



## The Most Holy Body & Blood of Christ - Year A - 11th June 2023

**Parish Details:**

**Address:** 4 Winifred Street, St Albans 3021  
**Phone:** 9366 2146

**Finance:** Lorraine Stafford: [StAlbans.Finance@cam.org.au](mailto:StAlbans.Finance@cam.org.au)

**Parish Office:** Lauren Maslaris: [StAlbans@cam.org.au](mailto:StAlbans@cam.org.au)

**Office Hours:**

**Monday & Tuesday:** 9:30am—4:00pm

**Wednesday-Friday:** 9:30am—2:30pm

**Sacrament of Reconciliation:**

Sacred Heart English Saturday 10.30am  
 Maltese every 4th Saturday 4.00pm

**Baptism:** Eight weeks notice is required

**Marriage:** Six months noticed required

**Sacred Heart Mass Times:**

**Weekdays:**

Tuesday - Friday 7.30am

Saturday 9.00am

**Weekend:**

Saturday 5:00pm

Sunday 7:30am, 10:30am

Polish 9.00am

Slovene 2nd Sunday of month at 5:00pm

**Emmaus Mass Times:**

Saturday 6:30pm

Sunday 9:00am

**Website:** <http://pol.org.au/stalbanssydenham/Home.aspx>

**SAFEGUARDING POLICY**

Sacred Heart/Emmaus Parish is committed to the care, wellbeing and protection of children, young people and people at risk in our community. The Parish takes a zero-tolerance approach to child abuse and upholds that child protection and the dignity of every person is the responsibility of every adult. To report issues and concerns, contact: [stalbans.csc@cam.org.au](mailto:stalbans.csc@cam.org.au) or 0413 841 936

**ACKNOWLEDGEMENT OF COUNTRY**

Sacred Heart-Emmaus Parish acknowledges the Wurundjeri people of the Kulin nation, the traditional owners of the land where we gather. We pay our respect to their elders past, present and emerging.

### READINGS

**This Week:** First Reading: Deut 8:2-3, 14-16 Second Reading: 1 Cor 10:16-17 Gospel: John 6:51-58

**Next Week:** First Reading: Ex 19:2-6 Second Reading: Rom 5:6-11 Gospel: Mt 9:36-10:8

### REFLECTION

## *Eating, Drinking ... and becoming*

This weekend we honour and celebrate what we gather for **every** weekend: the Meal of the Body and Blood of the Risen Christ, given to us in the form of bread and wine in Eucharist. A transformation happens in Eucharist – in the bread and wine, and also in ourselves who are fed on and nourished by the presence of Christ. And through this the world may be transformed, for we bring to it the outlook of Christ and, indeed, something of his presence!

Whilst we often ‘grab something to eat’, we appreciate a ‘family meal’. The family meal can happen in an organised way (e.g. for a birthday), and at those more informal times when -sometimes miraculously - the whole family happens to be together!

With multiple activities taking our attention, and the ease of microwave ovens, take away and home delivery, we can (have to) eat separately often. The opportunity to gather as family, tell the stories, share the food, and feel something of ‘that was good’: this is an important and valuable thing for us to do. Clubs do this, too, and reunion groups – they gather for the monthly lunch, the annual dinner.

**Sunday Eucharist** is the Church’s ‘family meal’ – we gather as the ‘People of God’, the ‘Body of Christ’: we share the stories of ‘our people’ in the Readings, we share in the Meal of the presence of Christ-among-us, we leave thankful and somewhat ‘blessed’, committed to carrying the life of this Christ into our week..

Eucharist is known as *the* Sacrament of Initiation: in sharing this Holy Meal we become *more* whom we have been Baptised and Confirmed to be – the Body of Christ ourselves!

Our Church has many words to draw us into this Eucharist life: *memorial, community, thanksgiving, sacrifice, reconciliation, presence, covenant, mission, praise, thanksgiving, worship*: always more!

In all that, we experience the presence of the Risen Christ who reveals who God is and who we are called and enabled to be; we are drawn more and more into the ‘Body of Christ’, the Church; we are empowered by Christ to carry forward his mission – to be bearers of reconciliation, love, hope, life in our everyday lives.

The word itself ‘Eucharist’ originates in the Greek ‘thank you’. For Eucharist – “Thanks be to God!”

