



Nineteenth Sunday in Ordinary Time - Year A - 13th August 2023

Parish Details:

Address: 4 Winifred Street, St Albans 3021
Phone: 9366 2146

Finance: Lorraine Stafford: StAlbans.Finance@cam.org.au

Parish Office: Lauren Maslaris: StAlbans@cam.org.au

Office Hours:

Monday & Tuesday: 9:30am—4:00pm

Wednesday-Friday: 9:30am—2:30pm

Sacrament of Reconciliation:

Sacred Heart English Saturday 10.30am
Maltese every 4th Saturday 4.00pm

Baptism: Eight weeks notice is required

Marriage: Six months noticed required

Sacred Heart Mass Times:

Weekdays:

Tuesday - Friday 7.30am

Saturday 9.00am

Weekend:

Saturday 5:00pm

Sunday 7:30am, 10:30am

Polish 9.00am

Slovene 2nd Sunday of month at 5:00pm

Emmaus Mass Times:

Saturday 6:30pm

Sunday 9:00am

Website: <http://pol.org.au/stalbanssydenham/Home.aspx>

SAFEGUARDING POLICY

Sacred Heart/Emmaus Parish is committed to the care, wellbeing and protection of children, young people and people at risk in our community. The Parish takes a zero-tolerance approach to child abuse and upholds that child protection and the dignity of every person is the responsibility of every adult. To report issues and concerns, contact: stalbans.csc@cam.org.au or 0413 841 936

ACKNOWLEDGEMENT OF COUNTRY

Sacred Heart-Emmaus Parish acknowledges the Wurundjeri people of the Kulin nation, the traditional owners of the land where we gather. We pay our respect to their elders past, present and emerging.

READINGS

This Week: First Reading: 1 Kings 19:9.11-13 Second Reading: Romans 9:1-5 Gospel: Matthew 14:22-33
Next Week: First Reading: Isaiah 56:1.6-7 Second Reading: Romans 11:13-15. 29-32 Gospel: Matthew 15:21-28

REFLECTION

FEAST OF MARY, ASSUMED TO THE ETERNAL LIFE OF THE KINGDOM OF HEAVEN - 15th August

Mary is named in our Church as 'the first disciple' of the Lord, through we come to experience the Son of God born amongst us, human. In Mary we come to know what it means for us, also, to be disciples.

Mary lived her life with deep faith and a contemplative spirit. She confronted many situations which we see around us: pregnant and unmarried at an early age; facing uncertainty about Joseph's acceptance of her; giving birth far away from home and family; fleeing with Joseph into Egypt to protect her child and themselves from persecution; a run-away child who disappeared for three days; puzzled and confused when her son began his public ministry; seeing him suffer and die like a criminal.

There were great moments, too: rejoicing with her cousin Elizabeth over the approaching birth of their sons; watching Jesus help the newly-married couple at the wedding feast in Cana; seeing the power of God move in her Son during his ministry; seeing him rise to new life; gathering with the early disciples in prayer awaiting the coming of the Holy Spirit.

Through her inspiration may we develop the skill to reflect on our lives under the power and influence of God's Spirit so that, whatever life may bring us, we will be able to live our lives with courage, faith and love, giving Christ form and shape in who we are and how we live.

The feast of the Assumption of Mary to heaven is another proclamation of God's promise of eternal life – which is not only for Jesus, raised into new life through death, but for us all: modelled here in the life of the woman, the mother who shared in so much of the lives that we know so well today.



"Blessed are you among women, and blessed is the fruit of your womb."

