



# Our Lady of Perpetual Help Parish Ringwood

14 Bedford Road, Ringwood 3134

Phone: (03) 9926 2330 After hours: 0468 589 039 Fr Dispin: 0413 683 153

Email: [Ringwood@cam.org.au](mailto:Ringwood@cam.org.au) Web: [www.pol.org.au/ringwood](http://www.pol.org.au/ringwood)



## The Ascension of the Lord

29 May 2022—Year C

### Parish Information

#### Parish Priest

Fr Dispin John

Assisted by

Fr Michael Kelly CSsR

Fr Len Size (retired)

#### Deacon

Rev. Phil King

[Philip.King@cam.org.au](mailto:Philip.King@cam.org.au)

#### Parish Catechist

Kaye Clancy

#### Parish Secretary

Janine Meades

Office hours

Mon, Tues, Fri 9:30-2:30

#### Normal Weekend Mass Times

Saturday Vigil 5pm

Sunday 9:30am

#### Week Day Masses

Thursday 9:15 am

#### Liturgy of the Word & Communion

Wednesday 9:15 am

Friday 9:15 am

#### Confessions

Thursday 9:45 am

#### Baptism

Please contact the office.

#### Weddings

Please contact the office.

#### Our Lady of Perpetual Help School

Acting Principal: Lis Thompson

[admin@olringwood.catholic.edu.au](mailto:admin@olringwood.catholic.edu.au)

2 Wilana Street, Ringwood

98707227

### Exploring the Word

#### Points of interest and Catholic lore

- The Gospel of Luke opens with Zechariah praying in the temple and closes with the disciples praying in the temple. The temple plays a critical role in Luke's account of the public life of Jesus.
- While the fact of Jesus' ascension to the Father is mentioned several times in the New Testament (Mark 16:19; John 6:62; John 20:17, Ephesians 4:8–10), only Luke describes the event itself, both in his gospel and in the Acts of the Apostles.
- Bethany is a small town not far from Jerusalem, just over the Mount of Olives. It was the hometown of Mary, Martha and Lazarus.
- The nine days between the ascension and Pentecost that the disciples spent in praying together gave rise to the 'novena', a devotional practice of praying in a particularly focused way for a special intention over nine consecutive days.

#### Making connections- Opportunities for personal prayer

- What has the Father promised to you?
- How do you feel since you 'were clothed with power from on high' at the Easter ceremonies?
- 'You are witnesses to this.' Try to define what it is that you are called to give witness to. In what ways can you attest to the truth of that?
- This gospel tells the story of the closing of one era and the opening up of another. What experiences have you had of the closing off of one chapter of your life and the opening of another? Share your stories.
- Live joyfully this week. Try to bring joy to others. Practise continually praising God in all the small actions of your day.
- Today's entrance antiphon is suitable as a prayer for this week: You kingdoms of the earth, sing to God; praise the Lord who ascends to the highest heavens; his majesty and might are in the skies, alleluia.

#### Symbols and images

Luke's Gospel is sometimes known as 'the gospel of joy'. Joyfulness and rejoicing are constant motifs and familiar reactions to the revelation of Jesus as the Christ. The extent to which we live in union with Christ allows us to participate already in the joy of heaven that is promised to us.

#### Please pray...

For those who are sick or suffering serious illness, their families and loved ones who care for them, and our parishioners who are currently suffering with Covid.

For those who have died recently

For those whose anniversaries occur at this time

#### Readings Next Week

##### Pentecost Sunday

Acts 2:1-11

Ps 103:1, 24, 29-31, 34

1Cor 12:3-7, 12-13

or

Rom 8:22-27

Jn 20:19-16

or

Jn 14: 15-16, 23-26

**The Parish of Our Lady of Perpetual Help, Ringwood is committed to the safety, wellbeing and dignity of all children and vulnerable adults.**

### Parish Ministries

May 28/29

#### Lectors

Saturday 5:00 pm John Noronha

Sunday 9:30 am Allan Jones  
Kathy Munro

#### Special Ministers

Saturday 5:00 pm

Sunday 9:30 am

#### Music Ministry

Saturday 5:00 pm  
Laptop: Royal Castellino

Sunday 9:30 am  
Zomi Choir  
Laptop: Zomi Choir

### Parish Catechist- Kaye Clancy

For sacramental preparations for those not attending the Parish School, please contact Kaye via email  
Kaye.clancy@cam.org.au

### Children's Liturgy—Sunday 9:30am Mass

Each Sunday during the school term. All school age children are welcome to attend.

### First Saturday of the Month—June 4

#### Devotion to Our Mother Of Perpetual Help

8:45am - Rosary and personal prayers

9:00am - Confession

9:15am - Mass and immediately after Mass, Novena

### 1st Sunday of the Month—June 5

Polish Mass 8:00am

### 4th Sunday of the Month—June 26

Zomi Community Mass 2:00pm.

