

Gospel Jn 6:41-51

I am the living bread come down from heaven.

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other.

'No one can come to me unless he is drawn by the Father who sent me,

and I will raise him up at the last day.

It is written in the prophets:

They will all be taught by God,

and to hear the teaching of the Father, and learn from it,

is to come to me.

Not that anybody has seen the Father, except the one who comes from God: he has seen the Father.

I tell you most solemnly,

everybody who believes has eternal life.

I am the bread of life.

Your fathers ate the manna in the desert and they are dead;

but this is the bread that comes down from heaven,

so that a man may eat it and not die.

I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever;

and the bread that I shall give

is my flesh, for the life of the world.'

The Gospel of the Lord

Praise to you Lord Jesus Christ



Reflection by Fr Michael Tate

Your mother and my mother, carrying her baby in the womb for nine months, effectively said: 'Take, eat, this is my body.' A mother able to breastfeed continues this communion as she offers her body to give life to her child.

Our Lord Jesus Christ adopts maternal language to express his deepest desire for us! He gives us his risen and glorified Humanity: 'Take, eat, this is my body', and a sort of life-giving mutual indwelling occurs: 'Those who eat my flesh and drink my blood abide in me and I in them.' This is as intimate as a baby dwelling in the womb of its mother. As St Paul put it in a different context, 'In Him we live and move and have our being.'

The Saviour of the World, the Conqueror of Death, dwells in my body and I dwell in his glorified body. This gives us 'eternal life' which is not something which begins after death, but is simply a label for Our Lord's Divinehuman life which we can share right now. However, because it is the life of the Conqueror of Death it will certainly impel us beyond the grave: 'The one who eats this bread will live forever.'

We could take a moment to pray to more fervently realise and take advantage of the fact that, at every Mass, we can respond to the invitation to come forward to Holy Communion so as to be enwombed in the maternal Christ.

mtate@bigpond.com

ST MARTIN DE PORRES

Catholic Parish

Avondale Heights

Today's Celebration is on pages:

Old Missal: 595 New: 670



Nineteenth Sunday in Ordinary Time, Year B

12 August 2018

First Reading 1 Kgs 19:4-8

Strengthened by the food, he walked to the mountain of the Lord.

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'Lord', he said 'I have had enough. Take my life: I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

The Word of the Lord

Thanks be to God

Responsorial Psalm

Ps 33:2-9. R. v.9

(R.) Taste and see the goodness of the Lord.

1. I will bless the Lord at all times, his praise always on my lips; in the Lord my soul shall make its boast. The humble shall hear and be glad. (R.)
2. Glorify the Lord with me. Together let us praise his name. I sought the Lord and he answered me; from all his terrors he set me free. (R.)

3. Look towards him and be radiant; let your faces not be abashed. This poor man called; the Lord heard him and rescued him from all his distress. (R)

4. The angel of the Lord is encamped around those who revere him, to rescue them. Taste and see that the Lord is good. He is happy who seeks refuge in him. (R.)

Second Reading Eph 4:30-5:2

Walk in love, just as Christ.

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.

Try, then, to imitate God, as children of his that he loves, and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

The Word of the Lord

Thanks be to God

Gospel Acclamation Jn 6:51

Alleluia, alleluia!

I am the living bread from heaven, says the Lord;

whoever eats this bread will live for ever.

Alleluia!

St Martin de Porres Parish

158 Military Rd, Avondale Heights Vic 3034

Website: www.cam.org.au/avondaleheights

Parish Priest: Fr. Nhàn Le
Secretary: Paula McKernan
Pastoral Assoc: Sr. Cres Villas, asjm
Sr. Dianne Mai
Sr. Connie Mamo, asjm (Vol)
Phone: 9337 6016
Fax: 9337 1943
E-mail: avondaleheights@cam.org.au

St Martin de Porres School

School Principal: Mr. Mark Williams
Secretaries: Mary Carmuciano
Maria Aloe
Phone: 9331 9000
Fax: 9337 1919
E-mail: principal@smavondaleheights.catholic.edu.au

The Augustinian Sisters

Convent: 2 Venice Court,
Avondale Heights
Phone: 9337 4595
E-mail: spinelli@bigpond.net.au
Website: www.asjmoz.org

NEW PARISHIONERS

We welcome you and ask that you make yourself known to us by completing this form and leaving it in the collection basket.

