

Monday-Saturday, 7th-12th Feb 2022**Fifth Week in Ordinary Time - Year C****MONDAY**

*Memorial of St Miki and Companions
(Alternative Readings used for this Memorial)*



ENTRANCE ANTIPHON: The souls of the Saints are rejoicing in heaven, the Saints who followed the footsteps of Christ, and since for love of him they shed their blood, they now exult with Christ for ever.

READING: Gal 2:19-20

Through the Law I am dead to the Law, so that now I can live for God. I have been crucified with Christ, and I live now not with my own life but with the life of Christ who lives in me. The life I now live in this body I live in faith: faith in the Son of God who loved me and who sacrificed himself for my sake.

PSALM: Those who sow in tears, shall reap with shouts of joy.

ACCLAMATION: Alleluia, alleluia!

Go and teach all people my gospel. I am with you always, until the end of the world. Alleluia!

GOSPEL: Mk 28:16-20

A reading from the holy Gospel according to Mark
The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell down before him, though some hesitated. Jesus came up and spoke to them. He said, 'All authority in heaven and on earth has been given to me. Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.'

COMMUNION ANTIPHON: It is you who have stood by me in my trials; and I confer a kingdom on you, says the Lord, that you may eat and drink at my table in my kingdom.

TUESDAY

*St Jerome Emilani and St Josephine Bakhita
(Standard Mass of the Day Readings used)*

ENTRANCE ANTIPHON: O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

FIRST READING: 1 Kgs 8:22-23. 27-30

In the presence of the whole assembly of Israel, Solomon stood before the altar of the Lord and, stretching out his hands towards heaven, said, 'Lord God of Israel, not in heaven above nor on earth beneath is there such a God as you, true to your covenant and your kindness towards your servants when they walk wholeheartedly in your way. Yet will God really live with men on the earth? Why, the heavens and their own heavens cannot contain you. How much less this house that I have built! Listen to the prayer and entreaty of your servant, Lord my God; listen to the cry and to the prayer your servant makes to you today. Day and night let your eyes watch over this house, over this place of which you have said, "My name shall be there." Listen to the prayer that your servant will offer in this place.

'Hear the entreaty of your servant and of Israel your people as they pray in this place. From heaven where your dwelling is, hear; and as you hear, forgive.'

PSALM: How lovely is your dwelling place, Lord, mighty God!

ACCLAMATION: Alleluia, alleluia! Turn my heart to do your will; teach me your law, O God. Alleluia!

GOSPEL: Mk 7:1-13

A reading from the holy Gospel according to Mark.

The Pharisees and some of the scribes who had come from Jerusalem gathered round Jesus, and they noticed that some of his disciples were eating with unclean hands, that is without washing them. For the Pharisees, and the Jews in general, follow the tradition of the elders and never eat without washing their arms as far as the elbow; and on returning from the market place they never eat without first sprinkling themselves. There are also many other observances which have been handed down to them concerning the washing of cups and pots and bronze dishes. So these Pharisees and

scribes asked him, 'Why do your disciples not respect the tradition of the elders but eat their food with unclean hands?' He answered, 'It was of you hypocrites that Isaiah so rightly prophesied in this passage of scripture: This people honours me only with lip-service, while their hearts are far from me. The worship they offer me is worthless, the doctrines they teach are only human regulations.

'You put aside the commandment of God to cling to human traditions.' And he said to them, 'How ingeniously you get round the commandment of God in order to preserve your own tradition! For Moses said: Do your duty to your father and your mother, and, anyone who curses father or mother must be put to death. But you say, "If a man says to his father or mother: Anything I have that I might have used to help you is Corban (that is, dedicated to God), then he is forbidden from that moment to do anything for his father or mother." In this way you make God's word null and void for the sake of your tradition which you have handed down. And you do many other things like this.'

COMMUNION ANTIPHON: Let them thank the Lord for his mercy, his wonders for the children of men, for he satisfies the thirsty soul, and the hungry he fills with good things.

WEDNESDAY

Mass of the Day

ENTRANCE ANTIPHON: O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

FIRST READING: 1 Kgs 10:1-10

The fame of Solomon having reached the queen of Sheba, she came to test him with difficult questions. She brought immense riches to Jerusalem with her, camels laden with spices, great quantities of gold, and precious stones. On coming to Solomon, she opened her mind freely to him; and Solomon had an answer for all her questions, not one of them was too obscure for the king to expound. When the queen of Sheba saw all the wisdom of Solomon, the palace he had built, the food at his table, the accommodation for his officials, the organisation of his staff and the way they were dressed, his cup-bearers, and the holocausts he offered in the Temple of the Lord, it left her breathless, and she said to the king, 'What I heard in my own country about you and your wisdom was true, then! Until I came and saw it with my own eyes I could not believe what they told me, but clearly they told me less than half: for wisdom and prosperity you surpass the report I heard. How happy your wives are! How happy are these servants of yours who wait on you always and hear your wisdom! Blessed be the Lord your God who has granted you his

favour, setting you on the throne of Israel! Because of the Lord's everlasting love for Israel, he has made you king to deal out law and justice.' And she presented the king with a hundred and twenty talents of gold and great quantities of spices and precious stones; no such wealth of spices ever came again as those given to King Solomon by the queen of Sheba.