Filipino Mass: 4:00pm

### Pentecost Sunday Cuppa.



Why not stop for a cup of tea or coffee after 9.30 Mass next Sunday 5th June. An opportunity to make yourself known to some one new.

### Police Checks

In accordance with the policy of the Archdiocese, over the coming weeks we will be renewing police checks for some of the parish volunteers. This affects those who visit the vulnerable and those responsible for parish finances. See Deacon Phil if you have any questions.

### Church Security

It has been brought to my attention that on occasions the church door has been found unlocked. If you are the last to leave please check the doors to ensure they are locked. Thankyou.

### Church Alarm

As the church is now actively alarmed, if you are the first person to open up you need to enter your code and E when you arrive. **Have your code ready as you only have 60 seconds!** Don't forget to ARM it when you leave. Instructions are above the keypad. Janine is happy to take anybody through the process preferably on a Monday or Tuesday. Have a key but haven't received a code? You need to call Janine in office hours please.

### Parish Council Vacancies—Nominations Close Sunday

Nominations are invited for two vacancies on the Parish Council. If you or someone you know are interested in joining the parish council please speak to Fr Dispin, Deacon Phil or any member of the present council: Brendan Prendergast, Lyn Bolton, Frances Cassidy, Brian Du Bois, Ron Prendergast, Ingrid Scott. Nomination forms are available in the church and are to be submitted by Sunday 29th May. If more than two nominations are received then an election will be held in June.

### Carpark

Please observe the speed limit of 5kms especially when entering the carpark as this ensures the safety of everyone particularly those using the disabled parks.

### Have You Lost Something?

The box for lost property has been placed in the Narthex, please check to see if anything in there belongs to you.

### SVDP: Request for donated food.

With food items rising in price, families are struggling. Please donate the following: Cereal, tins of soup, pasta sauce, rice, tins of fruit, tea or coffee, tuna, beans, any non-perishable food is gratefully accepted. With your donations of food, you are helping SVDP to distribute food to the needy and we thank you for that.

### Laptop Operators—More Volunteers Welcome

Happy to run the PowerPoint on the laptop during Mass? Here is your chance to volunteer. Training will be provided if necessary. Call Bob Munro on 0424 212 420

### Our Lady's Table Tennis

Feel like a game of table tennis? Then the Time Out group is just what you need. Come along to the Church Hall each Monday from 10-12. Wear appropriate footwear and bring your vaccine certificate. We provide equipment and a cuppa. You give us \$3 and energy. New players welcome.

### Next Lectio Divina

Lectio is on each Monday and repeated the following Tuesday morning. Any questions phone Frances 0404 054 425 or Vincent 0400 808 545 or email [francescassidy7@hotmail.com](mailto:francescassidy7@hotmail.com)

Join the meeting either:

- By phone (no computer required). Dial (03) 7018 2005 and enter meeting ID 874 5456 9315 when prompted. When you are asked for a passcode take the second option, and wait for the meeting host to let you in.
- By computer, use this link: <https://us02web.zoom.us/j/87454569315?pwd=NWZxTHo1Y2lGdldPSk55MHJsSWgzQT09>

### Working With Children Check

All volunteers are required to have an up-to-date Working With Children Check that is registered with the parish. If your WWCC has expired then you must renew it before undertaking any volunteer activities.

### Child Safety

The Child Safety Officers (in high-vis vests) should be a first point of contact for any concerns regarding child safety. Remember we ask that children be accompanied by a parent or older sibling when they leave the church to go to the toilet in the Narthex.

### Heart of Life Programs

#### 'Tending Our Winter Heart: Live-in Weekend Retreat', Friday 10 June, 4pm - Sun 12 June, 4pm.

We invite you to a contemplative retreat where you will have the opportunity to spend some personal, quality time with yourself in the quiet and beautiful surrounds of The Holy Name Retreat & Spirituality Centre in Cheltenham VIC. Time is offered for personal space and reflection, within a supportive environment, as well as spiritual direction if you wish. Limited rooms for couples are available. Led by Heart of Life supervisors and spiritual directors, Carole Carmody rsm and Marlene McGrath. Cost \$300 including accommodation and catering. Enquiries to Heart of Life Centre for Spiritual & Pastoral Formation, email [secretary@heartoflife.melbourne](mailto:secretary@heartoflife.melbourne), or tel (03) 9890 1101 or book and pay via [www.heartoflife.melbourne](http://www.heartoflife.melbourne)

#### Spiritual Nourishment for Carers Thursday 16 June & 21 July 2022, 1pm-4pm

(via Zoom or in-person, according to personal circumstances with *Carole Carmody rsm, Cathy Beaton*) \$30 per session

'Rest and self-care are so important.

When you take time to replenish your spirit, it allows you to serve from the overflow.

You cannot serve from an empty vessel.'

