

Rachel's Vineyard Retreat:

provides an opportunity to explore reconciliation with yourself, your unborn child and God.



Rachel mourns her children. She refuses to be consoled because her children are no more. The Lord says: 'Cease your cries of mourning. Wipe the tears from your eyes. The sorrow you have shown shall have its reward. There is hope for your future.'

(Jeremiah 31:15-17)

Some comments from those who have experienced a Rachel's Vineyard Retreat:

At last I have arrived at a haven. Here is a place of safety and healing. Comfort, safety, nurturing, respect – such respect – beauty and sacredness. In a harsh world that denies my experience of loss and closes out my need to heal; this retreat offers a pathway to God.

Helen

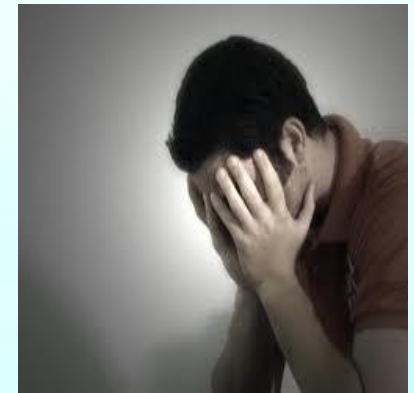


After a year of intense crisis and despair this retreat saved me. The most meaningful part for me was having a forum in which to express what was previously inexpressible, and have it met with love, understanding and acceptance.

Veronica

Abortion can be a traumatic experience in a person's life.

This includes the mother and father of the unborn child, close relatives and friends. All are welcome on the Retreat. Take the first step and call or email today.



Some Compassionate Words from Pope John Paul II

I would like to say a special word to women who have had an abortion.....

The wound in your heart may not yet have healed do not lose hope The Father of Mercies is ready to give you his forgiveness and his peace

Rachel's Vineyard Retreat

is a journey of spiritual healing to help women and men overcome the painful effects of an abortion experience.

The retreat offers a sanctuary in which to renew, rebuild and redeem hearts broken by abortion in a safe, supportive, confidential and non-judgmental environment.

The leaders include a highly trained team of facilitators, including a qualified counsellor, a spiritual guide and a priest.

Symptoms of post-abortion distress include:

- depression
- loss of self esteem
- self-blame
- anger
- emotional numbness
- guilt
- shame
- eating and sleeping disorders
- difficulties in relationships - including with God
- prolonged, unresolved grief

Rachel's Vineyard Retreat Ministries, Sydney offers:

- *Retreats*
- *Counselling*
- *Post Retreat Gatherings*

Contact Us

Call or SMS 0400 092 555

Email:

info@rachelvineyard.org.au

Website: rachelvineyard.org.au

Postal Address: 109 Lennox St.
Newtown NSW 2042

Further Information

Catholic Care Counselling

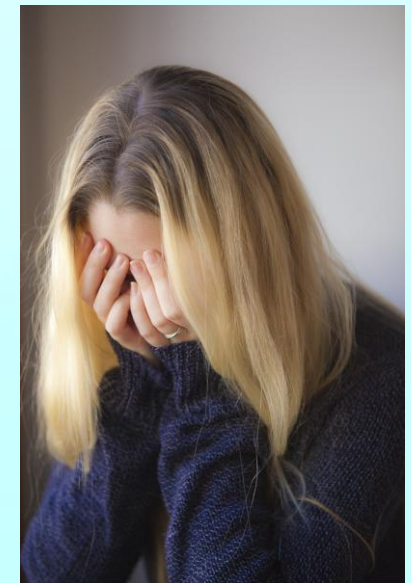
1800 063 510

How to Donate: To make a tax deductible donation to Rachel's Vineyard Retreat Ministries Sydney, please contact us for details.

Volunteers: If you are interested in this ministry please call or email.

Rachel's Vineyard Retreat

Healing Grief and Loss after Abortion



Website:

www.rachelvineyard.org.au