## WE REMEMBER IN OUR PRAYERS

**RECENT DEATHS:** Irena Oczkowski, Joseph Bartolo, Steve Mckenna, Michael Gatt, Tom Portelli,  
**ANNIVERSARIES:** Cassandra Alexander, Joelle Meyepa, Tessie Farrugia, Joe Green, Carmen Bajona, Minguel Dias, Martin Pinheiro, Joseph Do Siy Tinh, Magdic, Iv, Helena, Pintar, Antun, Rozika, Ivo, Dolan Carmenu Falzon, Guzepi Rozana Falzon, Sam Loccisano, Giuseppe Loccisano, Carmenu & Varisto Camilleri, Fr. Joe Camilleri & Charlie, Camilleri, Nazarena & Saviour Anastasi, Josephine & Eusebio Darmanin, Grace & Peter Muscat, Fr. Joshua, Maria Attard, Vernon Browne, Paul, Frances Portelli, Julie Azzopardi Ruben & Christopher Wong, Virginia Antonio, Victoria & Anthony Scicluna, John Borg, Angela Xuereb, Joe Xuereb, Cena Said, Antonia Demecoli, Aaron D'Souza, Paul Aquilina, Michael & Josephine Piacentini, Pero Kilsanin, Jeanne Dwyer, Michael & Jane Saliba, Mary Barbuto

## OUR PASTORAL, SOCIAL & SCHOOL EVENTS

The raw data from the MASS COUNT has been forwarded to the Archdiocese for their 'number-crunching'. This exercise is carried out in all Parishes across Australia on the weekends of May each year. For our Parish, the Count looks like this:

**Sacred Heart: Average for each mass TIME-** 5pm 190 (range of 16—220); 7:30am 123 (range of 101—150); 10:30am 260 (range of 226 – 290); 9.00am Polish Mass 77.75 weekly; Slovene Mass 45 per month. Weekend totals: May 6/7 – 642; May 13/14 – 746; May 20/21 – 639; May 27/28 – 621  
Average 573 per weekend for English Masses; Average 662 per weekend for all Masses.

**Emmaus:** (variation has been allowed for visitors at the four sessions of the Sacrament of Confirmation over this period)

**Average for each Mass TIME-** 6:30pm 120.5 (range of 107-127); 9am – 182 (range of 157-218)  
Weekend totals (not including Confirmation ceremonies): May 6/7 – 291; May 13/14 – 340; May 20/21 – 286; May 27/28 – 283.

Average 302 per weekend for Masses (not including Confirmation Masses)

## Ministry Updates

We are now in a position for our Ministry Groups to begin to regather. Please see below dates and times of some upcoming meetings. If you are a part of the Ministry it would be great if you can attend and confirm this with the Parish office by RSVPing to: [stalbins@cam.org.au](mailto:stalbins@cam.org.au)

This will be an opportunity for us to greet one another face-to-face in the context of each Ministry, to do a refresher on the significance of our Ministry, to check our procedures, and to plan our activity for the rest of this year.

- THURSDAY 8th June - Music Ministry, 7:00pm @ Emmaus Church
- FRIDAY 9th June - Communion to Aged Care & Private Homes 10:30am @ Sacred Heart St. Albans Presbytery
- TUESDAY 20th June - Baptism Team, 7:00pm @ Sacred Heart St. Albans Presbytery

Workshop meeting for 'Those whose Ministry enables Sunday Mass':

- TUESDAY 27<sup>th</sup> June, 7pm at Emmaus
- WEDNESDAY 28<sup>th</sup> June, 7pm at Sacred Heart

*As the teaching of our Church says, the point of our Ministry in the Church is "to carry forward the work of Christ under the lead of the befriending Spirit".*

### COME AND SEE:

*One aspect of Parish life is the RCIA process – the Rite of Christian Initiation of Adults.*

*It is a process for those who are considering that they might become part of the Catholic Church – from another religion, from no religion, or from years of inactivity after having been baptised as Catholic.*

*The group usually meets fortnightly on Tuesdays, at 7:30 pm in Emmaus Church, Sydenham. RCIA journey 2023 commences on 11 July 2023.*

*Please contact the parish office for further information and registration.*

The contact details for the Parish Office are as follows:

TEL: 03 9366 2146

EMAIL: [StAlbans.Office@cam.org.au](mailto:StAlbans.Office@cam.org.au)



"I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever;"



John 6:51

### St Mary of the Cross MacKillop

How truly wonderful are God's ways and how little we understand them.  
Mary MacKillop 6 June 1874

**Bulletin via Email** If you would like to receive the weekly 'Parish Update', please send your email address to the Parish: [stalbins@cam.org.au](mailto:stalbins@cam.org.au)