First Name: _____

Surname: _____

Phone No. _____

Address: _____

PARISH SUPPORT PROGRAMME (Thanksgiving):

If you would like to join our programme please take a brochure from the foyer or call the Parish Office.

IN OUR PRAYERS

SICK

Iola Bevilacqua; Christine Cortez; Leanne Cargeg; Anna Giunta; Milagros Abelgas; Francesca Catania (Malta); Antonio Castro; Reynaldo Salvador; Maximino Salvador Jnr; Tom Lonergan; Elaine Groves; Giuseppa Bonanno; Rowena Melegrito; Buck Dela Cruz; Calixta Malalang.

RECENTLY DECEASED

Sr Dionisia Manchè (Italy); Sr Clementina Anello (Italy); Veneranda Soccio; Fr John Francis Van Suylen; Vincent Castaldo; Maria Gervasi; Ljuba Nizic (Herzegovina); Rosina Pisano; Ignatius Raymond (Monica Soccio's father-in-law); Maria Mejak (Clara Rizzi's mother); Josephine Carmuciano; Rolando Villar; Sylvia Savona; Eric Carmuciano (husband of Mary at St Martin's School); Sr Eileen Sheehy; Caterina Gazzara; Peter Murphy (Veronica Dovey's Brother).

ANNIVERSARIES & REMEMBRANCES

Martha Phung Thi Thi; Anthony Kim; Frank Papparone; Anna, Grace & Salvatore Mazzurco; Frank Giunta; Caterina Tran Van; Zoran Romich; Giovanni Martello; Paul & Sofia Perconte; Adriana Donato; Carmelo Attana; Giuseppe Visalli; Pierangela Giansiracusa; Joseph Sammut; Charlie Sciberras; Maria & Giovanni Gulizia; Victor Apap; Victor Micallef; Remo Gentile; Joseph Giusti; Felix, Paul, Carl & Tony Galea; Dominic Cumbo; Francis, Bernarda, Joseph & Consiglia Grima; Emmanuel, Teresa, Menu & Tonina Sammut; Carmelo & Rita De Bono; Francesco & Mary Falzon; Maria Moore.

WEEKDAY MASSES

MONDAY	No Mass
<i>Devotion to Divine Mercy (English)</i>	2:30pm
TUESDAY	9:15am
WEDNESDAY <i>Feast of the Assumption</i>	9:15am
	7:00pm
<i>Adoration & Benediction after morning Mass</i>	
Rosary & Funeral Mass Vincent Castaldo	11:00am
THURSDAY	9:15am
FRIDAY	9:15am

MASS TIMES

SATURDAY	
Vigil	6:00pm
SUNDAY	
English	8:00am, 9:30am
Italian	11:00am
Vietnamese	12:30pm

RECONCILIATION

Wednesday: 9:45am Saturday: 5:30pm

COLLECTIONS LAST WEEKEND

PARISH SUPPORT PROGRAMME:

Pledged: \$3004 Received: \$2657 Shortfall: \$347
Presbytery: \$1286 Loose: \$592

20th ANNIVERSARY OF FR NHÀN TO THE PRIESTHOOD

Celebration Mass 6pm Saturday 25th August followed by refreshments in the hall. Please bring food to share.

ROSTERS FOR NEXT WEEK

Flower pick up: S Pherdy
Flower Arranging: A Hickey
Sacristy: M Moretti
Hospital Communion: Team 2: Young Vinnies

CELEBRATIONS THIS WEEKEND

WELCOME
Baby Samuel Vinci
FIRST EUCHARIST
Celebrated at 6pm Mass this Saturday. Please pray for these children from St Martin's School and RE classes.
FEAST OF ST GAETAN
Mass this Sunday 12th Aug 2pm followed by procession and celebration in the hall. Everyone welcome.

