A THANK YOU PRAYER

O God, my Father, thank you for the world in which I live. Thank you for all the beautiful things in it; for all the interesting things in it. Thank you for the life which you have given me. Thank you for: My body to act My mind to think My memory to remember My heart to love. Thank you for giving me: So many things to enjoy So many things to learn So many things to do So many things to love. Help me never to do anything which would make the world uglier or people sadder. Help me always to add something to the world's beauty and to the world's joy.

ST. VINCENT DE PAUL PARISH PRAYER

Loving God, through St Vincent de Paul, we seek your guidance and constant protection, for our parish community. Gathered together as your people, we come as we are, to live out the Gospel message, in a faithfilled, welcoming and caring community. Grant us your help in our weakness, that we may proclaim to all, your abundant goodness. We praise and thank you for your gifts given freely, to share with one another. May we never lose faith in you and always strive to live, in a spirit of strength and gentleness. On our journey, may we be an example of your love, to those we meet. Loving God, Father, Son and Holy Spirit, may you always watch over us in all

PRAYER OF ST FRANCIS

Lord, make me an instrument of your peace. Where there is hatred let me sow love. Where there is injury pardon. Where there is doubt faith. Where there is despair hope. Where there is darkness light and where there is sadness joy. O Divine Master grant that I may not so much seek to be consoled as to console to be understood as to understand to be loved as to love. For it is in giving that we receive it is in pardoning that we are pardoned and it is in dying that we are born to eternal life. ********

Lord, I am sick and in pain but You are with me. I know that you love me. Help me to trust You and to know Your peace.

A PRAYER FOR TODAY

Everyday I need you, Lord, but this day specially, I need some extra strength to face whatever is to be ... This day more than any day I need to feel you near to fortify my courage and to overcome my fear. By myself I cannot meet the challenge of the hour. There are times when human creatures need a higher Power to help them learn what must be borne. And so, dear Lord, I pray hold on to my trembling hand and be with me today. *****

Let nothing disturb you. Let nothing afright you. All things are passing. God alone is changeless.

PRAYER OF SERVICE Lord, let nothing stop me from

we do. Amen.

doing what I ought to do, and being where I ought to be. Give me the grace to conquer: Laziness, which paralyses my mind and will and heart; Fear, which may deter me from taking a public stand about what I know ought to be said and done: Selfishness, which prevents me from caring for and sharing with others, even though I know how better off I am. Lord, I ask this grace for myself; I ask it, too, for my community and my nation. May despair not make us stop trying. May discouragement not make us give up. May pessimism not take away our hope. Give us the grace of perseverance and discipline; foresight and wisdom and true devotion of heart.

IN TIME OF SICKNESS

Father, let this suffering pass for me; Yet not my will but yours be done May you be blessed for ever. Jesus, Son of God, have mercy on me. With you I am nailed to the Cross Let my pains be mingled with yours for the saving of the world. Holy Spirit, comforter and consoler. heal what is sick in me Strengthen what is weak Sweeten what is sour and cranky Save me from depression and Self pity. Renew my courage;

bring me to pray with Jesus on

the Cross:

Father, into your hands,

I commend my spirit.

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