

Monday-Saturday, 6th—11th September 2021

23rd Week in Ordinary Time - Year 1

MONDAY

Mass of the Day

ENTRANCE ANTIPHON: You are just, O Lord, and your judgement is right; treat your servant in accord with your merciful love.

READING: *Col 1:24-2:3*

A reading from the letter of St Paul to the Colossians.

It makes me happy to suffer for you, as I am suffering now, and in my own body to do what I can to make up all that has still to be undergone by Christ for the sake of his body, the Church. I became the servant of the Church when God made me responsible for delivering God's message to you, the message which was a mystery hidden for generations and centuries and has now been revealed to his saints. It was God's purpose to reveal it to them and to show all the rich glory of this mystery to pagans. The mystery is Christ among you, your hope of glory: this is the Christ we proclaim, this is the wisdom in which we thoroughly train everyone and instruct everyone, to make them all perfect in Christ. It is for this I struggle wearily on, helped only by his power driving me irresistibly.

Yes, I want you to know that I do struggle hard for you, and for those in Laodicea, and for so many others who have never seen me face to face. It is all to bind you together in love and to stir your minds, so that your understanding may come to full development, until you really know God's secret in which all the jewels of wisdom and knowledge are hidden.

PSALM: In God is my safety and my glory.

ACCLAMATION: Alleluia, alleluia!

My sheep listen to my voice, says the Lord; I know them, and they follow me. Alleluia!

GOSPEL: *Luke 6:6-11*

A reading from the holy Gospel according to Luke.

On the sabbath Jesus went into the synagogue and began to teach, and a man was there whose right hand was withered. The scribes and the Pharisees were watching him to see if he would cure a man on the sabbath, hoping to find something to use against him. But he knew their thoughts; and he said to the man with the withered hand, 'Stand up! Come out into the middle.' And he came out and stood there. Then Jesus said to them, 'I put it to you: is it against the law on the sabbath to do good, or to do

evil; to save life, or to destroy it?' Then he looked around at them all and said to the man, 'Stretch out your hand.' He did so, and his hand was better. But they were furious, and began to discuss the best way of dealing with Jesus.

COMMUNION ANTIPHON: Like the deer that years for running streams, so my soul is yearning for you, my God; my soul is thirsting for God, the living God.

PRAYER OF SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly with you. Never permit me to be separated from you. Amen.

TUESDAY

Mass of the Day

ENTRANCE ANTIPHON: You are just, O Lord, and your judgement is right; treat your servant in accord with your merciful love.

READING: *Col 2:6-15*

A reading from the letter of St Paul to the Colossians.

You must live your whole life according to the Christ you have received – Jesus the Lord; you must be rooted in him and built on him and held firm by the faith you have been taught, and full of thanksgiving. Make sure that no one traps you and deprives you of your freedom by some secondhand, empty, rational philosophy based on the principles of this world instead of on Christ. In his body lives the fullness of divinity, and in him you too find your own fulfilment, in the one who is the head of every Sovereignty and Power.

In him you have been circumcised, with circumcision not performed by human hand, but by the complete stripping of your body of flesh. This is circumcision according to Christ. You have been buried with him, when you were baptised; and by baptism, too, you have been raised up

with him through your belief in the power of God who raised him from the dead. You were dead, because you were sinners and had not been circumcised: he has brought you to life with him, he has forgiven us all our sins. He has overridden the Law, and cancelled every record of the debt that we had to pay; he has done away with it by nailing it to the cross; and so he got rid of the Sovereignities and the Powers, and paraded them in public, behind him in his triumphal procession.

PSALM: The Lord is compassionate to all his creatures.

ACCLAMATION: Alleluia, alleluia!

I have chosen you from the world, says the Lord, to go and bear fruit that will last. Alleluia!

GOSPEL: Luke 6:12-19

A reading from the holy Gospel according to Luke.

Jesus went out into the hills to pray; and he spent the whole night in prayer to God. When day came he summoned his disciples and picked out twelve of them; he called them 'apostles': Simon whom he called Peter, and his brother Andrew; James, John, Philip, Bartholomew, Matthew, Thomas, James son of Alphaeus, Simon called the Zealot, Judas son of James, and Judas Iscariot who became a traitor.

He then came down with them and stopped at a piece of level ground where there was a large gathering of his disciples with a great crowd of people from all parts of Judaea and from Jerusalem and from the coastal region of Tyre and Sidon who had come to hear him and to be cured of their diseases. People tormented by unclean spirits were also cured, and everyone in the crowd was trying to touch him because power came out of him that cured them all.

COMMUNION ANTIPHON: Like the deer that years for running streams, so my soul is yearning for you, my God; my soul is thirsting for God, the living God.

PRAYER OF SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly with you. Never permit me to be separated from you. Amen.

WEDNESDAY

Feast of The Nativity of the Blessed Virgin Mary



ENTRANCE ANTIPHON: Let us celebrate with joy the Nativity of the Blessed Virgin Mary, for from her arose the sun of justice, Christ our God.