(Eleanor Brown)

Carers live with profound beauty amidst the challenges of daily life. We offer these reflection/retreat days to you, a carer who may need support, a place of welcome and some nurturing. Take some time out for yourself, if you are able, and join us for one or both of these reflection days. Each day is offered as an oasis. You will have the space and time to be silent, reflect, with the opportunity to share if you wish. We invite you to re-energise your mind and replenish your spirit.

Depending on the group, a further retreat day can be arranged.

### Parish Meetings

Parish Pastoral Council: First Wednesday of Month

Parish Finance Council:

Safeguarding Committee: Third Wednesday of Month

## BRING HOPE TO NEELA AND HER FAMILY

Thank you so much for your generous partnership with life-changing mission programs like the establishment of the Deberety Goat Rearing Centre in Emdibir, Ethiopia.

Your gift is helping the Church and the local community work towards constructing the Centre, supplying feed and veterinary medication, and procuring goats to provide nutritious milk to help address problems like malnutrition in babies and children. Your gift also supports mission programs around the world that reach out and give life to those in most need.

To learn more about the impact of your support, visit [catholicmission.org.au/our-work](http://catholicmission.org.au/our-work), where you can also sign up for our regular newsletter. If you missed your opportunity to learn about this vital mission program, or wish to contribute again, please go to [catholicmission.org.au/ethiopia](http://catholicmission.org.au/ethiopia) or scan the QR code below today.



Freecall: 1800 257 296  
[catholicmission.org.au/ethiopia](http://catholicmission.org.au/ethiopia)



### Stewardship Corner

"I am the Alpha and the Omega, the first and the last, the beginning and the end." (REVELATIONS 22:13)

This is a reminder of how we should live our lives 24 hours a day, 7 days a week – putting God first in all that we do. Not only when I am at Mass and parish activities, but when I am in the world, at work or at school. Living gratefully and generously is an intentional lifestyle. Every decision you make either moves you closer to God or farther away. Choose wisely!

### Supporting the Parish

Through the Stewardship Program, parishioners are asked to pledge a weekly/monthly amount to the upkeep of the parish. This allows the parish to pay utility bills, insurance premiums, Archdiocese levies, purchase church supplies and pay staff wages. This amount is given as the "Thanksgiving Offering" and placed in the appropriate envelope or given as a direct debit.

The 'Presbytery Offering' along with any loose cash contributes to the support of the Parish Priest. A percentage of the Presbytery collection is also required to be sent quarterly to the Archdiocese.

To become part of the Stewardship Program, please contact the office for further information on how this can be done or click the link below to take you to CDFPAY and choose how you wish to support the parish.

to support our parish click [HERE](#).

Please nominate where you wish your support to go.

### St Vincent de Paul

For welfare enquiries please call Vin-nies on 1800 305 330 Mon-Fri 10am – 3pm

### Piety Stall

Opened after 5pm Mass Saturday night and after 9.30 am Mass Sunday.

If we do not have what you are looking for, please advise, we are more than happy to order requests.

### Sharing from St. John's Parish Mitcham

Phone: 03 9401 6366 or 0402 330 128

Email: [Mitcham@cam.org.au](mailto:Mitcham@cam.org.au)

Website: [www.stjohnsmitcham.com.au](http://www.stjohnsmitcham.com.au)

#### Weekday Masses

Tuesday, Wednesday, Friday: 10:00a.m.

#### Weekend Mass Times

Sat Vigil 6pm, Sun 8:30am, 9:45am, 11:15am, 5pm

#### Venue hire– St Johns

Call Manuela at St John's Parish Office for more information.

<https://stjohnsmitcham.com.au/venue-hire>

#### Christian Meditation

We meditate fortnightly. You are most welcome to join us. No experience needed. Free of charge. If you are interested in deepening your spirituality, or want to strengthen your connection to God, you must try this. To indicate your interest or for any enquiries: Chris Ryan at the Parish Office, 9401 6366. Or simply turn up on the night. Looking forward to seeing you!

#### House of Books

Finished your 'to be read pile'! Looking for a good book to read? Visit the House of Books, located at 508 Whitehorse Rd, Mitcham, next to St. John's Church.

All books, CD's and DVD's have been donated and there are books for every taste, including fiction and non-fiction and an extensive children's section. Prices generally range from \$1-\$5.

The Bookshop is open from 10am to 4pm Monday to Friday and 10am to 1pm on Saturdays.

### Volunteer Opportunity Assisting Refugee Students

**Mercy Connect Melbourne/Mercy Works Ltd.** is currently recruiting volunteers to academically support Refugee and Asylum Seekers in Primary and Secondary schools across the Melbourne Archdiocese and also adult centre. Experience working in an educational setting is preferred but not limited to. Please contact Sr. Mary Lewis RSM for an application form and further information. The training day is in July.

Email: [somml@bigpond.com](mailto:somml@bigpond.com) (preferred for contact) Website: [www.mercyworks.org.au](http://www.mercyworks.org.au) Tel: 9326 1895