



St Anthony's Parish



St Bernard's Parish

67-74 EXFORD ROAD, MELTON SOUTH, 3338.
P.O BOX 2152 MELTON SOUTH 3338
TEL: 9747 9692 FAX: 9746 0422

61 LERDERBERG STREET, BACCHUS MARSH 3340
TEL: 5367 2069 FAX: 5367 4863
OUR LADY HELP OF CHRISTIANS, KOROBET
309 MYRNIONG-KOROBET ROAD 3341

3rd Sunday of Easter

Year C

5th May 2019

PARISH PRIEST: Fr Fabian Smith

ASSISTANT PRIESTS: Fr Patrick Bradford & Fr Joseph Panackal IV Dei

ST ANTHONY'S PARISH

Parish Secretary: Lesley Morffew

Admin Assistant: Judy Johnson

Parish Office Hours:

Mon 9.00am-4.00pm Tue 1.00pm-5.00pm

Wed—Thurs 9.00am-5.00pm Friday 9.00am-4.00pm

Email: meltonsouth@cam.org.au

Website: stanthonysmeltonsouth.wordpress.com

St Anthony's School Principal: Damien Schuster

Wilson Road, Melton South 3338

Phone: 9743 1401

Email: principal@sameltonsth.catholic.edu.au

Website: www.sameltonsth.catholic.edu.au

Catholic Regional College - Melton (Years 7-12)

Principal: Mr Mark Sheehan **Phone:** 8099 6000

Website: www.crcmelton.com.au

ST BERNARD'S PARISH

Parish Secretary: Dolores Turcsan

Admin Assistant: Judy Johnson

Sacramental Coordinator/ Bookkeeper:

Naim Chdid Fri 10.00am—3.00pm

Parish Office Hours: Tue –Thurs 9.00am-1.00pm

Email: bacchusmarsh@cam.org.au

Website: http://pol.org.au/bacchusmarsh/Home.aspx

St Bernard's School Principal: Emilio Scalzo

19a Gisborne Rd, Bacchus Marsh VIC 3340

Phone: (03) 5366 5800

Email: principal@sbbacchusmarsh.catholic.edu.au

Website: www.sbbacchusmarsh.catholic.edu.au

ST ANTHONY'S PASTORAL COUNCIL

Sue Alexander	0400 171 843
Lillian Christian	0400 441 257
Stephen Fernandes	0439 743 533
Amy Honrade	03 9747 0078
Natalie Howard	0410 478 046
Rose Ma'ae	0431 386 473
Marthese Mercieca	0421 378 691

EX-OFFICIO:

Fr Fabian Smith PP, Fr Patrick Bradford, Fr Joseph Panackal and Damien Schuster Council Secretary: Judy Johnson

ST BERNARD'S PASTORAL COUNCIL

Cathy Belcher	0431 082 886
Shane Cook	0419 999 052
Peter Farren	0418 594 501
David Loxley	0459 974 960
Moira Ross	0400 675 056
Emillio Scalzo	5366 5800
James Waters	0403 822 795

EX-OFFICIO:

Fr Fabian Smith PP, Fr Patrick Bradford, Fr Joseph Panackal and Emilio Scalzo

CHILD SAFETY OFFICERS

Coordinator: Godwin Barton (0425 734 449)

Officers: Aloysious Dacunha, Karina Dunne & Lorraine Tellis

Please contact Judy Johnson for any Parish news you would like published in the Newsletter

Articles must be received by midday Tuesdays. Email: judyparishnews@gmail.com

For appointments with Father Fabian please call Judy on 0414 007 009

For urgent matters only please call Fr Fabian on 0403 435 471

MASS AND DEVOTIONS

ST ANTHONY'S MELTON SOUTH

MASS TIMES : 6th May – 12th May

Monday:	No Mass	
Tuesday morning:	9.15am	FJP
Tuesday evening:	6.30pm	FJP
Week 8 Novena to St. Anthony		
Wednesday:	9.15am	FFS
Thursday:	9.15am	FJP
Friday:	9.15am	FJP
Saturday Vigil:	5.30pm	FFS
Grade 6 School Mass All welcome		
Sunday:	8.30am	FJP
	10.30am	FFS

INDIVIDUAL RECONCILIATION

Saturday: 4.45pm and before and after weekday Mass.