May our children flourish!

OUR COMMUNITY - WHAT'S NEWS!

SEEKING VOLUNTEERS

Please contact Parish Office if you are able to assist with the following:

READERS & EXTRAORDINARY MINISTERS FOR MASSES

Are needed, training will be provided for all.

COMMUNION TO THE HOUSEBOUND

Extraordinary Ministers are needed to take Communion to the housebound on a regular basis.

READING MATERIAL

Melbourne Catholic Magazine – includes a tribute to Archbishop Emeritus Denis Hart and a welcome to Archbishop Peter Comensoli. \$4

JOBS AVAILABLE

Fitters for blinds and security doors needed. Factories are located in Melton & Epping. Contact the Parish Office for more information.

2018/19 ENTERTAINMENT BOOKS NOW AVAILABLE

Available in hard copy or digitally from the Parish Office. Receive over \$20,000 in valuable offers for \$70. Pays for itself in as little as 2 uses. Expires 1st June, 2019.

NOTICEBOARD/WIDER COMMUNITY

AVE MARIA COLLEGE: Applications for Year 7 in 2020 close **this Friday 17th August** 2018. Find out more by visiting our website at www.avemaria.vic.edu.au

ST. COLUMBA'S COLLEGE Enrolment Year 7 2020

Applications close **this Friday 17th August**. Download application form at www.columba.vic.edu.au or email registrar@columba.vic.edu.au to request a prospectus.

CHRISTIAN MEDITATION/ PRAYER OF THE HEART



Beginners and experienced meditators welcome! Sessions: 10am-11am Thursday 23rd Aug. & 11th Oct. No meetings in Sept.

Contact Clara Rizzi on 0403 153 346 for more information

SOUTHERN STARS SOCIAL CLUB:

Southern Stars is a friendly social club for single Catholics, aged between 20-60 years old. Over 28's Party, Saturday 18th August, 8:00pm, Benedict House, Central Ave, Burwood. \$13 includes supper & lucky door prizes. For more info see notice board or contact: Peter 9885 2167 (A/H) or sscc.online@gmail.com

NO PLACE LIKE HOME – Celebrating Refugee Journeys

St Bernard's College Auditorium
Wednesday 29th August 7:30-9:00pm
RSVP: www.sbcsin.com See flyer on noticeboard.

WESTERN SPIRITUALITY IN THE PUB – PLENARY 2020

Tuesday 11th September 7pm
Italia Club, Furlong Rd, Sunshine
Presented by Cathy Jenkins, the Director of the Archbishop's Office for Evangelisation.

ST. MICHAEL'S SCHOOL NORTH MELBOURNE

Celebrating 150 Years Sunday 16th September
10:15am Mass. Open school and activities 11am to 2pm.
Contact for more details: Ph: 9329 9206 or email principal@smnthmelbourne.catholic.edu.au

PILGRIMAGE TO THE HOLY LANDS OF JORDAN & ISRAEL: Escorted by Fr Tony Kerin 1st – 15th May 2019

Spend Easter Season in the Holy Land. See noticeboard for more information or pick up a flyer from the foyer.

PALMS: Volunteers needed

Palms Australia places skilled volunteers in remote communities around the world, to facilitate people co-operating across cultures to achieve a just, sustainable, interdependent and peaceful world free of poverty. We offer long-term overseas volunteer placements, short term group trips, and training. Go to www.palms.org.au/volunteer for more information.

INVEST IN THE CDF COMMUNITY FUND



CDF provides loans to support and help build Catholic Communities. Pick up a brochure in the foyer for more details.

CATHOLIC CARE:



CatholicCare is the social service agency of the Catholic Archdiocese of Melbourne and the Diocese of Sale, with the vision for a stronger, more inclusive society - where everyone can reach their potential and live life to the full. Visit www.ccam.org.au for more information.

THE JOURNEY CATHOLIC RADIO PROGRAMME

WEEKLY COMMUNICATION Weekly Gospel readings and wonderful contributions from amazing people.
www.jcr.org.au or www.itunesjcr.org.au