



Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied:

'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you. Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day. For my flesh is real food and my blood is real drink. He who eats my flesh and drinks my blood lives in me and I live in him. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me. This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.'

The Gospel of the Lord
Praise to you Lord Jesus Christ

Reflection by Fr Michael Tate

When I was a boy (is it so long ago?) it was still the rule at Mass that only the priest drank from the chalice. One of the great actions of the Church over the last fifty years has been the recovery of the ancient practice of offering Holy Communion under the appearance of both bread and wine.

The reception of both the consecrated bread and the consecrated wine is in perfect harmony with today's Gospel: 'Anyone who does eat my flesh and drink my blood has eternal life.' Note the present tense: 'has' – right now! This is because, as St John Paul II put it: 'We digest, as it were, the secret of the Resurrection.'

Of course, Our Risen Lord is really present under the appearance of either the bread or the wine. For a Jew, (unlike the Greeks) the *body* was absolutely core to being the person one is. For a Jew, *blood* was identified as the life-force of any animal. So, for the Jewish Jesus, to say 'This is my body... this is my blood' was to gift us his core identity, his deepest vitality. Either the consecrated blood or consecrated wine gives us His whole life.

But to receive both the Heavenly Bread and the Spiritual Drink does enable us to more fully respond to Our Lord at the Last Supper: 'Take, eat ... take, drink'. Then the words of today's Gospel can more physically resonate in our own bodies: 'He who eats my flesh and drinks my blood lives in me and I in him.'

We could take a moment to pray in thanksgiving that we are able to join in the tradition starting with the Apostles at the Last Supper and, in doing so, to enter into Holy Communion with the only One who can embody in us the secret of His resurrection.

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ST MARTIN DE PORRES Catholic Parish Avondale Heights

Today's Celebration is on pages:
 Old Missal: 599 New: 674



Twentieth Sunday in Ordinary Time, Year B 19 August 2018

First Reading Prv 9:1-6

Come and eat my bread; drink the wine I have prepared.

Wisdom has built herself a house, she has erected her seven pillars, she has slaughtered her beasts, prepared her wine, she has laid her table. She has despatched her maidservants and proclaimed from the city's heights: 'Who is ignorant? Let him step this way.' To the fool she says, 'Come and eat my bread, drink the wine I have prepared! Leave your folly and you will live, walk in the ways of perception.'

The Word of the Lord

Thanks be to God

Responsorial Psalm

Ps 33:2-9. R. v.9

(R.) Taste and see the goodness of the Lord.

1. I will bless the Lord at all times, his praise always on my lips; in the Lord my soul shall make its boast. The humble shall hear and be glad. (R.)
2. Revere the Lord, you his saints. They lack nothing, those who revere him. Strong lions suffer want and go hungry but those who seek the Lord lack no blessing. (R.)
3. Come children, and hear me that I may teach you the fear of the Lord. Who is he who longs for life and many days, to enjoy his prosperity? (R.)

4. Then keep your tongue from evil and your lips from speaking deceit. Turn aside from evil and do good; seek and strive after peace. (R.)

Second Reading Eph 5:15-20

Be watchful that you may know the will of God.

Be very careful about the sort of lives you lead, like intelligent and not like senseless people. This may be a wicked age, but your lives should redeem it. And do not be thoughtless but recognise what is the will of the Lord. Do not drug yourselves with wine, this is simply dissipation; be filled with the Spirit. Sing the words and tunes of the psalms and hymns when you are together, and go on singing and chanting to the Lord in your hearts, so that always and everywhere you are giving thanks to God who is our Father in the name of our Lord Jesus Christ.

The Word of the Lord

Thanks be to God

Gospel Acclamation Jn 6:56

Alleluia, alleluia!

All who eat my flesh and drink my blood live in me and I in them, says the Lord.

Alleluia!

Gospel Jn 6:51-58

My flesh is real food and my blood is real drink.

