

## Liturgy of the 17th Sunday in Ordinary Time, Year B: 25th July 2021

**Entrance Antiphon** Cf. Ps 67:6-7,36

God is in his holy place,  
God who unites those who dwell in his house; he himself gives might and strength to his people.

**First Reading** 2 Kgs 4:42-44 A reading from the second book of the Kings  
*They will eat and have some left over.*

A man came from Baal-shalishah, bringing Elisha, the man of God, bread from the first-fruits, twenty barley loaves and fresh grain in the ear. 'Give it to the people to eat,' Elisha said. But his servant replied, 'How can I serve this to a hundred men?' 'Give it to the people to eat' he insisted 'for the Lord says this, "They will eat and have some left over."' He served them; they ate and had some over, as the Lord had said.

**Responsorial Psalm** Ps 144:10-11, 15-18. R. v.16  
(R.) The hand of the Lord feeds us; he answers all our needs.

1. All your creatures shall thank you, O Lord, and your friends shall repeat their blessing. They shall speak of the glory of your reign and declare your might, O God. (R.)
2. The eyes of all creatures look to you and you give them their food in due time. You open wide your hand, grant the desires of all who live. (R.)
3. The Lord is just in all his ways and loving in all his deeds. He is close to all who call him, who call on him from their hearts. (R.)

**Second Reading** Eph 4:1-6 A reading from the letter of St Paul to the Ephesians  
*There is one body, one Lord, one faith, one baptism.*

I, the prisoner in the Lord, implore you to lead a life worthy of your vocation. Bear with one another charitably, in complete selflessness, gentleness and patience. Do all you can to preserve the unity of the Spirit by the peace that binds you together. There is one Body, one Spirit, just as you were all called into one and the same hope when you were called. There is one Lord, one faith, one baptism, and one God who is Father of all, through all and within all.

**Gospel Acclamation** Lk 7:16  
**Alleluia, alleluia!** A great prophet has appeared among us; God has visited his people. **Alleluia!**

**Gospel** Jn 6:1-15 A reading from the holy Gospel according to John  
*He distributed to those who were seated as much as they wanted.*

Jesus went off to the other side of the Sea of Galilee – or of Tiberias – and a large crowd followed him, impressed by the signs he gave by curing the sick. Jesus climbed the hillside, and sat down there with his disciples. It was shortly before the Jewish feast of Passover.

Looking up, Jesus saw the crowds approaching and said to Philip, 'Where can we buy some bread for these people to eat?' He only said this to test Philip; he himself knew exactly what he was going to do. Philip answered, 'Two hundred denarii would only buy enough to give them a small piece each.' One of his disciples, Andrew, Simon Peter's brother, said, 'There is a small boy here with five barley loaves and two fish; but what is that between so many?' Jesus said to them, 'Make the people sit down.' There was plenty of grass there, and as many as five thousand men sat down. Then Jesus took the loaves, gave thanks and gave them out to all who were sitting ready; he then did the same with the fish, giving out as much as was wanted. When they had eaten enough he said to the disciples, 'Pick up the pieces left over, so that nothing gets wasted.' So they picked them up, and filled twelve hampers with scraps left over from the meal of five barley loaves. The people, seeing this sign that he had given, said, 'This really is the prophet who is to come into the world.' Jesus, who could see they were about to come and take him by force and make him king, escaped back to the hills by himself.

**Communion Antiphon** Ps 102:2 Bless the Lord, O my soul, and never forget all his benefits.

Or Mt 5:7-8 Blessed are the merciful, for they shall receive mercy.  
Blessed are the clean of heart, for they shall see God.

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## THE CATHOLIC PARISH OF MENTONE - PARKDALE

### SAINT PATRICK - SAINT JOHN VIANNEY



17th Sunday of Ordinary Time : Year B: 26th July 2021

This week we conclude our two-part series on prayer.

**Lectio Divina**, or 'divine reading', is a traditional monastic form of prayer. It is not 'reading' in the ordinary sense, but instead is slow and meditative. C.S. Lewis describes it as "more like sucking on a lozenge than eating a slice of bread." It first involves choosing a Biblical text to meditate on. Then there are four stages to move through. The first is the stage of *lectio*, of reading the text slowly, repeating it over and over. The second is *meditatio*, to meditate and ponder the Word of God. This is not intended in a strongly analytical fashion, but instead to relax with the text, whilst considering what it means. The third stage is *oratio*, or prayer. This is what we might describe as a dialogue with God relating to the passage. Finally comes the stage of *contemplatio*, of contemplation. This time of prayer expresses our love for God.