ROSARY:

Prayed at 9.00am before every weekday Mass.

ADORATION:

30 min. before and 30 min. after every weekday Mass.

CRC MELTON CHAPEL: 8.00am

Wednesday, Thursday & Friday



OUR LADY HELP OF CHRISTIANS KOROBEIT

MASS TIME:

Saturday Vigil:	6.30pm	FJP
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ST BERNARD'S BACCHUS MARSH

MASS TIMES : 6th May – 12th May

All weekday Masses (except Thursday) will be held in the Chapel

Monday :	No Mass	
Tuesday	5.30pm	FPB
Wednesday :	9.30am	FPB
Thursday :	9.30am	FFS
Friday:	9.30am	FPB
Saturday Vigil :	5.00pm	FPB
Sunday :	8:30am	FPB
	10.00am	FPB

INDIVIDUAL RECONCILIATION

Saturday: 4.30pm and before and after weekday Mass.

ROSARY:

Prayed every Monday at 7.30pm with Exposition of the Blessed Sacrament for one hour.

Rosary is also held on the first Friday of the month following morning mass.

Next Date : **Friday 7th June**

ADORATION:

30 minutes before every weekday Mass.

Adoration is held every first Friday 10.00am until 4.00pm

Next Date: **Friday 7th June**

PROVIDENCE MASS

Is held on the second Friday of the month at 11.00am
The Village 5-7 Griffith St, Maddingley.

Next Mass: **Friday 10th May**

SENIOR PARISHIONER'S MASS

A warm invitation is extended to all parishioners to come along and join with the seniors in celebration of the Eucharist on **Friday May 17th.**



NEWS FROM THE ARCHDIOCESE

NOTRE-DAME CATHEDRAL FUNDRAISING CONCERT

Friday 17 May, 6.30–8pm, (doors open 5.30pm)

St Patrick's Cathedral, 1 Cathedral Place, East Melbourne

The Catholic Archdiocese of Melbourne, together with St Patrick's Cathedral, Melbourne and the Australian and New Zealand College of Organists (ANZCO), presents a fundraising concert to assist in the restoration of Notre-Dame Cathedral in Paris following the recent devastating fire. All are welcome to join us as nine of Melbourne's finest organists, who are all donating their time and talent in aid of the appeal, play the majestic grand organ in St Patrick's Cathedral in an exciting repertoire of music inspired by Notre-Dame Cathedral.

Cost: \$25 per person; all money raised will be sent directly to Paris.

PARISH EVENTS & NOTICES

POPE FRANCIS – MESSAGE FOR 2019 WORLD DAY OF VOCATIONS - 12 MAY

'The Lord's call is not an intrusion of God in our freedom; it is not a 'cage' or a burden to be borne. On the contrary, it is the loving initiative whereby God encounters us and invites us to be part of a great undertaking.

So we must love her (the Church), even when we see her face marred by human frailty and sin, and we must help to make her ever more beautiful and radiant, so that she can bear witness to God's love in the world.

A prayer request

You might know of a young person in the parish, in your family or an acquaintance whom you think would make a good priest or religious. Why not pray for them by name on a regular basis? Carry them with you 'spiritually' to Mass on Sunday. Sometimes the Lord uses us as his instruments to encourage vocations.

We will have literature in the Church next weekend for World Day of Vocations

ARCHDIOCESE OF MELBOURNE-MASS COUNTS

Parishioners and visitors to our Parishes please note, to maintain an up-to-date picture of Mass attendance in the Archdiocese a mass count will be held at all weekend Masses in May.



NEWS FROM THE PARISH OFFICES

ST ANTHONY'S

SOCIAL COMMITTEE- EASTER RAFFLE

Thank you to all who supported the Easter raffle the lucky winners are:

1st	Lillian Christian	Yellow ticket D022
2nd	Grevo Sally	Orange ticket C070
3rd	Shirley Higgins	Orange ticket C017

Please come to the sacristy to collect your prize.

PARISH OFFICE

Parishioners please note the Parish Office will be closed on the Friday 10th May.

CRAFT STALL

Dear Parishioners don't miss out on the opportunity to visit the Mother's Day stall this weekend. All items hand made with love by the craft group. We look forward to your visit.