The Gloria in excelsis (Glory to God in the highest) is said.

READING: Micah 5:1-4

A reading from the prophet Micah.

The Lord says this:

'You, Bethlehem Ephrathah, the least of the clans of Judah, out of you will be born for me the one who is to rule over Israel; his origin goes back to the distant past, to the days of old. The Lord is therefore going to abandon them till the time when she who is to give birth gives birth. Then the remnant of his brothers will come back to the sons of Israel.

He will stand and feed his flock with the power of the Lord, with the majesty of the name of his God.

They will live secure, for from then on he will extend his power to the ends of the land. He himself will be peace.'

PSALM: With delight I rejoice in the Lord!

ACCLAMATION: Alleluia, alleluia!

Happy are you, holy Virgin Mary, deserving of all praise; from you rose the sun of justice, Christ the Lord. Alleluia!

GOSPEL: Matthew 1:1-16, 18-23

A reading from the holy Gospel according to Matthew.

A genealogy of Jesus Christ, son of David, son of Abraham:

Abraham was the father of Isaac,

Isaac the father of Jacob,

Jacob the father of Judah and his brothers,

Judah was the father of Perez and Zerah, Tamar being their mother,

Perez was the father of Hezron,

Hezron the father of Ram,

Ram was the father of Amminadab,

Amminadab was the father of Nahshon,

Nahshon the father of Salmon,

Salmon was the father of Boaz, Rahab being his mother, Boaz was the father of Obed, Ruth being his mother,

Obed was the father of Jesse;

and Jesse was the father of King David.
David was the father of Solomon, whose mother had been
Uriah's wife,

Solomon was the father of Rehoboam,
Rehoboam was the father of Abijah,
Abijah was the father of Asa,
Asa was the father of Jehoshaphat,
Jehoshaphat was the father of Joram,
Joram the father of Azariah,
Azariah was the father of Jotham,
Jotham the father of Ahaz,
Ahaz the father of Hezekiah,
Hezekiah was the father of Manasseh,
Manasseh the father of Amon,
Amon the father of Josiah;
and Josiah was the father of Jechoniah and his brothers.

Then the deportation to Babylon took place.

After the deportation to Babylon:
Jechoniah was the father of Shealtiel,
Shealtiel the father of Zerubbabel,
Zerubbabel was the father of Abiud,
Abiub the father of Eliakim,
Eliakim the father of Azor,
Azor was the father of Zadok,
Zadok the father of Achim,
Achim the father of Eliud,
Eliud was the father of Eleazar,
Eleazar the father of Matthan,
Matthan the father of Jacob;

and Jacob was the father of Joseph the husband of Mary;
of her was born Jesus who is called Christ.

This is how Jesus Christ came to be born. His mother Mary
was betrothed to Joseph; but before they came to live
together she was found to be with child through the Holy
Spirit. Her husband Joseph, being a man of honour and
wanting to spare her publicity, decided to divorce her
informally. He had made up his mind to do this when the
angel of the Lord appeared to him in a dream and said,
'Joseph son of David, do not be afraid to take Mary home
as your wife, because she has conceived what is in her by
the Holy Spirit. She will give birth to a son and you must
name him Jesus, because he is the one who is to save his
people from their sins.' Now all this took place to fulfil the
words spoken by the Lord through the prophet: The virgin
will conceive and give birth to a son and they will call him
Emmanuel, a name which means 'God-is-with-us'.

**COMMUNION ANTIPHON: Behold, the Virgin will bear a
son, who will save his people from their sins.**

PRAYER OF SPIRITUAL COMMUNION

**My Jesus, I believe that you are present in the Most Holy
Sacrament. I love you above all things, and I desire to
receive you into my soul. Since I cannot at this moment
receive you sacramentally, come at least spiritually into
my heart. I embrace you as if you were already there and
unite myself wholly with you. Never permit me to be sep-
arated from you. Amen.**

THURSDAY *Mass of the Day*

**ENTRANCE ANTIPHON: You are just, O Lord, and your
judgement is right; treat your servant in accord with your
merciful love.**

READING: Col 3:12-17

A reading from the letter of St Paul to the Colossians.

You are God's chosen race, his saints; he loves you, and
you should be clothed in sincere compassion, in kindness
and humility, gentleness and patience. Bear with one
another; forgive each other as soon as a quarrel begins.
The Lord has forgiven you; now you must do the same.
Over all these clothes, to keep them together and
complete them, put on love. And may the peace of Christ
reign in your hearts, because it is for this that you were
called together as parts of one body. Always be thankful.
Let the message of Christ, in all its richness, find a home
with you. Teach each other, and advise each other, in all
wisdom. With gratitude in your hearts sing psalms and
hymns and inspired songs to God; and never say or do
anything except in the name of the Lord Jesus, giving
thanks to God the Father through him.

PSALM: Let everything that breathes praise the Lord!

ACCLAMATION: Alleluia, alleluia!

**If we love one another, God will live in us in perfect
love. Alleluia!**

GOSPEL: Luke 6:27-38

A reading from the holy gospel according to Luke.

