



Our Lady of Perpetual Help Parish Ringwood

14 Bedford Road, Ringwood 3134

Phone: (03) 9926 2330 After hours: 0468 589 039 Fr Dispin: 0413 683 153

Email: Ringwood@cam.org.au Web: www.pol.org.au/ringwood



Fifth Sunday in Ordinary Time

February 5 —Year A

Parish Information

Parish Priest

Fr Dispin John

Assisted by

Fr Michael Kelly CSsR

Fr Len Size (retired)

Deacon

Rev. Phil King

Philip.King@cam.org.au

Parish Catechist

Kaye Clancy

Pastoral Care Worker

Loredana Iacobucci

Parish Secretary

Janine Meades

Office hours

Mon, Tues, Fri 9:30-2:30

Weekend Mass Times

Saturday Vigil 5pm

Sunday 9:30am

Week Day Masses

Tuesday 6:00pm Mass and Novena

Thursday 9:15 am

Liturgy of the Word & Communion

Wednesday 9:15 am

Friday 9:15 am

Confessions

Thursday 9:45 am

Baptism

Please contact the office.

Weddings

Please contact the office.

Our Lady of Perpetual Help School

Principal: Jenny Rohan

admin@olringwood.catholic.edu.au

2 Wilana Street, Ringwood

98707227

Exploring the Word

Points of interest and Catholic lore

- In the ancient world, salt was absolutely essential. It was used not simply to season food or to add to its taste, but also as a preservative, enabling food to be stored and kept.
- At the time of Jesus, the main source of oil for lamps was the olive. A saucer-shaped lamp held the oil, and a wick, made of flax or a similar material, burned from a small opening on the rim. Such lamps were often placed in a niche in the walls of rooms.
- Lamp oil was a precious commodity. Once lit, a lamp was often placed high to give maximum illumination.
- Ancient cities were often built on hilltops so that they were easily defended against invaders and were visible for many miles around.

Making connections - Opportunities for personal prayer

- What aspects of your journey so far have been a 'light' to you?
- For whom are you a light?
- In what circumstances does your light shine best?
- Reflect on what it is in your life that gives you zest and flavour, and that preserves you. What guides your behaviour and gives you strength to keep going? What is 'salt' to you? Share your reflections.
- Identify one talent that you have and use it well and often this week. Let your light shine.
- Use a candle this week each time you pray.

Symbols and images

The people of Israel often described the Law of God as 'salt' because it gave zest and flavour to life and it preserved them as the people of God. Similarly, the Law was often compared to a light that showed them the path to God: 'Your word is a light to my feet and a lamp to my path' (Psalm 119:105). Jerusalem, the city on the hill, was a focal point and reminder of God's presence. Jesus gives a new focus to all these images when he applies them to those who hear his word and put it into practice. All Christians are called to be 'salt' and 'light', a 'city on the hill' giving witness to God's presence.

Please pray...

For those who are sick or suffering serious illness, their families and loved ones who care for them: Peter Harris, Diane Wood

For those who have died recently

For those whose anniversaries occur at this time: Theresa Tsang, Gaetano Gianni Tomada.

Readings

6th Sunday in Ordinary Time

Sir 15:15-20

Ps 118:1-2, 4-5, 17-18, 33-34

1 Cor 2:6-10

Mt 5:17-37

The Parish of Our Lady of Perpetual Help, Ringwood is committed to the safety, wellbeing and dignity of all children and vulnerable adults.

Parish Ministries February 4/5

Lectors

Saturday 5:00 pm

Sunday 9:30 am

Frank O'Connor

Julie Zaar

Extraordinary Ministers of Communion

Saturday 5:00 pm

Jennifer de Korte

Sunday 9:30 am

Jim Fuller

Bob Munro

Music Ministry

Saturday 5:00 pm

Laptop: Maureen Platt

Sunday 9:30 am

Our Lady's Singers

Laptop: Jos Vandersman

Outreach Pastoral Care Ministry

Dear Parishioners,

Pastoral care is available @ Our Lady's, if you or someone you know would like to have a chat, please don't hesitate to call me on 0423 313 336 or e-mail loredana.iacobucci@cam.org.au. God bless Loredana

Parish Catechist- Kaye Clancy

For sacramental preparations for those not attending the Parish School, please contact Kaye via email Kaye.clancy@cam.org.au

Children's Liturgy—Sunday 9:30am Mass

Each Sunday during the school term. All school age children are welcome to attend.

