



# Our Lady of Perpetual Help Parish Ringwood

14 Bedford Road, Ringwood 3134

Phone: (03) 9926 2330 After hours: 0468 589 039 Fr Dispin: 0413 683 153

Email: [Ringwood@cam.org.au](mailto:Ringwood@cam.org.au) Web: [www.pol.org.au/ringwood](http://www.pol.org.au/ringwood)



## Sixth Sunday of Easter

22 May 2022—Year C

### Parish Information

#### Parish Priest

Fr Dispin John

Assisted by

Fr Michael Kelly CSsR

Fr Len Size (retired)

#### Deacon

Rev. Phil King

[Philip.King@cam.org.au](mailto:Philip.King@cam.org.au)

#### Parish Catechist

Kaye Clancy

#### Parish Secretary

Janine Meades

Office hours

Mon, Tues, Fri 9:30-2:30

#### Normal Weekend Mass Times

Saturday Vigil 5pm

Sunday 9:30am

#### Week Day Masses

Thursday 9:15 am

#### Liturgy of the Word & Communion

Wednesday 9:15 am

Friday 9:15 am

#### Confessions

Thursday 9:45 am

#### Baptism

Please contact the office.

#### Weddings

Please contact the office.

#### Our Lady of Perpetual Help School

Acting Principal: Lis Thompson

[admin@olringwood.catholic.edu.au](mailto:admin@olringwood.catholic.edu.au)

2 Wilana Street, Ringwood

98707227

### Exploring the Word

#### Points of interest and Catholic lore

- The meaning of the word advocate is 'one who is summoned to help another'.
- Another term commonly used for the Holy Spirit is Paraclete, which comes from a Greek term meaning 'called to the side of' and so has the same meaning as advocate.
- In the Hebrew Scriptures, peace was one of the distinguishing marks of the time of the Messiah—a time when swords would be made into ploughshares (Isaiah 2:4) and the wolf would live with the lamb (Isaiah 11:6). Jesus' gift of peace confirms that he is the longed-for Messiah.

#### Making connections- Opportunities for personal prayer

- 'Do not let your hearts be troubled or afraid.' What aspects of life frighten you?
- How do you experience the 'peace the world cannot give'?
- Reflect back on a period in your life when you were anxious, troubled or afraid. How did the situation resolve itself? In what ways did you experience a sense of peace after the turmoil? Share your reflections with others.
- Try to stand up for someone this week who may be in need of a defender. Take on the role of an advocate. Alternatively, you could try to bring the gift of peace to someone whose heart is troubled or afraid.

This week, use today's prayer after Communion:

Almighty and ever living God,  
who restore us to eternal life in the Resurrection of Christ,  
increase in us we pray, the fruits of the paschal Sacrament  
and pour into our hearts the strength of this saving food.

#### Symbols and images

In the gospels, Jesus promises many times to send the Holy Spirit to be a guide and a help to his followers after his ascension. What do you think the role of the Holy Spirit is in the life of the Church today and in your own life?

#### Please pray...

For those who are sick or suffering serious illness, their families and loved ones who care for them, especially Ron Snell and our parishioners who are currently suffering with Covid.

For those who have died recently:

For those whose anniversaries occur at this time:  
Cyril Antao, Theresa Tsango & Peter Chu

#### Readings Next Week

##### The Ascension of the Lord

Acts 1:1-11

Ps 46:2-3, 6-9

Eph 1:17-23

Lk 24:46-53

**The Parish of Our Lady of Perpetual Help, Ringwood is committed to the safety, wellbeing and dignity of all children and vulnerable adults.**

### Parish Ministries

**May 21/22**

#### Lectors

Saturday 5:00 pm	Jennifer Tolcher
	Matt Giuliano
Sunday 9:30 am	Lyn Crane
	Jim Fuller

#### Special Ministers

Saturday 5:00 pm	Diane Wood
	Margaret Roper
Sunday 9:30 am	Jim Corcoran
	Paula Corcoran
	Tess Repalust

#### Music Ministry

Saturday 5:00 pm	Christian Laptop: Maureen Platt
Sunday 9:30 am	Our Lady's singers Laptop: Bob Munro

### Parish Catechist- Kaye Clancy

For sacramental preparations for those not attending the Parish School, please contact Kaye via email

### Children's Liturgy—Sunday 9:30am Mass

Each Sunday during the school term. All school age children are welcome to attend.

