



**Sacred Heart / Emmaus Parish  
St Albans/Sydenham Western Plains Deanery**



Parish Priest: Fr. Maurie Cooney

**EIGHTH SUNDAY IN ORDINARY TIME —YEAR C  
27TH FEBRUARY, 2022**

**DETAILS**

**PARISH**  
**Address:** 4 Winifred Street, St Albans 3021  
**Phone:** 9366 2146 **Fax:** 9366 9876  
**Email:** stalbans@cam.org.au  
**Website:** [pol.org.au/stalbanssydenham](http://pol.org.au/stalbanssydenham)

**Parish Secretary/Admin/Finance:**  
Chris Nash/Lorraine Stafford

**Office Hours:**  
Monday—Thursday 9:30am—4:00pm

**Mass Times:**  
**Sacred Heart**  
 Tuesday—Friday 7.30am  
 Saturday 9.00am, 5.00pm  
 Sunday 7.30am, 10.30am  
 Sunday Polish 9.00am  
 Sunday Slovene 2nd Sunday of month at 5.00pm

**Emmaus Church**  
 Saturday 6.30pm  
 Sunday 9.00am

**Sacrament of Reconciliation:**  
**Sacred Heart** English Saturday 10.30am  
 Maltese every 4th Saturday 4.00pm

**Baptism:** Eight weeks notice is required.

**Marriage:** Four months noticed required.

**Appointments:** Please call the Parish Office on 93662146 if you wish to speak to the Priest.

**NEW COVID-SAFE  
RESTRICTIONS**

**Masks are now obligatory in all indoor settings: this includes our churches  
Check-in QR codes will no longer be required at all Masses**

**See Page 2 of this newsletter for full details**

**Please see details of Lent schedule on Page 4 of this Newsletter**

**MASS is available through  
STREAMING and TV**

**See Page 2 of this Newsletter for ways to view Mass on TV, online and via YouTube**

**READINGS**

This week: First Reading: Sir 27:4-7	Second Reading: 1 Cor 15:54-58	Gospel: Lk 6:39-45
Next Week: First Reading: Dt 26:4-10	Second Reading: Rom 10:8-13	Gospel: Lk 4:1-13

**REFLECTION**

**WATCH WHAT YOU SAY!**

In today's gospel Reading, Jesus advises that "a person's words flow out of what fills your heart" drawing on the store of goodness or badness that is there.

And so, a story:

*At Rome, during the 16th Century, a famous confessor in town was St Philip Neri. Popes and paupers sought his counsel and spiritual direction.*

*One day a famous Duchess came to him and confessed the sin of gossip. Philip Neri told her to go home and get a feather pillow and return to the steps of the Church. Some time later he met her there and produced a small knife. He told the noblewoman to rip open the pillow. As she did, the swirling wind in the square picked up the loose feathers and they danced around the square and down the lanes.*

*St Philip and the Duchess watched in silence as the feathers went everywhere. He then turned to her and said, "Now, go and collect all the feathers." To which she protested, "They have gone everywhere, I couldn't possibly find and regather them." "So too with your tongue, Madam," St Philip scolded her, "You have no idea where your gossip goes and you can never unsay it."*

Men do it too – 'Just catching up', 'What do you know?'

Psychologists tell us that there are three main reasons why people habitually gossip – wanting power to dominate someone one, envy and boredom.

In today's Gospel Jesus teaches us that our words reflect the state of our hearts.

**IMPORTANT MESSAGE**

If you would like to receive the weekly 'Parish Update' emailed to you, please send your email address to the Parish: [stalbans@cam.org.au](mailto:stalbans@cam.org.au)

**St Mary of the Cross MacKillop**

"Have patience with your own defects. God has patience with them". - Mary MacKillop 18th August 1870  
(Check out Mary MacKillop noticeboard outside on the verandah)

# PARISH UPDATE

## NEW COVID-SAFE REGULATIONS

COVID restrictions now allow our churches to be open for Mass and all church services, “with no capacity limits or density limits”. Bookings are not required.

“Masks are now obligatory in all indoor settings”: this includes our churches

See below for information for accessing Mass on TV and online.