WE REMEMBER IN OUR PRAYERS

RECENT DEATHS: Sebastiano Sensiano, Father Desmond (Des) Anthony Panton, Eardly Pinto, Mario Busuttil, Luka Tivic, Cia Tran

ANNIVERSARIES: Aaron D'Souza, Michael & Josephine Piacentini, Pero Kilsanin, Paul Aquilina, Angela Xuereb, Joe Xuereb, John Borg, Tessie Farrugia, Lewis, Paul & Joe Psaila, Sam & Luke Cassar, Margaret Borg, Mark, Sam & Cathy Farrugia, Joelle Meyepa, Guy D'Cunha, Maria Pham Thi Vi, Maya Adriana, Sri Nurwati Agustina, Fr. Joshua, Peter Muscat, Anthony & Maria Mercieca, Charlie Camilleri, Carmelo Falzon, Leli Bugeja, John Borg, Merlyn Stahlmann, Cecilia & Frank Cordina, Joseph & Maria Orsini, Cherie Guest, Esther & Reynold Lewis, Ika Bilic, Sonja Vella, John Borg, Charlie Portelli, Emmanuel & Frank Grech, Amelie Grech.

OUR PASTORAL, SOCIAL & SCHOOL EVENTS

The Feast of the Assumption of Mary

This Tuesday, 15th August - is one of the 'Holy days' in the year [the other one is Christmas Day, plus the 52 Sundays of the year]. Times of Masses for this Tuesday are: 7.30am and 7.00pm at Sacred Heart; 7.00pm at Emmaus.



DO YOU REMEMBER THE DAY OF YOUR FIRST COMMUNION?

Young Parishioners at our Emmaus Parish Primary School come to the altar of Eucharist and share in our Holy Meal for the first time this weekend: remember them and their families in your prayer! On the following weekend young Parishioners from Cana come forward. In a few weeks young Parishioners from our Sacred Heart School will share in the Sacrament.



Annually in the Australian Catholic Church, we celebrate National Vocations Awareness Week, this year being held from 6-13th August, 2023.

Ministry - Volunteers needed

A well-established Ministry area in our Parish is that of sharing Holy Communion with residents in the four Aged Care/Nursing Homes in our Parish. It is a wonderful Ministry, sharing the Eucharist and also company and the life of the Parish with those residents. A number of Parishioners have retired from this Ministry over the past three years: it is important for us to recruit new members. After my mentioning this in a previous Letter, we have one new member. At Masses on the weekend of 12th-13th August, members of this Ministry will present the situation during Masses, calling for new participants.

Quatrefoils Restaurant - New August Menu

This August join us in Quatrefoils for a new menu prepared by our fantastic cookery students. Brad will be introducing new cocktails, mocktails and teaching our students about our great selection of beers and wine available in the bar.

Bookings are available for 6.30pm on:

Tuesday 15th and Thursday 17th of August

Tuesday 22nd, Wednesday 23rd and Thursday 24th of August

To RSVP for these evenings please

email quatrefoils@crs.vic.edu.au with: Your name, The date you are booking for, Phone number, Number of guests who are attending & Any dietary requirements

Entree

Chicken and corn chowder served with housemade corn-bread

Or

Slow cooked pork ribs, bourbon bbq sauce, grilled rosemary polenta, celeriac and apple slaw

Main

Buttermilk fried chicken sliders, brioche roll, coleslaw, sriracha mayo, battered pickle, Shoestring fries, ketchup

Or

Spiced sous-vide salmon fillet, wild rice, avocado and black bean salsa, fresh lime, coriander

Sides to share

Waldorf salad with greens from our gardens, apple and walnuts

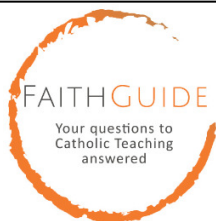
Dessert

Baked lemon cheesecake, berry coulis, vanilla cream, pistachio praline, candied lemon

Or

Oreo Bombe Alaska with cherry compote, freeze dried berries and fresh mint

salad with greens from our gardens, apple and walnuts



Majellan media-Faith Guide

The AI-powered app delivering swift, reliable answers to all your questions about Catholic teaching

<https://majellan.media/faithguide/>

How to use FaithGuide

Start by entering the topic you want an answer to. For example: Type in 'Baptism' in the space under "Your Topic" and then click on submit.

A response will be received after a few seconds. You can copy the text generated or download it and save on your computer.

In most cases you can type one or two words e.g. "marriage" or "Attending Mass".

If you don't get the response you expected simply clear the answer and modify your question slightly.

St Mary of the Cross MacKillop

Let not weakness make you discouraged.

Mary MacKillop 4th. July 1876