



St Francis of Assisi Parish

290 Childs Road, Mill Park 3082 phone: 9407 6700

web: www.cam.org.au/millpark email: millpark@cam.org.au

Parish Bulletin Twenty-first Sunday in Ordinary Time 23rd August 2020

PARISH PRIEST	Fr Anthony Girolami	ASSISTANT PRIEST	Fr Jose Mathew
PASTORAL ASSOCIATE	Sr Ignacia Coching - 9407 6720	YOUTH MINISTER	Carmel Walsh - 9407 6704
OFFICE ADMINISTRATOR	Bernice Quinn - 9407 6700	PARISH BOOKKEEPER	Cheryl Langford - 9407 6722
SCHOOL PRINCIPAL	Mark Basile - 9407 3100	DEACON	Rev Simeon Anthony

STREAMING OF MASSES

Mass is being streamed every Sunday at 9:00 am and Wednesday at 8:00 am. To access the stream, please visit our website www.cam.org.au/millpark and click on the link provided on the homepage.

ONLINE PAYMENT PORTAL

We now have an online parish payment portal, CDFpay for Parishes.

You can set up a recurring payment, if you haven't done so already, or you can choose a one-off offering. The St Francis of Assisi Mill Park site can be found via the link on our website www.cam.org.au/millpark

You can select to contribute to either the parish or presbytery. Please note that contributions to 'presbytery' will not be recorded towards your family's thanksgiving contributions.

We ask that you please enter your current envelope number under the 'notes' section. If you don't know your number please email millpark@cam.org.au or call 9407 6701.

Thank you to all who are supporting our parish.

Spiritual Communion Prayer

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally,

come at least spiritually into my heart.

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You. Amen.

The newsletter will be available each week in the Presbytery foyer and on our website www.cam.org.au/millpark

PLEASE PRAY FOR:

Recently Deceased: Kenneth Delbridge, Carmel Ryan, Mark Bell.

Death Anniversaries: Ong Lin Song, Bernadette McManus, Hugh McManus.

Those who are ill: David Wallace, Anthony Lethbridge, Sam Pisani, Maria Concepcion Alcedo, Danuata Plaskota, Rebecca Scaringi, Marina Manabat, Isau Issac, Sharon Barber, Flor Madio, Brian Rooney, John Pathinathan, Alfio & Giovanna Tringal, Herve Incou, Maria Ljutic, Inaam Jerjis, Nilcar Gacula.

Dear Parishioners,

I would like to say we are rushing through this Stage 4 lockdown at a rate of knots! However we all cope with things at our own pace. I am reminded of the saying used among prisoners in jail. 'Either you do the time or the time does you.' I guess it means our attitude to whatever befalls us is always crucial without trying to be melodramatic about it or dismissive. I remember one of our psychology lecturers (of over thirty years experience) explained that stress is our reaction to a difficult situation. Situations are not stressful but our reaction to it brings stress. He argued so many times he had seen a number of people caught up in the same difficult situation, while some allowed anxiety to overtake them others remained calm and at peace. He said one thing is for sure - stress does not solve problems, but calm rational thoughts can. And to that we would add prayer. Let's keep on praying for one another.

Included are more examples of Saints who endured sickness.

Yours in Christ, Fr Anthony Girolami.

Saints Who Suffered Serious Illness Blessed Amadeus of Savoy

Married Layman (+1472) Feast: 30 March

The son of the duke of Savoy, Amadeus suffered attacks of epilepsy from childhood. He learned early to draw strength from daily Mass and regular prayer.

In 1451 or 1452, he married Yolande, to whom he had been betrothed since birth, and became governor of Piedmont. Mercy and compassion were the outstanding characteristics of his governorship. When his brother Philip, resenting Amadeus' position, attempted to wage war upon him, their father intervened and imprisoned Philip. Upon their father's death, Amadeus became duke and freed his brother.

A shrewd administrator, Amadeus managed his estates for the sake of the poor. Once, an ambassador visiting him boasted of his master's packs of hunting dogs. Amadeus took him to a veranda outside his palace, where he kept tables to serve the poor. "These are my packs and my hunting-dogs," he told the ambassador. "It is with the help of these poor people that I chase after virtue and hunt for the kingdom of heaven."

Throughout his life, Amadeus suffered from poor health. He tried to turn the administration of his estates over to Yolande, but his subjects revolted and even imprisoned him for a time. Amadeus died at the age of thirty-seven, having instructed his wife and children, "Be just. Love the poor and the Lord will grant peace to the whole length of the land."

Merciful Father, through the intercession of Blessed Amadeus of Savoy, help me to see the poor as you see them.

Saints Who Suffered Serious Illness Saint John Chrysostom

Bishop and Doctor (+ 407) Feast: 13 September

A native of Antioch, Syria, John was brought up by a widowed Christian mother. After studies in oratory and the law, he went for a few years into the mountains to fast and pray. He returned to become a priest in 386. His passionate preaching prompted his election as Bishop of Constantinople in 398.

John's eloquent homilies earned him his surname, Chrysostom, or "Golden-mouthed" - but they also raised the ire of the highest authorities. Angered by John's criticism of the excesses of the rich, Eudoxia, the emperor's wife, and Theophilus, the Bishop of Antioch, conspired against him. In 404, they had John exiled to the mountains in Armenia under full guard. Imprisoned in harsh conditions, John continued to write to his supporters, over a hundred of them. To Saint Olympias he admitted, "With a thousand contrivances I could not avoid the mischief the cold did me.... I used to suffer from continual vomiting, headache, disgust at food, and obstinate sleeplessness through the long, interminable nights." Though his sufferings were ever-present, John always spoke of them in the past tense.

In 407, John was ordered to Pityus, an even harsher spot. His guards force-marched him until they reached Comana in Pontus. At the chapel of Saint Basilicus, a priest gave John Communion. He died there, declaring, "Glory be to God for all things. Amen."

Compassionate Father, through the intercession of Saint John Chrysostom, let me know your certain presence in the midst of my pain.