PSALM: The mouths of the just murmur wisdom.

ACCLAMATION: Alleluia, alleluia!

Your word, O Lord, is truth: make us holy in the truth. Alleluia!

GOSPEL: MK 7:14-23

A reading from the holy Gospel according to Mark

Jesus called the people to him and said, 'Listen to me, all of you, and understand. Nothing that goes into a man from outside can make him unclean; it is the things that come out of a man that make him unclean. If anyone has ears to hear, let him listen to this.'

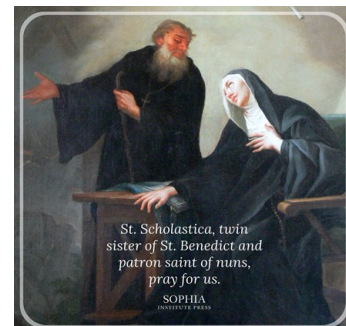
When he had gone back into the house, away from the crowd, his disciples questioned him about the parable. He said to them, 'Do you not understand either? Can you not see that whatever goes into a man from outside cannot make him unclean, because it does not go into his heart but through his stomach and passes out into the sewer?' (Thus he pronounced all foods clean.) And he went on, 'It is what comes out of a man that makes him unclean. For it is from within, from men's hearts, that evil intentions emerge; fornication, theft, murder, adultery, avarice, malice, deceit, indecency, envy, slander, pride, folly. All these evil things come from within and make a man unclean.'

COMMUNION ANTIPHON: Let them thank the Lord for his mercy, his wonders for the children of men, for he satisfies the thirsty soul, and the hungry he fills with good things.

THURSDAY

St Scholastica

(Alternative Readings used)



ENTRANCE ANTIPHON: Here is a wise virgin, from among the number of the prudent, who went forth with lighted lamp to meet Christ.

READING: *Songs 8:6-7*

Set me like a seal on your heart,
like a seal on your arm.
For love is strong as Death,
jealousy relentless as Sheol.
The flash of it is a flash of fire,
a flame of the Lord himself.
Love no flood can quench,
no torrents drown.
Were a man to offer all the wealth of his house to
buy love, contempt is all he would purchase.

PSALM: **Young men and women, praise the name of the Lord.**

ACCLAMATION: **Alleluia, alleluia!**

All who love me will keep my words, and my Father will love them, and we will come to them. Alleluia!

GOSPEL: *Luke 10:38-42*

In the course of their journey Jesus came to a village, and a woman named Martha welcomed him into her house. She had a sister called Mary, who sat down at the Lord's feet and listened to him speaking.

Now Martha who was distracted with all the serving said, 'Lord, do you not care that my sister is leaving me to do the serving all by myself? Please tell her to help me.' But the Lord answered: 'Martha, Martha,' he said, 'you worry and fret about so many things, and yet few are needed, indeed only one. It is Mary who has chosen the better part; it is not to be taken from her.'

COMMUNION ANTIPHON: **Behold, the Bridegroom is coming; come out to meet Christ the Lord.**

FRIDAY

Our Lady of Lourdes
(Alternative Readings used)



ENTRANCE ANTIPHON: **Hail, Holy Mother, who gave birth to the King who rules heaven and earth for ever.**

READING: *Is 66:10-14*

Rejoice, Jerusalem,
be glad for her, all you who love her!
Rejoice, rejoice for her,
all you who mourned her!
That you may be suckled, filled,
from her consoling breast,
that you may savour with delight
her glorious breasts.
For thus says the Lord:
Now towards her I send flowing
peace, like a river,
and like a stream in spate
the glory of the nations.
At her breast will her nurslings be carried
and fondled in her lap.
Like a son comforted by his mother
will I comfort you.
(And by Jerusalem you will be comforted.)
At the sight your heart will rejoice,
and your bones flourish like the grass.
To his servants the Lord will reveal his hand.

PSALM: **You are the highest honour of our race!**

ACCLAMATION: **Alleluia, alleluia!**

Blessed are you, O Virgin Mary, for your firm believing that the promises of the Lord would be fulfilled. Alleluia!