St Ignatius of Loyola, the founder of the Jesuits, developed what has come to be known as **Ignatian Prayer**. It is a very visual and imaginative form of prayer which appeals to those with aptitude in this area. This kind of prayer involves choosing a Biblical scene and entering into it as one of the characters, and reliving the scene according to a method set down by St Ignatius (see below).

**The Daily Examen** is also a method of prayer developed by St Ignatius. It consists firstly of giving thanks, then asking God for light to see where He was present during the day. The events of the day are then examined, and following this, we seek forgiveness and resolve to change in relation to what we have identified.

We can pray anywhere, of course, but many people find great consolation in **praying in front of the Blessed Sacrament**. St John Vianney recounts an instance of this: "When I first came to Ars, there was a man who never passed the church without going in. In the morning on his way to work, and in the evening on his way home, he left his spade and pick-axe in the porch, and he spent a long time in adoration before the Blessed Sacrament. Oh, how I loved to see that! I asked him what he said to Our Lord during the long visits he made Him. Do you know what he told me? 'Eh, Monsieur le Curé, I say nothing to Him, I look at Him and He looks at me!'" Many people find great consolation in the simplicity of prayer in front of the Blessed Sacrament.

Finally, there is the Prayer of the Church, known as the Divine Office or **Liturgy of the Hours**. This is prayed around the world particularly by those in religious life – priests, monks, religious brothers and sisters. In recent decades the laity have been

encouraged to pray the Liturgy of the Hours also. It can be prayed several times a day – most particularly in the morning and evening – and consists of the Psalms, of Biblical readings and prayers of intercession for the world and for the things we need. Reciting it regularly not only punctuates the day with prayer, but its universal aspect unites us with the hopes and struggles of the Church and the world.

These are only a few of the many ways to pray. Different ways appeal to different people. As Dom John Chapman, the Abbot of Downside Abbey, wrote to one of his spiritual directees: "Pray as you can, not as you can't." The most important thing is to do something! Prayer is an indispensable part of the life of a committed Christian and a great aid to living each day well.

Fr Cameron Forbes PP

### The Communion to the Housebound

The Communion to the housebound rosters were recently revised, to ensure that all those who wish to receive Holy Communion are able to do so. Please notify the Parish Office if you know of anyone who wishes to be visited on a regular basis.



**Presbytery & Office:** 10 Rogers Street, Mentone 3194. Ph: 9583 2103 Fax: 9584 7372  
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• **St Patrick's School:** Ph: 9583 5033 • **St John Vianney's School:** Ph: 9580 5812  
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## Notices for Parish Bulletin to the Parish Office by 12 noon Thursday

### Recently Deceased Anniversaries

Marshall Grey, Manfred Morys

Francis Bunton

### Prayer for the Sick

We pray for those who are sick.

Vicki Rhodes, Jim Lacey, Darren Lacey



We pray for all who care for the sick and worry about them. May their works of service be richly blessed.

### Vocation View

Today we are reminded by St Paul that there is one body, one Lord, one faith, one baptism. The challenge before us is to 'bear with one another charitably, in complete selflessness, gentleness and patience.' That is an essential part of our vocation: to lead a life worthy of these attributes. **Please pray for Vocations**

### Prayer / Meditation

#### Adoration of the Blessed Sacrament:

Each day the Church is open from 8:30 am to 6:00pm. Please choose a time (1/2 hour) to spend in Adoration. Each Friday the Blessed Sacrament is exposed for adoration following the 9:15am Mass until 4:30pm, when Benediction of the Blessed Sacrament is given.



#### 1st Collection:

Presbytery: \$xxx

#### 2nd Collection:

Thanksgiving: \$1,311.00  
Loose Money: \$xxx

### Parish Events

#### Rose Garden

Many of the roses in the garden at the front of St Patricks are in serious decline. It is proposed that new roses be planted to refresh the garden and Parishioners are invited to donate toward the cost of replacement roses. You may wish to donate in the memory of a loved one or for prayers that have been answered. A contribution can be made by placing your donation in a sealed envelope with your name, the word "Rose garden" and placing that envelope on the collection plate. Donations will be accepted until the 8<sup>th</sup> of August.