Jesus said to his disciples: 'I say this to you who are
listening: Love your enemies, do good to those who hate
you, bless those who curse you, pray for those who treat
you badly. To the man who slaps you on one cheek,
present the other cheek too; to the man who takes your
cloak from you, do not refuse your tunic. Give to everyone
who asks you, and do not ask for your property back from
the man who robs you. Treat others as you would like
them to treat you. If you love those who love you, what
thanks can you expect? Even sinners love those who love
them. And if you do good to those who do good to you,
what thanks can you expect? For even sinners do that
much. And if you lend to those from whom you hope to
receive, what thanks can you expect? Even sinners lend to
sinners to get back the same amount. Instead, love your
enemies and do good, and lend without any hope of
return. You will have a great reward, and you will be sons
of the Most High, for he himself is kind to the ungrateful
and the wicked. 'Be compassionate as your Father is
compassionate. Do not judge, and you will not be judged
yourselves; do not condemn, and you will not be
condemned yourselves; grant pardon, and you will be
pardoned. Give, and there will be gifts for you: a full
measure, pressed down, shaken together, and running
over, will be poured into your lap; because the amount
you measure out is the amount you will be given back.'

COMMUNION ANTIPHON: **Like the deer that years for running streams, so my soul is yearning for you, my God; my soul is thirsting for God, the living God.**

PRAYER OF SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly with you. Never permit me to be separated from you. Amen.

FRIDAY

Mass of the Day

ENTRANCE ANTIPHON: **You are just, O Lord, and your judgement is right; treat your servant in accord with your merciful love.**

READING: *1 Tim 1:1-2, 12-14*

A reading from the letter of St Paul to Timothy.

From Paul, apostle of Christ Jesus appointed by the command of God our saviour and of Christ Jesus our hope, to Timothy, true child of mine in the faith; wishing you grace, mercy and peace from God the Father and from Christ Jesus our Lord. I thank Christ Jesus our Lord, who has given me strength, and who judged me faithful enough to call me into his service even though I used to be a blasphemer and did all I could to injure and discredit the faith. Mercy, however, was shown me, because until I became a believer I had been acting in ignorance; and the grace of our Lord filled me with faith and with the love that is in Christ Jesus.

PSALM: **You are my inheritance, O Lord.**

ACCLAMATION: **Alleluia, alleluia!**

Your word, O Lord, is truth: make us holy in the truth. Alleluia!

GOSPEL: *Luke 6:39-42*

A reading from the holy Gospel according to Luke.

Jesus told a parable to the disciples, 'Can one blind man guide another? Surely both will fall into a pit? The disciple is not superior to his teacher; the fully trained disciple will always be like his teacher. Why do you observe the splinter in your brother's eye and never notice the plank in your own? How can you say to your brother, "Brother, let me take out the splinter that is in your eye", when you cannot see the plank in your own? Hypocrite! Take the plank out of your own eye first, and then you will see clearly enough to take out the splinter that is in your brother's eye.'

COMMUNION ANTIPHON: **I am the light of the world, says the Lord; whoever follows me will not walk in darkness, but will have the light of life.**

SATURDAY

Mass of the Day

ENTRANCE ANTIPHON: **You are just, O Lord, and your judgement is right; treat your servant in accord with your merciful love.**

READING: *1 Tim 1:15-17*

A reading from the letter of St Paul to Timothy.

Here is a saying that you can rely on and nobody should doubt: that Christ Jesus came into the world to save sinners. I myself am the greatest of them; and if mercy has been shown to me, it is because Jesus Christ meant to make me the greatest evidence of his inexhaustible patience for all the other people who would later have to trust in him to come to eternal life. To the eternal King, the undying, invisible and only God, be honour and glory for ever and ever. Amen.

PSALM: **Blessed be the name of the Lord for ever.**

ACCLAMATION: **Alleluia, alleluia!**

All who love me will keep my words, and my Father will love them, and we will come to them. Alleluia!

GOSPEL: *Luke 6:43-49*

A reading from the holy Gospel according to Luke.

Jesus said to his disciples: 'There is no sound tree that produces rotten fruit, nor again a rotten tree that produces sound fruit. For every tree can be told by its own fruit: people do not pick figs from thorns, nor gather grapes from brambles. A good man draws what is good from the store of goodness in his heart; a bad man draws what is bad from the store of badness. For a man's words flow out of what fills his heart. 'Why do you call me, 'Lord, Lord' and not do what I say?' 'Everyone who comes to me and listens to my words and acts on them – I will show you what he is like. He is like the man who when he built his house dug, and dug deep, and laid the foundations on rock; when the river was in flood it bore down on that house but could not shake it, it was so well built. But the one who listens and does nothing is like the man who built his house on soil, with no foundations: as soon as the river bore down on it, it collapsed; and what a ruin that house became!'

COMMUNION ANTIPHON: **Like the deer that years for running streams, so my soul is yearning for you, my God; my soul is thirsting for God, the living God.**

PRAYER OF SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly with you. Never permit me to be separated from you. Amen.