Jesus said to the crowd:

'I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

St Martin de Porres Parish

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The Augustinian Sisters

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E-mail: spinelli@bigpond.net.au
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NEW PARISHIONERS

We welcome you and ask that you make yourself known to us by completing this form and leaving it in the collection basket.

First Name: _____

Surname: _____

Phone No. _____

Address: _____

PARISH SUPPORT PROGRAMME (Thanksgiving):

If you would like to join our programme please take a brochure from the foyer or call the Parish Office.

IN OUR PRAYERS

SICK

Cynthia Viscarra; Iola Bevilacqua; Christine Cortez; Leanne Cargeg; Anna Giunta; Milagros Abelgas; Francesca Catania (Malta); Antonio Castro; Reynaldo Salvador; Maximino Salvador Jnr; Tom Lonergan; Elaine Groves; Giuseppa Bonanno; Rowena Melegrito; Buck Dela Cruz; Calixta Malalang.

RECENTLY DECEASED

Patricia Douglas; Peter Kenny (Cairns); Sr Dionisia Manchè (Italy); Sr Clementina Anello (Italy); Veneranda Soccio; Fr John Francis Van Suylen; Vincent Castaldo; Maria Gervasi; Ljuba Nizic (Herzegovina); Rosina Pisano; Ignatius Raymond; Maria Mejak; Josephine Carmuciano; Rolando Villar; Sylvia Savona; Eric Carmuciano; Sr Eileen Sheehy; Caterina Gazzara; Peter Murphy.

ANNIVERSARIES & REMEMBRANCES

Ida Paderno (1st); Giuseppe Maccarrone (1st); Domenico Imbesi (1st); Tess Xureb; Louis Tudor; Mary Duffy; Eamon Hickey; Margaret Virgona, Aniceta Zornosa Esmaquel; Gaetano Vitagliano; Joseph, Giovanna & Emmanuel Buhagiari; Richard Cerezo; Anna, Grace & Salvatore Mazzurco; Frank Giunta; Caterina Tran Van; Zoran Romich; Giovanni Martello; Paul & Sofia Perconte; Adriana Donato; Carmelo Attana; Giuseppe Visalli; Pierangela Giansiracusa; Joseph Sammut; Charlie Sciberras; Maria & Giovanni Gulizia; Victor Apap; Victor Micallef; Remo Gentile; Joseph Giusti; Felix, Paul, Carl & Tony Galea; Dominic Cumbo; Francis, Bernarda, Joseph & Consiglia Grima; Emmanuel, Teresa, Menu & Tonina Sammut; Carmelo & Rita De Bono; Francesco & Mary Falzon; Maria Moore.

WEEKDAY MASSES

MONDAY	No Mass
<i>Devotion to Divine Mercy (English)</i>	2:30pm
TUESDAY	9:15am
WEDNESDAY	9:15am
<i>Followed by short Adoration & Benediction</i>	
THURSDAY	9:15am
FRIDAY	9:15am

MASS TIMES

SATURDAY	
Vigil	6:00pm
SUNDAY	
English	8:00am, 9:30am
Italian	11:00am
Vietnamese	12:30pm

RECONCILIATION

Wednesday: 9:45am Saturday: 5:30pm

COLLECTIONS LAST WEEKEND

PARISH SUPPORT PROGRAMME:

Pledged: \$3004 Received: \$2854 Shortfall: \$150
Presbytery: \$1402 Loose: \$830

20th ANNIVERSARY OF FR NHÀN TO THE PRIESTHOOD

Celebration Mass 6pm Saturday 25th August followed by refreshments in the hall. Please bring food to share.

ROSTERS FOR NEXT WEEK

Flower pick up: S Pherdy
Flower Arranging: R Delac, G Condro
Sacristy: Volunteer Please
Hospital Communion: Team 3: P Gallo, A Oddo, J Vella
M Iudica, A Rametta

CELEBRATIONS THIS WEEKEND

BAPTISM

Babies Samuel Vinci & Michael Tran, Anthony Tran

CONFIRMATION

Presentation of Confirmation Certificates at 6:00pm & 9:30am Masses.