1st Sunday of the Month—February 5

Polish Mass 8:00am

4th Sunday of the Month—February 26

Zomi Community Mass 2:00pm.

Filipino Mass: 4:00pm

Morning Tea

Why not stay awhile and find someone you haven't met yet? A good way to grow our community after 9:30 mass.

February 5—Team 1

February 19—Team 2



2023 School Year

The staff and children returned to school this week for the 2023 school year. We welcome Jenny Rohan as School Principal.

Morning Tea after 9:30 Mass this week.

First one for the year. Stay and chat, have a catch up and enjoy a cuppa.

Anointing & Healing Mass—2nd March

There will be an Anointing and Healing Mass on the first Thursday of each month at 11:00am. Followed by morning tea.

2023 Sacramental Program

Applications for 2023 sacramental programs are open for those children not attending Our Lady's Parish School. Lessons for First Holy Communion begin on 21 February, Confirmation on 3rd May and first Reconciliation on 11 July. Contact Kaye Clancy via email ringwood.catechist@gmail.com

TRIUMPH Lenten Program 2023 Book

We have ordered copies of the Wollongong Lenten Program which will be available from the Piety Stall in the days leading up to Ash Wednesday (22 February).

Children's Liturgy

As the new school term begins we are refreshing the roster for people to lead Children's Liturgy at Sunday Mass. We are inviting people to join the team either as a leader or as an assistant. Please see Deacon Phil or Fr Dispin.

Fundraising Committee

We are preparing a fundraising campaign to raise money for new carpets in the church. If you would like to be on this committee please see Fr Dispin or Deakin Phil.

Stewardship Payments

Thank you to all those contributing to the upkeep of the parish through their stewardship pledges.

Over November/December the archdiocese transferred the Parish of Our Lady's to new platforms for the parish data base and the processing of direct debit and credit card payments which had been set up by the Parish Office. This has not been without some hiccups! Apologies to those parishioners who found that they had been charged twice. You should now have received your refund for the second payment.

If you are making direct debit or credit card payments set up by the Parish and elected to split payment between the presbytery and stewardship these are now displayed as two payments rather than one. If you have any questions please don't hesitate to call the office in office hours.

The changes do not affect payments set up by an individual.

Our Lady's Table Tennis

Feel like a game of table tennis? Come along by yourself or bring a friend or two and join in the fun on Monday 10-12 in the Parish Hall. Wear appropriate footwear. We provide equipment and a cuppa. You give us \$3 and energy. New players welcome.

New to the Parish?

Please fill out a parish census card available in the Narthex and return to the office. Also you might like to consider participating in the Stewardship Program—forms available.

Expired Working With Children Check

You do need a current WWCC to conduct any volunteer work in the parish. Please check your Working With Children... it may need to be renewed. If you are having difficulty renewing it online, you're welcome to come to the office and Janine can assist you.

Child Safety

The Child Safety Officers (in high-vis vests) should be a first point of contact for any concerns regarding child safety. Remember we ask that children be accompanied by a parent or older sibling when they leave the church to go to the toilet in the Narthex.

COVID Safety

Here is a timely reminder about the Parish COVID Safety Plan:

- * Hand sanitizer is available at the entrance and around the church.
- * Wearing face masks indoors is recommended but not compulsory.
- * We maintain safe distances where possible and appropriate.
- * Ministers of Holy Communion must sanitise hands and wear a face mask.

Receiving Holy Communion in the hand helps to maintain a safe distance and avoid direct transfer of pathogens.

Lourdes Mass

You are invited to attend the annual Lourdes Mass at St Patrick's Cathedral, on Saturday, 18th February 2023 at 10.30am.

This is a special occasion to pray for our sick, infirm and elderly and those who care for them.

The principal celebrant will be Archbishop Peter A Comensoli.

Everybody attending will receive a gift pack containing water from the grotto at Lourdes, rosary beads and prayer resources.

