

**Students at St Bede's College received a copy of this message from Franciscan Fr Richard Rohr about COVID-19. Fr Rohr is a respected retreat preacher and spiritual guide in Albuquerque, New Mexico, USA**

## **Love Alone Overcomes Fear**

**March 19, 2020**

It is shocking to think how much the world has changed in such a brief time. Each of us has had our lives and communities disrupted. Of course, I am here in this with you. I feel that I'm in no position to tell you how to feel or how to think, but there are a few things that come to mind I will share.

A few days ago I was encouraged by the Franciscans and by the leadership team here at the CAC to self-quarantine, so I've been in my little hermitage now for three or four days. I've had years of practice, literally, how to do what we are calling "social distancing." I have a nice, large yard behind me where there are four huge, beautiful cottonwood trees, and so I walk my dog Opie every few hours.

Right now I'm trying to take in psychologically, spiritually, and personally, what is God trying to say? When I use that phrase, I'm not saying that God causes suffering to teach us good things. But God does use everything, and if God wanted us to experience global solidarity, I can't think of a better way. We all have access to this suffering, and it bypasses race, gender, religion, and nation.

We are in the midst of a highly teachable moment. There's no doubt that this period will be referred to for the rest of our lifetimes.

*To be concluded tomorrow*