Please remember these children in your prayers

May our children flourish!

OUR COMMUNITY - WHAT'S NEWS!

SEEKING VOLUNTEERS

Please contact Parish Office if you are able to assist with the following:

READERS & EXTRAORDINARY MINISTERS FOR MASSES

Are needed, training will be provided for all.

COMMUNION TO THE HOUSEBOUND

Extraordinary Ministers are needed to take Communion to the housebound on a regular basis.

READING MATERIAL

Melbourne Catholic Magazine – includes a tribute to Archbishop Emeritus Denis Hart and a welcome to Archbishop Peter Comensoli. \$4

JOBS AVAILABLE

Fitters for blinds and security doors needed. Factories are located in Melton & Epping. Contact the Parish Office for more information.

2018/19 ENTERTAINMENT BOOKS NOW AVAILABLE

Great Fathers Day Gift. Available in hard copy or digitally from the Parish Office. Receive over \$20,000 in valuable offers for \$70. Pays for itself in as little as 2 uses. Expires 1st June, 2019.

NOTICEBOARD/WIDER COMMUNITY

CHRISTIAN MEDITATION/ PRAYER OF THE HEART



Beginners and experienced meditators welcome! Sessions: 10am-11am Thursday 23rd Aug. & 11th Oct. No meetings in Sept. Contact Clara Rizzi on 0403 153 346 for more information

SOUTHERN STARS SOCIAL CLUB:

Southern Stars is a friendly social club for single Catholics, aged between 20-60 years old. Over 28's Party, Saturday 18th August, 8:00pm, Benedict House, Central Ave, Burwood. \$13 includes supper & lucky door prizes. For more info see notice board or contact:

Peter 9885 2167 (A/H) or sscc.online@gmail.com

NO PLACE LIKE HOME – Celebrating Refugee Journeys

St Bernard's College Auditorium Wednesday 29th August 7:30-9:00pm. RSVP: www.sbcsjn.com See flyer on noticeboard.

WESTERN SPIRITUALITY IN THE PUB – PLENARY 2020

Tuesday 11th September 7pm, Italia Club, Furlong Rd, Sunshine. Presented by Cathy Jenkins, the Director of the Archbishop's Office for Evangelisation.

ST. MICHAEL'S SCHOOL NORTH MELBOURNE

Celebrating 150 Years Sunday 16th September

10:15am Mass. Open school and activities 11am to 2pm.

Contact for more details: Ph: 9329 9206 or email principal@smnthmelbourne.catholic.edu.au

PRAYER FOR LIFE

Saturday 25th August, Commencing with Mass at 9:00am at Sacred Heart Church Carlton, followed by Eucharistic Adoration then join us for a Rosary Procession to Parliament House. See Flyer for details.

PILGRIMAGE TO THE HOLY LANDS OF JORDAN & ISRAEL: Escorted by Fr Tony Kerin 1st – 15th May 2019

Spend Easter Season in the Holy Land. See noticeboard for more information or pick up a flyer from the foyer.

PALMS: Volunteers needed

Palms Australia places skilled volunteers in remote communities around the world, to facilitate people co-operating across cultures to achieve a just, sustainable, interdependent and peaceful world free of poverty. We offer long-term overseas volunteer placements, short term group trips, and training. Go to www.palms.org.au/volunteer for more information.

INVEST IN THE CDF COMMUNITY FUND



CDF provides loans to support and help build Catholic Communities. Pick up a brochure in the foyer for more details.

CATHOLIC CARE:



CatholicCare is the social service agency of the Catholic Archdiocese of Melbourne and the Diocese of Sale, with the vision for a stronger, more inclusive society - where everyone can reach their potential and live life to the full. Visit www.ccam.org.au for more information.

THE JOURNEY CATHOLIC RADIO PROGRAMME

WEEKLY COMMUNICATION Weekly Gospel readings and wonderful contributions from amazing people.

www.jcr.org.au or www.itunesjcr.org.au