CatholicCare Victoria Sunday Appeal

Next weekend is the CatholicCare Victoria Sunday Appeal. As our parish's social service agency, CatholicCare Victoria delivers over 60 programs and services including counselling and mental health services, specialised support for children and teens, refugee and asylum seeker help, pastoral care in hospitals and prisons, support for separating families, social housing and homelessness support. Donations from our parish community help CatholicCare Victoria support the most vulnerable individuals and families in our community and empower everyone to live life to the full. Please donate to the CatholicCare Victoria Sunday Appeal. Your support and generosity will help provide caring support for people when they are at their most broken. You can donate using the appeal envelope available (available this weekend to return next week) or online at www.catholiccarevic.org.au or call (03) 9287 5513.



Help provide caring support for people when they are at their most broken.

CatholicCare VICTORIA **Sunday Appeal**

DONATE TODAY
www.catholiccarevic.org.au
(03) 9287 5513

PRAYER LINE MINISTRY @ OUR LADY'S

"Pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people." Ephesians 6:18

"Pray for one another, that you may be healed" (James 5:16).

For prayer requests, please call Loredana 0423 313 336 or contact the Parish Office.

God is speaking to us

Dear God, We thank you for your goodness, your mercy and your grace. Help us to carry these wonderful gifts in our own hearts and lives.

May we minister these to all the world.

In Jesus' name, I pray.

Amen.

1 Our Father

3 Hail Mary

1 Glory



Stewardship Corner

“Let your light shine before others, that they may see your good works and give glory to your Father who is in heaven.” MATTHEW 5:16

The generosity of being a good steward of your gifts has a positive effect on people and it is contagious! Good works encourages more good works. Generosity is a by-product of a grateful lifestyle. The more we recognize God’s gifts, the more we want to share them. Good stewards recognize that God is working through them and they don’t put themselves above the people they have been called to help.

Supporting the Parish

Through the Stewardship Program, parishioners are asked to pledge a weekly/monthly amount to the upkeep of the parish. This allows the parish to pay utility bills, insurance premiums, Archdiocese levies, purchase church supplies and pay staff wages. This amount is given as the “Thanksgiving Offering” and placed in the appropriate envelope or given as a direct debit.

The ‘Presbytery Offering’ along with any loose cash contributes to the support of the Parish Priest. A percentage of the Presbytery collection is also required to be sent quarterly to the Archdiocese.

To become part of the Stewardship Program, please contact the office for further information on how this can be done or click the link below to take you to CDFPAY and choose how you wish to support the parish.

to support our parish click [HERE](#).

Please nominate where you wish your support to go.

Parish Meetings

Parish Pastoral Council: First Wednesday of Month

Parish Finance Council:

Safeguarding Committee: Third Wednesday of Month

Sharing from St. John’s Parish Mitcham

Phone: 03 9401 6366 or 0402 330 128

Email: Mitcham@cam.org.au

Website: www.stjohnsmitcham.com.au

Weekday Masses

Tuesday, Wednesday, Friday: 10:00a.m.

Weekend Mass Times

Sat Vigil 6pm, Sun 8:30am, 9:45am, 11:15am, 5pm

Venue hire– St Johns

Call Manuela at St John’s Parish Office for more information.

<https://stjohnsmitcham.com.au/venue-hire>

Christian Meditation

We meditate fortnightly. You are most welcome to join us. No experience needed. Free of charge. If you are interested in deepening your spirituality, or want to strengthen your connection to God, you must try this. To indicate your interest or for any enquiries: Chris Ryan at the Parish Office, 9401 6366. Or simply turn up on the night. Looking forward to seeing you!

House of Books

Finished your ‘to be read pile’! Looking for a good book to read? Visit the House of Books, located at 508 Whitehorse Rd, Mitcham, next to St. John’s Church.

All books, CD’s and DVD’s have been donated and there are books for every taste, including fiction and non-fiction and an extensive children’s section. Prices generally range from \$1-\$5. The Bookshop is open from 10am to 4pm Monday to Friday and 10am to 1pm on Saturdays.

St Vincent de Paul

For welfare enquiries please call Vinnies on 1800 305 330 Mon-Fri 10am –3pm

Piety Stall Opened:

After 5:00pm Mass Saturday night and after 9:30 am Mass Sunday.

Before and after the Zomi and Filipino Masses held on 4th Sunday of the Month.

If we do not have what you are looking for, please advise, we are more than happy to order requests.