The schedule for our Masses this weekend 26th/27th February 2022 is:

### SATURDAY/SUNDAY MASSES:

Sacred Heart Church	Saturday	5.00pm	
Sacred Heart Church	Sunday	7.30am	
Sacred Heart Church	Sunday	9.00am <b>POLISH</b>	
Sacred Heart Church	Sunday	10.30am	

Emmaus Church	Saturday	6.30pm	
Emmaus Church	Sunday	9.00am	

### Other Options/Alternatives to view Mass

**Mass for You at Home, (MFYAH)**, which up till now had been produced in the studios of Channel Ten, now has a new base in the Diocese of Wollongong (NSW). The Mass is celebrated in St John Vianney Co-Cathedral, Wollongong. It shows at 6.00am Sundays on Channel Ten and is repeated multiple times a day on Foxtel's Aurora channel.

Importantly for those who have become used to Mass being 'streamed', this Sunday Mass is also available on demand on Channel Ten's platform [www.tenplay.com.au/mfyah](http://www.tenplay.com.au/mfyah).

The Mass is also available on Wollongong's YouTube channel which can be accessed on [www.massforyou.com.au](http://www.massforyou.com.au) as well as the Diocesan website, [www.dow.org.au](http://www.dow.org.au). There are also links to it on the Diocesan Facebook page and the MFYA Facebook page.

Channel 31 (usually found at '44' on digital TV's) 11.00am Sundays from St Patrick's Cathedral or **online at:** <https://melbournecatholic.org.au/Mass> at 1.00pm on weekdays, and at 11.00am on Sundays

**online at:** <http://bit.ly/MassOnDemand> (continuous daily from Lavender Bay Parish, Sydney)

## WE REMEMBER IN OUR PRAYERS

**RECENT DEATHS:** Maria Utri; Tony Hudson; Bill Saliba; Carmen McFerran; Laurence Camenzuli; Zdzislaw Joe Sujecki; Robert Rosic; Alec D'Souza

**ANNIVERSARIES:** Tony & Lucy Abela, Anthony, Katherine & Vicky Zammit; Aaron Savio D'Souza; Leli Cassar; Angela Xeureb; Leli, Carmelo, Mary, Joseph & Grace Pulis; Tony & Jane Dalli, Rose Pulis. Richard Xerri; Lewis, Paul & Joe Psaila, Sam & Luke Cassar, Margaret Borg; Zoe & Joseph Camilleri, Arthur & Lina Mattocks; Mary Agius Benac; Silvo & Janina Simcic, Anthony Agius; Sam & Mary Tabone, Pauline Bajada; Paul & Grace Mifsud, Vincent, Marinton & Joseph Magrin, Mark McInerney, Peter Bridgman & Wenzu Camenzuli; Rita Aquilina; Michael & Jane Saliba & Mary Barbuto; Godfrey Deniese; Joseph & Golina Pace, Frank Mifsud; Guiseppe, Rozaria, Dolor Falzon; Xin Chu Cho linh hon Dominico; Muriel, Anthony & Ronald Guest; Kata Peepic; Cecil, Phoebe & Cyres Excompare; Paul Aquilina, John Coleiro, Mary Gatt, & Joe Giacotto; Charlie Camilleri & Tony Spiteri; Leli Bugeja; Fr Joshua Peter, Joe, Mario & Charlie Muscat; Tony, Joseph Kelina & Seguna Family, Joseph, Josephine & Bonnici family; Rita Bugeja; Paul, Frances & Maria Portelli & Angie Azzopardi; Aaron D'Souza; Janja Duvnjak & Family; Grgo Marusic; Burjore Anthony Patel; Ted Smith; Stephen Grabovac; Jan & Stefania Pribila; Stefania & Flora Skuranec; Joseph & Maria Orsini, Cecilia & Frank Cordina, John Fenech; Pero Klisanin.

## OUR PASTORAL, SOCIAL & SCHOOL EVENTS

### **\*IMPORTANT MESSAGE\*** **THANKSGIVING CONTRIBUTIONS**

Thank you to all who are continuing to support our Parish's financial commitments: the bills keep coming in!