CUPPA WITH MARY

CWM (Cuppa with Mary) Prayer Group will meet at 28 Bridgeford Cres, Melton South this Monday, May 6 at 10.00am and Tuesday, May 7 at 10.30am. The Group meets monthly. Please contact Sr Therese Dagge for further information 0418 480 880.

ANOINTING MASS—22nd May

We will be having an Anointing of the sick and the elderly Mass on Wednesday 22nd May at 11am. A light luncheon will be served after Mass. Please feel free to bring along friends and relatives who would like to receive the anointing. There is a clipboard at the back of the Church for catering purposes. Please note they will be no 9.15am Mass on this day.

ST BERNARD'S

ST VINCENT DE PAUL POOR BOX

Did you know that all donations made in the Poor Box located in the church assist our local conference in their welfare work? Last quarter we assisted 56 local families with rent arrears, food vouchers, fuel vouchers, furniture, medical and education expenses. The total cost being \$12,200.

If you would like further information on our works or are interested in joining our Conference contact Margot Short Conference President 0419 507 438.

VINNIES' FASHION PARADE

Sunday 5th May 2019 at 4:00pm in Vinnies store, 8 Grant Street, Bacchus Marsh.

Store will remain open after the show.

Tickets \$5 available after Mass with all proceeds going to SVDP and used for local community.

Tel: Vinnies store 8199 4205 or Snjezana 0455 112 540

CANCER COUNCIL- BIGGEST MORNING TEA

When: Wednesday 8th May **Where:** Providence Village 5-7 Griffith St Maddingley **Time:** 10.00am-12noon Gold Coin Donation Raffle and Door prizes. Every dollar raised helps support those impacted by cancer.

*Lord, send me what is good for
the salvation of my soul.
Crown the year with your
goodness; open your hands,
and fill every living
thing with gladness.*



WORSHIP NEWS

ALL VOLUNTEERS IN OUR PARISH MUST HAVE A CURRENT WORKING WITH CHILDREN CHECK

ST ANTHONY'S MINISTRIES

NEXT WEEKEND ROSTER: 11th & 12th May
MINISTERS OF THE WORD

5.30pm : Lorraine Tellis
8.30am: Amy Honrade
10.30am: Faustine Ma'ae

EXTRAORDINARY MINISTERS

5.30pm: Dolores Turcsan (P) & Philip Anyayahan
8.30am: Ineke Allen (P), Denise Van Rooyen
& Edwina La Rose
10.30am: Doris Bonello (P) & George Bonello

If you are unavailable for these dates please contact the emergency minister on the roster. Thank you

MASS COORDINATORS

5.30pm: Godwin Barton & Pat Fernandez
8.30am: Lina Calleja & Ken Dumandan
10.30am: Leonia Jessop & Anthea Scerri

ALTAR SERVERS

5.30pm: Josh Djie-Spiteri & Jonathan Dacunha
8.30am: Rhys Tuala & Andre Oqueli
10.30am: Anakin Anderson & Ethan Porter

If you are unavailable please contact Ben Kratochvil 0423 076 305

ST ANTHONY'S PASTORAL CARE

We pray for the death anniversary at this time of:

Karen Austin, Annie Fernandes, Walter German, George Mercieca, Georgia Mercieca, Phyllis Michael, Fandro Respondino & Frank Xiberras

Please pray for the Sick: Michael Wright, Jean Barnett, Nickolia & Klara Butkovic, Maria Caruana, Mary Caruana, Margaret Hall, Judy Layton, Peter Manicaro, Veronica Michael, Wanda Novak, John Osborne, Irene Rahilly, Catherine Roberts, Peter Roberts, Pat Roberts, Charlie Spiteri, Clint Abela Wadge, & John Xuereb and all those who have requested our prayers.

