



**Sacred Heart / Emmaus Parish  
St Albans/Sydenham Western Plains Deanery**



Parish Priest: Fr. Maurie Cooney

**SIXTH SUNDAY IN ORDINARY TIME —YEAR C  
13TH FEBRUARY, 2022**

**DETAILS**

**PARISH**  
**Address:** 4 Winifred Street, St Albans 3021  
**Phone:** 9366 2146 **Fax:** 9366 9876  
**Email:** stalbans@cam.org.au  
**Website:** [pol.org.au/stalbanssydenham](http://pol.org.au/stalbanssydenham)

**Parish Secretary/Admin/Finance:**  
Chris Nash/Lorraine Stafford

**Office Hours:**  
Monday—Thursday 9:30am—4:00pm

**Mass Times:**  
**Sacred Heart**  
 Tuesday—Friday 7.30am  
 Saturday 9.00am, 5.00pm  
 Sunday 7.30am, 10.30am  
 Sunday Polish 9.00am  
 Slovene 2nd Sunday of month at 5.00pm

**Emmaus Church**  
 Saturday 6.30pm  
 Sunday 9.00am

**Sacrament of Reconciliation:**  
**Sacred Heart** English Saturday 10.30am  
 Maltese every 4th Saturday 4.00pm

**Baptism:** Eight weeks notice is required.

**Marriage:** Four months noticed required.

**Appointments:** Please call the Parish Office on 93662146 if you wish to speak to the Priest.

**NEW COVID-SAFE  
RESTRICTIONS**

**Masks are now obligatory in all indoor settings: this includes our churches**  
**Check-in – QR code or manually is mandatory at all Masses**

**See Page 2 of this newsletter for full details**

**MASS is available through  
STREAMING and TV**

**See Page 2 of this Newsletter for ways to view Mass on TV, online and via YouTube**

**READINGS**

This week: First Reading: Jer 17:5.8      Second Reading: 1 Cor 15:12, 16-20      Gospel: Lk 6:17. 20-26  
 Next Week: First Reading: Sm 26:2. 7-9. 12-13. 22-23      Second Reading: 1 Cor 15:45-49      Gospel: Lk 6:27-38

**REFLECTION**

**The ‘Beatitudes’ – a further view**

We are given Luke’s version of Jesus’ Beatitudes (“Blessed are those who …”) Jesus. Here is another version:

Blessed are those who can laugh at themselves; they will always have entertainment.  
 Blessed are those who can distinguish between a mountain and a molehill; they will save themselves a lot of trouble.  
 Blessed are those who can rest and sleep without looking for excuses; they will become wise.  
 Blessed are those who are intelligent enough not to take themselves too seriously; they will be appreciated.  
 Blessed are you if you can look seriously at small things and peacefully at serious things; you will go far in life.  
 Blessed are you if you can admire a smile and forget a scowl; your path will be sunlit.  
 Blessed are you if you can always interpret the attitudes of others with good will, even when appearances are to the contrary; you may seem naive, but that is the price of charity.  
 Blessed are those who think before acting and who laugh before thinking; they will avoid foolish mistakes.  
 Blessed are you if you know how to be silent and smile, even when you are interrupted, contradicted or walked on; the gospel is beginning to take root in your heart.  
 Blessed are you especially if you know how to recognise the Lord in all those you meet; you have found the true light, true wisdom.

*(Fr Joseph Folliet)*

**IMPORTANT MESSAGE**

If you would like to receive the weekly ‘Parish Update’ emailed to you, please send your email address to the Parish: [stalbans@cam.org.au](mailto:stalbans@cam.org.au)

**St Mary of the Cross MacKillop**

“Value your crosses as the most precious presents from a good and loving God”. - Mary MacKillop 26th February 1890  
 (Check out Mary MacKillop noticeboard outside on the verandah)

# PARISH UPDATE

## NEW COVID-SAFE REGULATIONS

**COVID restrictions now allow our churches to be open for Mass and all church services, “with no capacity limits or density limits”. Bookings are not required.**

**For all Masses, everyone is required to record their presence in the foyer (by QR or manually).**

**“Masks are now obligatory in all indoor settings”: this includes our churches**

**See below for information for accessing Mass on TV and online.**

**The schedule for our Masses this weekend 8th/9th January 2022 is:**

### SATURDAY/SUNDAY MASSES:

Sacred Heart Church	Saturday	5.00pm	
Sacred Heart Church	Sunday	7.30am	
Sacred Heart Church	Sunday	9.00am <b>POLISH</b>	
Sacred Heart Church	Sunday	10.30am	

Emmaus Church	Saturday	6.30pm	
Emmaus Church	Sunday	9.00am	

### Other Options/Alternatives to view Mass

**Mass for You at Home, (MFYAH)**, which up till now had been produced in the studios of Channel Ten, now has a new base in the Diocese of Wollongong (NSW). The Mass is celebrated in St John Vianney Co-Cathedral, Wollongong. It shows at 6.00am Sundays on Channel Ten and is repeated multiple times a day on Foxtel’s Aurora channel.

Importantly for those who have become used to Mass being ‘streamed’, this Sunday Mass is also available on demand on Channel Ten’s platform [www.tenplay.com.au/mfyah](http://www.tenplay.com.au/mfyah).

The Mass is also available on Wollongong’s YouTube channel which can be accessed on [www.massforyou.com.au](http://www.massforyou.com.au) as well as the Diocesan website, [www.dow.org.au](http://www.dow.org.au). There are also links to it on the Diocesan Facebook page and the MFYA Facebook page.