### First Saturday of the Month—June 4

#### Devotion to Our Mother Of Perpetual Help

8:45am - Rosary and personal prayers  
9:00am - Confession  
9:15am - Mass and immediately after Mass, Novena

### 1st Sunday of the Month—June 5

Polish Mass 8:00am

### 4th Sunday of the Month—May 22

Zomi Community Mass 2:00pm.

Filipino Mass: 4:00pm

### Church Security

It has been brought to my attention that on occasions the church door has been found unlocked. If you are the last to leave please check the doors to ensure they are locked. Thankyou.

### Church Alarm

As of Monday the church will be actively alarmed. If you are the first person to open up you need to enter your code and E when you arrive. **Have your code ready and be quick!** Don't forget to ARM it when you leave. Instructions are above the keypad. Have a key but haven't received a code? You need to call Janine in office hours please.

### Parish Council Vacancies

Nominations are invited for two vacancies on the Parish Council. If you or someone you know are interested in joining the parish council please speak to Fr Dispin, Deacon Phil or any member of the present council: Brendan Prendergast, Lyn Bolton, Frances Cassidy, Brian Du Bois, Ron Prendergast, Ingrid Scott. Nomination forms are available in the church and are to be submitted by Sunday 29th May. If more than two nominations are received then an election will be held in June.

### Carpark

Please observe the speed limit of 5kms especially when entering the carpark as this ensures the safety of everyone particularly those using the disabled parks.

### Have You Lost Something?

The box for lost property has been placed in the Narthex, please check to see if anything in there belongs to you.

### SVDP: Request for donated food.

With food items rising in price, families are struggling. Please donate the following: Cereal, tins of soup, pasta sauce, rice, tins of fruit, tea or coffee, tuna, beans, any non-perishable food is gratefully accepted. With your donations of food, you are helping SVDP to distribute food to the needy and we thank you for that.

### Laptop Operators—Volunteers Required

Here is another opportunity to have greater involvement in the Liturgy. We need people who would be happy to run the Power-Point on the laptop during Mass. Training will be provided if necessary. Call Bob Munro on 0424 212 420

### Our Lady's Table Tennis

Feel like a game of table tennis? Then the Time Out group is just what you need. Come along to the Church Hall each Monday from 10-12. Wear appropriate footwear and bring your vaccine certificate. We provide equipment and a cuppa. You give us \$3 and energy. New players welcome.

### Next Lectio Divina

Lectio is on each Monday and repeated the following Tuesday morning. Any questions phone Frances 0404 054 425 or Vincent 0400 808 545 or email [francescassidy7@hotmail.com](mailto:francescassidy7@hotmail.com)

Join the meeting either:

- By phone (no computer required). Dial (03) 7018 2005 and enter meeting ID 874 5456 9315 when prompted. When you are asked for a passcode take the second option, and wait for the meeting host to let you in.
- By computer, use this link: [https://us02web.zoom.us/j/87454569315?](https://us02web.zoom.us/j/87454569315?pwd=NWZxTHo1Y2lGdldPSk55MHJsSWgzQT09)  
[pwd=NWZxTHo1Y2lGdldPSk55MHJsSWgzQT09](https://us02web.zoom.us/j/87454569315?pwd=NWZxTHo1Y2lGdldPSk55MHJsSWgzQT09)

### Working With Children Check

All volunteers are required to have an up-to-date Working With Children Check that is registered with the parish. If your WWCC has expired then you must renew it before undertaking any volunteer activities.