For Parishioners who contribute to the Parish with Envelopes, there is a new way for you to continue your contribution directly:

- Payments can be made online using a computer
- Payments require a Credit Card or Debit Card with VISA or MASTERCARD

All these contributions will go directly into our Parish account. To get started:

- go to our Parish website:  
<http://pol.org.au/stalbanssydenham/Home.aspx>
- click on the link **THANKSGIVING SACRED HEART/EMMAUS** on the left of the home page
- select the amount you want to contribute to keep up your regular contribution
- in the "Comment" section, enter your name and envelope number

We continue to thank our Debit/Credit card contributors who are so important to our Parish.

- **OR You can also deliver your Thanksgiving Envelopes to the letterbox at Sacred Heart church—it's secure and cleared frequently;**

### **Volunteer Opportunity assisting Refugee Students**

**MERCY CONNECT MELBOURNE** – Mercy Works Ltd. is currently recruiting volunteers to support Refugee Students and Asylum Seekers in Primary and Secondary schools across the Melbourne Archdiocese. The volunteer commitment is approximately half a day per week for four school terms. Experience working in an educational setting is preferred but not limited to. Please contact Sr. Mary Lewis RSM for an application form and further information. A Training Day for new volunteers with emphasis on Child Safeguarding will take place prior to commencement. Email: [somml@bigpond.com](mailto:somml@bigpond.com) (preferred for contact) Website: [www.mercyworks.org.au](http://www.mercyworks.org.au) Mercy Connect Melbourne Tel: 9326 1895

### **THE SEASON OF LENT COMMENCES DURING THIS WEEK:**

Masses on **Ash Wednesday** [2nd March] are at:

Sacred Heart: 7.30am 12.00pm (School) 7.00pm  
Cana School: 10.00am  
Emmaus: 2.00pm (School) 7.00pm

**LENT** is that annual Season where we consider again what it means to be sharing in the life of Christ, and how that takes shape in our lives. Following that reflection over five weeks, we will have the Service of Prayer of Reconciliation [including the Sacrament]: at EMMAUS on Wednesday 6<sup>th</sup> April at 7.30pm; at SACRED HEART on Thursday 7<sup>th</sup> April at 7.30pm.

And then renewal in the life of Christ through Holy Week and at Easter.

The traditional practices of **LENT** include: **engaging more than usual in personal prayer and prayer with the community, fasting from some the routines in our lives, and doing further good works**; and so considering the bigger picture of life!

Some shared activities to support our participation in **LENT** are:

**Project Compassion**: provides opportunities to think outside of ourselves and our own needs and contribute to the wellbeing of others in need [boxes and envelopes are in the churches today]

**Stations of the Cross**: each Friday at 7.30pm in Sacred Heart church

### **Catholic Regional College—Caroline Springs Enrolments**

Catholic Regional College Caroline Springs is now accepting enrolment applications for Year 7 in 2024. Applications close Friday 19 August 2022. [Application forms can be downloaded from our website.](#)

Bookings are now open for guided [College tours](#). Please keep in mind, tickets are limited so bookings are essential. We also offer a [Virtual tour from our website](#), if you wish to explore our facilities virtually.

### **CHILD SAFETY POLICY**

*Sacred Heart/Emmaus Parish is committed to the care, wellbeing and protection of children, young people and people at risk in our community. The Parish takes a zero-tolerance approach to child abuse and upholds that child protection and the dignity of every person is the responsibility of every adult.*

# LENT

## Ash Wednesday Mass Schedule 2<sup>nd</sup> March 2022

<b>Sacred Heart</b> Church	7.30am	Parish Mass
<b>Sacred Heart Church</b>	<b>6.00pm</b>	<b>Polish Mass</b>
<b>Sacred Heart</b> Church	7.00pm	Parish Mass
<b>Emmaus</b> Church	7.00pm	Parish Mass

## Lent Prayer and Reconciliation

Wednesday 6th April <b>Emmaus</b> Church	7.30pm
Thursday 7 <sup>th</sup> April <b>Sacred Heart</b> Church	7.30pm



## Stations of the Cross

<b>Sacred Heart</b> Church	7.15pm	Every Friday during Lent <u>except 4th March</u>
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