GOSPEL: JN 2:1-11

A reading from the holy Gospel according to John

There was a wedding at Cana in Galilee. The mother of Jesus was there, and Jesus and his disciples had also been invited. When they ran out of wine, since the wine provided for the wedding was all finished, the mother of Jesus said to him, 'They have no wine.' Jesus said, 'Woman, why turn to me? My hour has not come yet.' His mother said to the servants, 'Do whatever he tells you.' There were six stone water jars standing there, meant for the ablutions that are customary among the Jews: each could hold twenty or thirty gallons. Jesus said to the servants, 'Fill the jars with water,' and they filled them to the brim. 'Draw some out now,' he told them, 'and take it to the steward.' They did this; the steward tasted the water, and it had turned into wine. Having no idea where it came from – only the servants who had drawn the water knew – the steward called the bridegroom and said, 'People generally serve the best wine first, and keep the cheaper sort till the guests have had plenty to drink, but you have kept the best wine till now.'

This was the first of the signs given by Jesus: it was given at Cana in Galilee. He let his glory be seen, and his disciples believed in him.

COMMUNION ANTIPHON: **Blessed is the womb of the Virgin Mary, which bore the Son of the eternal Father.**

February 11, 2022

THE THIRTIETH WORLD DAY OF THE SICK



Be merciful, even as your Father is merciful"
(Lk 6:36). Standing beside those who suffer on a path of charity.

Thirty years ago, Saint John Paul II instituted the World Day of the Sick to encourage the people of God, Catholic health institutions and civil society to be increasingly attentive to the sick and to those who care for them.

An excerpt from Pope Francis' 2022 World Day of the Sick message.

"Jesus' invitation to be merciful like the Father has particular significance for healthcare workers. I think of all those physicians, nurses, laboratory technicians, the support staff and the caretakers of the sick, as well as the numerous volunteers who donate their precious time to assist those who suffer. Dear healthcare workers, your service alongside the sick, carried out with love and competence, transcends the bounds of your profession and becomes a mission. Your hands, which touch the suffering flesh of Christ, can be a sign of the merciful hands of the Father. [...]
Patients are always more important than their diseases, and for this reason, no therapeutic approach can prescind from listening to the patient, his or her history, anxieties and fears. Even when healing is not possible, care can always be given. It is always possible to console, it is always possible to make people sense a closeness that is more interested in the person than in his or her pathology."

SATURDAY

Mass of the Day

ENTRANCE ANTIPHON: O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

FIRST READING: 1 Kgs 12:26-32; 13:33-34

Jeroboam thought to himself, 'As things are, the kingdom will revert to the House of David. If this people continues to go up to the Temple of the Lord in Jerusalem to offer sacrifices, the people's heart will turn back again to their lord, Rehoboam

king of Judah, and they will put me to death.' So the king thought this over and then made two golden calves; he said to the people, 'You have been going up to Jerusalem long enough. Here are your gods, Israel; these brought you up out of the land of Egypt!' He set up one in Bethel and the people went in procession all the way to Dan in front of the other. He set up the temple of the high places and appointed priests from ordinary families, who were not of the sons of Levi. Jeroboam also instituted a feast in the eighth month, on the fifteenth of the month, like the feast that was kept in Judah, and he went up to the altar. That was how he behaved in Bethel, sacrificing to the calves he had made; and at Bethel he put the priests of the high places he had established. Jeroboam did not give up his wicked ways after this incident, but went on appointing priests for the high places from the common people. He consecrated as priests of the high places any who wished to be. Such conduct made the House of Jeroboam a sinful House, and caused its ruin and extinction from the face of the earth.

Psalm: Lord, remember us, for the love you bear your people.

ACCLAMATION: Alleluia, alleluia! No one lives on bread alone, but on every word that comes from the mouth of God. Alleluia!

GOSPEL: MK 8:1-10

A reading from the holy Gospel according to Mark

A great crowd had gathered, and they had nothing to eat. So Jesus called his disciples to him and said to them, 'I feel sorry for all these people; they have been with me for three days now and have nothing to eat. If I send them off home hungry they will collapse on the way; some have come a great distance.' His disciples replied, 'Where could anyone get bread to feed these people in a deserted place like this?' He asked them, 'How many loaves have you?' 'Seven' they said. Then he instructed the crowd to sit down on the ground, and he took the seven loaves, and after giving thanks he broke them and handed them to his disciples to distribute; and they distributed them among the crowd. They had a few small fish as well, and over these he said a blessing and ordered them to be distributed also. They ate as much as they wanted, and they collected seven basketfuls of the scraps left over. Now there had been about four thousand people. He sent them away and immediately, getting into the boat with his disciples, went to the region of Dalmanutha.

COMMUNION ANTIPHON: Let them thank the Lord for his mercy, his wonders for the children of men, for he satisfies the thirsty soul, and the hungry he fills with good things.