### Child Safety

The Child Safety Officers (in high-vis vests) should be a first point of contact for any concerns regarding child safety. Remember we ask that children be accompanied by a parent or older sibling when they leave the church to go to the toilet in the Narthex.

### Heart of Life Programs

**'Tending Our Winter Heart: Live-in Weekend Retreat', Friday 10 June, 4pm - Sun 12 June, 4pm.**

We invite you to a contemplative retreat where you will have the opportunity to spend some personal, quality time with yourself in the quiet and beautiful surrounds of The Holy Name Retreat & Spirituality Centre in Cheltenham VIC. Time is offered for personal space and reflection, within a supportive environment, as well as spiritual direction if you wish. Limited rooms for couples are available. Led by Heart of Life supervisors and spiritual directors, Carole Carmody rsm and Marlene

McGrath. Cost \$300 including accommodation and catering. Enquiries to Heart of Life Centre for Spiritual & Pastoral Formation, email [secretary@heartoflife.melbourne](mailto:secretary@heartoflife.melbourne), or tel (03) 9890 1101 or book and pay via [www.heartoflife.melbourne](http://www.heartoflife.melbourne)

### Spiritual Nourishment for Carers Thursday 16 June & 21 July 2022, 1pm-4pm

(via Zoom or in-person, according to personal circumstances) (Carole Carmody rsm, Cathy Beaton) \$30 per session  
*'Rest and self-care are so important.*

*When you take time to replenish your spirit, it allows you to serve from the overflow.*

*You cannot serve from an empty vessel.'* (Eleanor Brown)

Carers live with profound beauty amidst the challenges of daily life. We offer these reflection/retreat days to you, a carer who may need support, a place of welcome and some nurturing.

Take some time out for yourself, if you are able, and join us for one or both of these reflection days. Each day is offered as an oasis. You will have the space and time to be silent, reflect, with the opportunity to share if you wish. We invite you to re-energise your mind and replenish your spirit. Depending on the group, a further retreat day can be arranged.

### This week on the Journey (Ep 459)

On the Journey this week: Fr Anthony Crook says all the Easter gospels have been leading us towards the imminent return of the glorified Jesus to the Father; today Jesus gives us his peace and promises the Advocate. Mother Hilda on how music triggers all sorts of memories for us. Plus, Fr Mike Delaney, Cathy Jenkins, Pete Gilmore, and more great music! Visit [www.jcr.org.au](http://www.jcr.org.au) or [www.itunes.jcr.org.au](http://www.itunes.jcr.org.au)

### Parish Meetings

Parish Pastoral Council: First Wednesday of Month  
Parish Finance Council: Thursday 26 May 7:30pm  
Safeguarding Committee: Third Wednesday of Month

### Special Collection—Catholic Mission May 21/22

Envelopes are available.

## BRING HOPE TO NEELA AND HER FAMILY

This week Catholic Mission offers us the opportunity to be part of a life-changing program which aims to help prevent malnutrition, especially in babies and young children, and help disadvantaged families provide food for their loved ones.

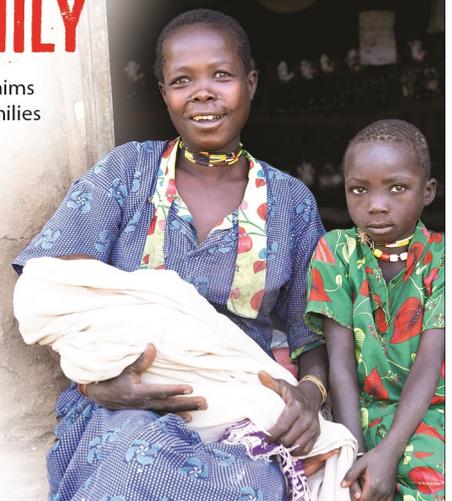
The Deberety Goat Rearing Centre is a dream of the local Church and community in Emdibir. When established, the Centre aims to provide nutritious goats milk for families in need, like Neela\*, so that babies like Ajani\* can be healthy and strong.

