are content with what they have. We brought nothing into the world, and we can take nothing out of it; but as long as we have food and clothing, let us be content with that. People who long to be rich are a prey to temptation; they get trapped into all sorts of foolish and dangerous ambitions which eventually plunge them into ruin and destruction. ‘The love of money is the root of all evils’ and there are some who, pursuing it, have wandered away from the faith, and so given their souls any number of fatal wounds. But, as a man dedicated to God, you must avoid all that. You must aim to be saintly and religious, filled with faith and love, patient and gentle. Fight the good fight of the faith and win for yourself the eternal life to which you were called when you made your profession and spoke up for the truth in front of many witnesses.

PSALM: Happy the poor in spirit; the kingdom of heaven is theirs!

ACCLAMATION: Alleluia, alleluia! Blessed are you, Father, Lord of heaven and earth; you have revealed to little ones the mysteries of the kingdom. Alleluia!

GOSPEL: Luke 8:1-3

A reading from the holy Gospel according to Luke.

Jesus made his way through towns and villages preaching, and proclaiming the Good News of the kingdom of God. With him went the Twelve, as well as certain women who had been cured of evil spirits and ailments: Mary surnamed the Magdalene, from whom seven demons had gone out, Joanna the wife of Herod’s steward Chuza, Susanna, and several others who provided for them out of their own resources.

COMMUNION ANTIPHON: How precious is your mercy, O God! The children of men seek shelter in the shadow of your wings.

PRAYER OF SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen.

SATURDAY *Mass of the Day*

ENTRANCE ANTIPHON: Give peace, O Lord, to those who wait for you, that your prophets be found true. Hear the prayers of your servant, and of your people Israel.

READING: 1 Tim 6:13-16

A reading from the first letter of St Paul to Timothy.

Before God the source of all life and before Jesus Christ, who spoke up as a witness for the truth in front of Pontius Pilate, I put to you the duty of doing all that you have been told, with no faults or failures, until the Appearing of our Lord Jesus Christ, who at the due time will be revealed by God, the blessed and only Ruler of all, the King of kings and the Lord of lords, who alone is immortal, whose home is in inaccessible light, whom no man has seen and no man is able to see: to him be honour and everlasting power. Amen.

PSALM: Come with joy into the presence of the Lord.

ACCLAMATION: Alleluia, alleluia! Happy are they who have kept the word with a generous heart and yield a harvest through perseverance. Alleluia!

GOSPEL: Luke 8:4-15

A reading from the holy Gospel according to Luke.

With a large crowd gathering and people from every town finding their way to him, Jesus used this parable: ‘A sower went out to sow his seed. As he sowed, some fell on the edge of the path and was trampled on; and the birds of the air ate it up. Some seed fell on rock, and when it came up it withered away, having no moisture. Some seed fell amongst thorns and the thorns grew with it and choked it. And some seed fell into rich soil and grew with it and choked it. And some seed fell into rich soil and grew and produced its crop a hundredfold.’ Saying this he cried, ‘Listen, anyone who has ears to hear!’ His disciples asked him what this parable might mean, and he said, ‘The mysteries of the kingdom of God are revealed to you; for the rest there are only parables, so that they may see but not perceive, listen but not understand. ‘This, then is what the parable means: the seed is the word of God. Those on the edge of the path are people who have heard it, and then the devil comes and carries away the word from their hearts in case they should believe and be saved. Those on the rock are people who, when they first hear it, welcome the word with joy. But these have no root; they believe for a while, and in time of trial they give up. As for the part that fell into thorns, this is people who have heard, but as they go on their way they are choked by the worries and riches and pleasures of life and do not reach maturity. As for the part in the rich soil, this is people with a noble and generous heart who have heard the word and take it to themselves and yield a harvest through their perseverance.’

COMMUNION ANTIPHON: How precious is your mercy, O God! The children of men seek shelter in the shadow of your wings.