#### Monthly E-newsletter

If you would like to receive our monthly e-newsletter please contact the Parish Office with your email address.  
[mentoneparkdaleeast@cam.org.au](mailto:mentoneparkdaleeast@cam.org.au)

#### Writing your Memoir



You may have noticed in last week's Bulletin (see Parish website) we advertised a memoir writing session next Tuesday. Due to COVID-19 restriction we have cancelled this. We are not sure if we will meet again this year as it appears these lockdowns could happen anytime making it hard to plan ahead in next few months.

Jim wishes all happy writing.

### 31 July / 1 Aug 2021

#### Rosters

##### Readers:

6:00 pm - J Dillon (SP)  
9:00 am - J O'Donoghue, A Burn (SJV)  
11:00 am - S Dassanayake (SP)  
5:00 pm - J Hughes (SP)

##### Extraordinary Ministers:

6:00 J Mount (SP)  
11:00 am - A Earle (SP)  
5:00 pm - A Moore (SP)

##### Sacristan (SJV):

D Atherton

##### Extraordinary Minister to the Sick (SJV):

A Berghella

##### Flowers (SJV):

G Constanzo

##### Readings next week:

18th Sunday in Ordinary Time  
Year B

Exodus: 16:2-4,12-15

Ephesians: 4:17,20-24

John: 6:24-35

##### Rosary:

- In St Patrick's Church the Rosary is prayed each day before morning Mass at 8:40am. All welcome.
- The Rosary is also prayed on Thursday after 10:40am OLSC Mass and on Wednesday evenings, 3pm at Bridie's (9585 5142)

##### Divine Mercy Devotions:

Are held in St Patrick's Church

##### Cuppa & Chat

All are welcome each Sunday to join us in the Parish Community Centre for a Cuppa and Chat following the 11:00am Mass



## OTHER EVENTS

*Heart of Life* is offering an "At-home Retreat – Moments that are Grace" – over five weeks, beginning Tuesday, 3 August and concluding 31 August. This at-home retreat, invites you to spend some time in prayer at home each day pondering your experiences of the day, and to be accompanied by a retreat-companion on how God might have been present for you. To register your interest, please call 9890 1101 or email [info@heartoflife.melbourne](mailto:info@heartoflife.melbourne), no later than 28 July 2021.

#### WEEKEND MASSES

(Vigil) Saturday: 6:00pm (SP)  
Sunday: 9:00am (SJV)  
Sunday: 9:30am (Ordinariate Mass) (SP)  
Sunday: 11:00am (Choral Mass) (SP)  
Sunday: 5:00pm (SP)

#### RECONCILIATION

After the 9:15am Mass on Wednesday & Saturday mornings (SP) and 5:15 pm Saturday (SP)

**EXPOSITION OF THE BLESSED SACRAMENT THIS FRIDAY: BENEDICTION 4:30PM (SP)**

## MASSES THIS WEEK

(SP) St Patrick's Church; (SJV) St John Vianney's Church

#### WEEK DAY MORNING MASSES

<b>Monday, 26th</b>	<b>NO MASS</b>
<b>Tuesday, 27th</b>	<b>NO MASS</b>
<b>Wednesday, 28th</b>	9:15 am (SP) Seventeenth week in Ordinary Time 10:30 am (SJV) Mass
<b>Thursday, 29th</b>	9:15 am (SP) Memorial: Saints Martha, Mary and Lazarus 10:30 am (SP) <b>Ordinariate Mass</b>
<b>Friday, 30th</b>	9:15 am (SP) Seventeenth week in Ordinary Time 5:15 pm (SJV) Mass
<b>Saturday, 31st</b>	9:15 am (SP) Memorial: Saint Ignatius of Loyola

In 2001, the Commonwealth and Victorian Government introduced legislation that deals with the manner in which public and private sector organisations may record, use, store and disclose information, including health information, collected from individuals. This parish is committed to upholding and implementing the Privacy Principles set out in legislation. A copy of the Parish Policy is available by contacting the Parish Office.

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