Please give generously today to help kickstart this life-giving program by using the appeal envelope provided, going online at [catholicmission.org.au/ethiopia](http://catholicmission.org.au/ethiopia), or scanning the QR code. Your gift will also help many other similar Church-run mission programs around the world.

\*Name altered to protect identity



Freecall: 1800 257 296  
[catholicmission.org.au/ethiopia](http://catholicmission.org.au/ethiopia)



### Stewardship Corner

"...Do not let your hearts be troubled or afraid." (JOHN 14:27)

Our limited human understanding cannot begin to understand the immense power of God. Instead of trusting in God, we often think we can control every outcome. Do you want to make God laugh? Tell Him your plans. The next time worry, anxiety or fear creeps in, thank God for all He has given you and trust that He has a better plan for you. Make God your first choice and not your last resort.

### Supporting the Parish

Through the Stewardship Program, parishioners are asked to pledge a weekly/monthly amount to the upkeep of the parish. This allows the parish to pay utility bills, insurance premiums, Archdiocese levies, purchase church supplies and pay staff wages. This amount is given as the "Thanksgiving Offering" and placed in the appropriate envelope or given as a direct debit.

The 'Presbytery Offering' along with any loose cash contributes to the support of the Parish Priest. A percentage of the Presbytery collection is also required to be sent quarterly to the Archdiocese.

To become part of the Stewardship Program, please contact the office for further information on how this can be done or click the link below to take you to CDFPAY and choose how you wish to support the parish.

to support our parish click [HERE](#).

Please nominate where you wish your support to go.

### St Vincent de Paul

For welfare enquiries please call Vin-nies on 1800 305 330 Mon-Fri 10am – 3pm

### Piety Stall

Opened after 5pm Mass Saturday night and after 9.30 am Mass Sunday.

If we do not have what you are looking for, please advise, we are more than happy to order requests.

### Sharing from St. John's Parish Mitcham

Phone: 03 9401 6366 or 0402 330 128

Email: [Mitcham@cam.org.au](mailto:Mitcham@cam.org.au)

Website: [www.stjohnsmitcham.com.au](http://www.stjohnsmitcham.com.au)

#### Weekday Masses

Tuesday, Wednesday, Friday: 10:00a.m.

#### Weekend Mass Times

Sat Vigil 6pm, Sun 8:30am, 9:45am, 11:15am, 5pm

#### Venue hire– St Johns

Call Manuela at St John's Parish Office for more information.

<https://stjohnsmitcham.com.au/venue-hire>

#### Christian Meditation

We meditate fortnightly. You are most welcome to join us. No experience needed. Free of charge. If you are interested in deepening your spirituality, or want to strengthen your connection to God, you must try this. To indicate your interest or for any enquiries: Chris Ryan at the Parish Office, 9401 6366. Or simply turn up on the night. Looking forward to seeing you!

#### House of Books

Finished your 'to be read pile'! Looking for a good book to read? Visit the House of Books, located at 508 Whitehorse Rd, Mitcham, next to St. John's Church.

All books, CD's and DVD's have been donated and there are books for every taste, including fiction and non-fiction and an extensive children's section. Prices generally range from \$1-\$5.

The Bookshop is open from 10am to 4pm Monday to Friday and 10am to 1pm on Saturdays.

#### A Message from Aid to the Church in Need Australia

ACN has launched its "Helping form the Priests of Tomorrow" global campaign. For 75 years, the benefactors of *Aid to the Church in Need* have generously supported the formation of seminarians. In fact, some of these men now serve as priests in Australia today! At the current time, ACN is supporting some 15,000 seminarians on the path to the priesthood.

Please read and reflect on their stories and discern to help us, spiritually and financially, to form the priests of tomorrow. These young men never cease to pray for the benefactors who assisted them on their journey. Thank you in advance for whatever you can do.

Visit [www.aidtochurch.org/seminariansglobal](http://www.aidtochurch.org/seminariansglobal)