(PLEASE LET US KNOW WHEN YOUR LOVED ONE IS NO LONGER REQUIRED ON THIS LIST)

PRAYER FOR THE SICK

Father we lift up all those who are facing illness. We ask that You bring healing, comfort and peace to their bodies. Calm their fears and let them experience the healing power of your love.
Amen



ST BERNARD'S MINISTRIES

NEXT WEEKEND ROSTER: 11th & 12th May
MINISTERS OF THE WORD

5.00pm: Maureen Zahra
8.30am: Gerard Harrington & Jenny Hooper
10.00am: Cathy Belcher

EXTRAORDINARY MINISTERS

5.00pm: Mary Beaton
8.30am: Peter Lafranchi
10.00am: **Volunteer Please**

PRAYERS OF THE FAITHFUL ROSTER

May: Sister Mary Fermio

ALTAR SERVERS

5.00pm: Vereker
8.30am: **Volunteer Please**
10.00am: Lindorff Family

ST BERNARD'S PASTORAL CARE

SPIRIT OF THE TWO HEARTS YOUTH GROUP

Experience faith, friendship and fun.

Age group: 11-30years When: Every Thursday fortnight, 7:15pm - 9:15pm (see website for details)

Where: CHANGE OF LOCATION: St. Bernard's Chapel and Parish Hall (61 Lerderderg Street, Bacchus Marsh) Contact: Sister Clare 0415 806 217 or

Email : twoheartscentre@bigpond.com

Website: www.missionariesofloveandpeace.com

'Coordinated by the Missionaries of Love and Peace of the Most Blessed Trinity of the Pilgrimage of the Two Hearts'



We pray for the recently deceased:

Joan O'Keefe

We pray for the death anniversary at this time of:

Carmen Calvitto, Jeffrey Galea, Lee O'Hehir, Val Ratkowski, and Neville Thompson.

Please pray for the Sick:

Terry Sims, Noah Barlow, Dudley Baddeley, Michael Barrett, Peter Bennett, Steven Braszel, Kevin Bridges, John Canty, Fred Capuano, Gary Ching, Ted Cooling, Lindsay & Kathleen Dally, Judy Delahey, Jack DeLuca, Allison Evans, Helen Evans, Justin Fernandez, Pasquale Gagliarbi, Mario Galea, Cynthia Goodyear, Gwen Green, Joe Gristi, Brian Harrison, Adam Hillier, Elle Hillman, Kiahni Holamotutama, Alicia Holborn, Matthew Jansen, David Kasprzak, Loretta Kervin, Marie Maloney, Patricia Marechal, Debbie Marshall, Jordanis Maryo, Pauline McDonald, Ian McKechnie, Danny McRae, Marcus Meno, Paul Mullin, Arthur Pape, Michael Paterson, Georgia Peacock, Bev Pickett, Mitchell Prendergast, Peter Roberts, Ken Shaw, Marian Smith, Frank & Elizabeth Stehmann, Susan Trist, Hayden Tung, Mitchell Tung, John Van Orsouw, Angela Vicum, Louis Vogels, Barry Walsh, Mary Walsh, Carol Wells, Cath Wheelahan, Jayne Wilkins, Nils Wyren, Patricia Yazbek, Betty Young & Hannah Young.

(PLEASE LET US KNOW WHEN YOUR LOVED ONE IS NO LONGER REQUIRED ON THIS LIST)

SERVICE / COMMUNITY

ST ANTHONY'S

VOLUNTEERS WEEKEND: 11th & 12th May

PIETY STALL VOLUNTEERS

5.30pm: Lorraine Tellis
8.30am: Ineke Allen
10.30am: Imalsha Silva



CUPPA ROSTER

Cuppa Weekend: **25th & 26th May**

5.30pm: Visna & Oshadie
8.30am: Ineke Allen & Agnes Faavae
10.30am: Charlie and Lina Vassalo

CHURCH FLOWERS—May

Rosabella Tuala



CLEANING ROSTER: Thursday

Lorelle Porter

Volunteers would be appreciated as well.

SERVICE AND COMMUNITY QUADRANT

Volunteers are required for the following groups:
Piety Stall & Social Committee.

Contact:

Natalie Howard	0410 478 046,
Amy Honrade	0457 042 695
Lillian Christian	0400 441 257

ST VINCENT DE PAUL SOCIETY

Welfare Number: 1800 305 330

The Melton South Conference meet every 3rd Tuesday morning in the Holy Family Room 10.00am.

New members most welcome, training provided.

Non perishable items within the use by date can be left in the 'drop box' at the back of the Church. Thank you.

