

**OUR LADY OF THE IMMACULATE CONCEPTION PARISH  
90 - 92 MONASH STREET, SUNSHINE 3020**

Tel: **94 01 63 44** Email: [sunshine@cam.org.au](mailto:sunshine@cam.org.au)  
Web: [www.pol.org.au/sunshine/Home.aspx](http://www.pol.org.au/sunshine/Home.aspx)



**Parish Office Hours:** Monday, Tuesday & Wednesday 10am-4.00pm;  
Friday 10am-3.00pm. Other times - we respond when able to.

**Sunday Masses:** *English* - Saturday 5.30pm, Sunday 9am, 10.30am, 5.30pm  
*Mass in other languages:* *Chin - Burmese* Sundays 2.30pm; *Tongan* TBC  
*Vietnamese* Saturday Vigil 7pm, Sunday 12.30pm, Friday 7pm  
**Mass Times:** Monday, Wednesday, Thursday & Saturday 9am; Friday 11am; Tuesday 7.30pm  
**Confessions:** Saturdays 9.30am (*English or Vietnamese*) **Novena:** Tuesday 8.00pm



**NOVENA TO OUR LADY OF PERPETUAL HELP - Started 1957.**

Many graces have been received through the powerful intercession of Mary. Very encouraging, even in the winter months to be so many in recent weeks

**Tuesdays: Mass 7.30pm Novena 8.00pm**

**MASS INTENTIONS 10 -17 June 2023**

Sat 5.30pm William Martin RIP  
John Shacklock RIP  
Sun 9.00am Angela & John Spiteri RIP  
Joseph Maria RIP  
10.30am *Pro Populo*  
5.30pm Michael Dam RIP  
Maria Dich RIP  
Mon 9.00am Joyce Tomlinson RIP  
Tues 7.30pm Parish Intention  
Wed 9.00am Parish Intention  
Thur 9.00am Parish Intention  
Fri 11.00am Beryl Morris RIP  
Sat 9.00am Joseph Maria RIP

**MASS EACH DAY  
this week at usual times**

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*“Come and rest  
awhile.”*



*Mark 6:31*

**You are  
invited to**

**come and spend some  
quiet time with Jesus in  
the Blessed Sacrament:**

**Fridays**

**12noon until 3pm.**

**DONATIONS** to support  
our parish SCAN this QR  
**Thank you!**



Week 3: June 17/18	5.30 pm	9.00 am	10.30 am	5.30 pm
Lectors	Michael Payne	Mary Rapa	Jannelli Campana	Celine Rivera
Extraordinary Ministers	Vickie Blampied	Vicki Sheridan	Anita Mastroianni	Filipino Choir
Data Projector	Connie Sposato	Antoinette Spiteri	Robert Turczyniak	Angie Ramat / Choir

**Word of the ‘Living Father’**

Scott Hahn Reflects on the Solemnity of the Body and Blood of Christ

Readings: *Deut 8:2-3, 14-16; Ps 147:12-15, 19-20; 1 Cor10:16-17; John 6:51-58*

**The Eucharist is given to us as a challenge and a promise. That’s how Jesus presents it in today’s Gospel.**

**He doesn’t make it easy for those who hear Him.** They are repulsed and offended at His words. Even when they begin to quarrel, He insists on describing the eating and drinking of His flesh and blood in starkly literal terms.

Four times in today’s reading, Jesus uses a Greek word—*trogein*—that refers to a crude kind of eating, almost a gnawing or chewing (see John 6:54, 56, 57, 58).

**He is testing their faith in His Word, as today’s First Reading describes God testing Israel in the desert.**

The heavenly manna was not given to satisfy the Israelites’ hunger, as Moses explains. **It was given to show them that man does not live by bread alone but by every word that comes from the mouth of God.**

In today’s Psalm, too, we see a connection between God’s Word and the bread of life. **We sing of God filling us with “finest wheat” and proclaiming His Word to the world.** In Jesus, “the living Father” has given us His Word come down from heaven, made flesh for the life of the world. **Yet, as the Israelites grumbled in the desert, many in today’s Gospel cannot accept that Word. Even many of Jesus’ own followers abandon Him after this discourse** (see John 6:66). **But His words are Spirit and life, the words of eternal life** (see John 6:63, 67). **In the Eucharist we are made one flesh with Christ.** We have His life in us and have our life because of Him. **This is what Paul means in today’s Second Reading when he calls the Eucharist a “participation” in Christ’s body and blood.**

We become in this sacrament partakers of the divine nature (see 1 Peter 2:4). **This is the mystery of the faith that Jesus asks us believe.** And He gives us His promise: that, sharing in His flesh and blood that was raised from the dead, we too will be raised up on the last day.



**We would like to invite you to a refresher on the**

**Catholic Faith**

Video & interactive learning evening once a week from **Wednesday 21 June.** and concluding on **9 August**

**Refresh your knowledge and learn more about God, the Sacraments and the Church.**

**REGISTER with the Parish Office - email [Sunshine@cam.org.au](mailto:Sunshine@cam.org.au)**



**Child Safety Reminders & Important notice for Parents**

- Please accompany your child if they need to leave the building.
- Please ensure you know where your child is if not beside you.

*Our Parish is committed to the care, wellbeing and protection of children and vulnerable people.*