Channel 31 (usually found at ‘44’ on digital TV’s) 11.00am Sundays from St Patrick’s Cathedral or **online at:** <https://melbournecatholic.org.au/Mass> at 1.00pm on weekdays, and at 11.00am on Sundays

**online at:** <http://bit.ly/MassOnDemand> (continuous daily from Lavender Bay Parish, Sydney)

## WE REMEMBER IN OUR PRAYERS

**RECENT DEATHS:** Manuel Joe da Costa Rodrigues; Laurence Camenzuli; Zdzislaw Joe Sujecki; Aaron D'Souza; Pat Love; Robert Rosic; Alfred Portelli; Alec D'Souza; Pero Klisanin; Sergio Uran; Teresa Bongiorno; Aubrey Roberts; Martin Dernan.

**ANNIVERSARIES:** Antonia Demicoli; Tony Camilleri, Guza Schembri, Mena Agius, Leli Cassar; Angela Xeureb; Leli, Carmelo, Mary, Joseph & Grace Pulis; Tony & Jane Dalli, Rose Pulis. Richard Xerri; Lewis, Paul & Joe Psaila, Sam & Luke Cassar, Margaret Borg; Zoe & Joseph Camilleri, Arthur & Lina Mattocks; Mary Agius Benac; Silvo & Janina Simcic, Anthony Agius; Sam & Mary Tabone, Pauline Bajada; Freddy David; Rita Aquilina; Michael & Jane Saliba & Mary Barbuto; Carmelo Galea; Zorka Komarac; Paul Aquilina, Nickolina, Nicholas Bonello, Pauline & Joseph Aquilina; John Coleiro, Antonio Lancian &, Joe Giacotto; Charlie Camilleri & Zaren Aquilina; Teresa Andriade; Elizabeth & Massu Micallef; Fr Joshua Peter, Joe, Mario & Charlie Muscat; Tony, Joseph Kelina & Seguna Family, Joseph, Josephine & Bonnici family; Rita Bugeja; Paul, Frances & Maria Portelli & Angie Azzopardi; Peter & Mary D'Souza; Katica Jakic; Cuduvico Martinez, Gregorio Ferrer; Maxima & Eulalia Martinez; Burjore Anthony Patel; Joseph & Maria Orsini, Cecilia & Frank Cordina, John Fenech, Randolph & Nicole Tucker.

## OUR PASTORAL, SOCIAL & SCHOOL EVENTS

### **\*IMPORTANT MESSAGE\***

#### **THANKSGIVING CONTRIBUTIONS**

Thank you to all who are continuing to support our Parish's financial commitments: the bills keep coming in!

For Parishioners who contribute to the Parish with Envelopes, there is a new way for you to continue your contribution directly:

- Payments can be made online using a computer
- Payments require a Credit Card or Debit Card with VISA or MASTERCARD

All these contributions will go directly into our Parish account. To get started:

- go to our Parish website:  
<http://pol.org.au/stalbanssydenham/Home.aspx>
- click on the link **THANKSGIVING SACRED HEART/EMMAUS** on the left of the home page
- select the amount you want to contribute to keep up your regular contribution
- in the "Comment" section, enter your name and envelope number

We continue to thank our Debit/Credit card contributors who are so important to our Parish.

- **OR You can also deliver your Thanksgiving Envelopes to the letterbox at Sacred Heart church—it's secure and cleared frequently;**
- **OR You can 'store up' you Envelopes and bring them when we're allowed to gather again.**

#### **CHAPLAINCY APPEAL 2022**

This weekend is the Chaplaincy Appeal. Donations from our parish community will help the Chaplaincy programs to support the most vulnerable people in our community.

Your support and generosity will ensure that Catholic Chaplains can continue to be the messengers of God's mercy, love and compassion. Parishioners are encouraged to offer prayers and financial support to help provide continued spiritual and emotional comfort to individuals and families in Victoria facing loneliness, illness, pain, grief and death.

You can donate using the envelopes available or online at [www.catholiccarevic.org.au](http://www.catholiccarevic.org.au) or call (03) 9287 5513.

#### **Our Parish is re-building our Ministry Teams**

'Ministry' expresses that it is 'we the people' who give life to our Parish.

'Ministry' is our involvement together in the mission of the Church – "to carry forward the work of Christ".

To renew your participation in Ministry, or to commence your participation in Ministry, go to the 'Application Forms' page on our Parish website:

<http://pol.org.au/stalbanssydenham>

- you will see the many Ministries of our Parish
- you will see the procedures that are required to
- 'renew' and to 'commence' involvement in Ministry.

Your participation in Ministry gives life to the gospel of Jesus – being lived in action!

#### **HELP FOR AN UNHAPPY HOME**

Is someone's drinking causing you sleepless nights, frustration, confusion or anxiety? Al-Anon Family Groups (for adults) and Alateen (for teenagers) may be of help to you. (Note: Alateen meetings are currently held online).

Learn about the disease of alcoholism by attending a confidential meeting in your community.

Further information: [www.al-anon.org.au](http://www.al-anon.org.au)

Helpline: 1300 252 666

### **CHILD SAFETY POLICY**

*Sacred Heart/Emmaus Parish is committed to the care, wellbeing and protection of children, young people and people at risk in our community. The Parish takes a zero-tolerance approach to child abuse and upholds that child protection and the dignity of every person is the responsibility of every adult.*