COMBINED CHURCHES CARING MELTON INC

CCCM's aim is to supply free food to help people in our local community in need and walk alongside them to reduce dependency through friendship and education.

Address: 100 Coburn Road Melton South 9747 6811

Hours: Mon– Thurs:	10.00am—3.00pm
Friday :	10.00am—12.15pm
School Holidays :	10.00am—12.30pm

ST BERNARD'S

VOLUNTEERS WEEKEND : 11th & 12th May

PIETY STALL VOLUNTEERS

Saturday: Sean Giani
Sunday: Marj Tung

MORNING TEA ROSTER

Is held on the first Sunday of the month in the Parish Centre after 10.00am Mass.

Next Morning Tea: **5th May 2019**

Host: St Vincent de Paul Society



CHURCH FLOWERS

Tup Shea



COUNTING TEAM # 8

Colm Carragher
Maggie Carragher
Jill Braithwaite
Marj Tung

PRESBYTERY & CHURCH GROUNDS- (May)

Front Garden:	Stuart Robertson
Back/Side Garden:	Hugh Miller
Parish Centre:	Volunteer Please
Carpark/Pines:	Sean Giani
Back Paddock:	Henry Gasior

ST VINCENT DE PAUL SOCIETY:

Welfare Number is 1800 305 330.

The Vinnies Store is located at 8 Grant Street, Bacchus Marsh. The store is open 7 days a week. If you are able to volunteer and would like some more information, please contact the Store Manager on 8199 4205.

THE NEIGHBOURS PLACE

Emergency Foodbank and Hospitality centre

Address: 77 Main Street Bacchus Marsh

Open: Monday/Wednesday/Friday 9.30am-3.00pm

Email: neighbourspl@iinet.net.au

SOUL FOOD

Soul Food provides a free community meal each Wednesday (excluding school holidays), in the Uniting Church Hall, Gisborne Rd, Bacchus Marsh. Meals are served up at 12noon. All are welcome and this is a free event. No need to book, just come along.

Contact: Jenny Kearney 0408 104 155

PARISH CENTRE BOOKING

Tel: 5367 3427 Mon—Fri 9.00am to 6.00pm

Hall Managers: Marie & Terry Casey

FAITH FORMATION

ST ANTHONY'S

BAPTISM PREPARATION PROGRAM

Held on the fourth Thursday of the month in the Church 6.30pm-7.45pm.

Next preparation : **Thursday 23rd May**

Baptisms are held on the 1st and 3rd

Sunday of the month: **2nd & 16th June**

See details on Parish Homepage as listed on front page and download forms. Forms are also available from the Parish Office or from the Sacristy after Mass from Father. Both parents are required to attend these meetings. We kindly request adults only and a copy of the birth certificate.

Contact Fr Fabian, Fr Patrick, Fr Joseph or the Parish Office for queries.

BAPTISM TEAM: Karina Dunne & Judy Johnson

ADULT PREPARATION for the Sacraments of Baptism, Reconciliation, Eucharist or Confirmation are through the R.C.I.A Program. Please see Fr Fabian, Fr Patrick or Fr Joseph .

CHILDREN'S LITURGY Is held during Saturday evening Vigil Mass and Sunday 10.30am Mass.

DIVINE MERCY: 1st Sunday of the month at 3pm .

FATIMA STATUE

These families are praying together for the mission of the Parish:

Group 1: **Lillian Christian** 0400 441 257

Group 2: **Margaret Williams**

Group 3: **Helen Calleja** 0401 497 980



ST BERNARD'S

BAPTISM PREPARATION PROGRAM

Held on the fourth Sunday of the month in the Parish Centre at 11:15am.

Next program: **Sunday 26th May**

Baptisms are held on the 1st and 3rd

Sunday of the month: **2nd & 16th June**

Registration forms can be downloaded from our website www.pol.cam.org.au/bacchusmarsh. Bring completed Registration Form with a copy of Birth Certificate to the program. Please note: Both parents are required to attend the program. Contact Fr Fabian, Fr Patrick, Fr Joseph or the Parish Office for queries.

COORDINATORS : Steve & Geraldine

ADULT PREPARATION for the Sacraments of Baptism, Reconciliation, Eucharist or Confirmation are through the R.C.I.A Program. Please see Fr Fabian, Fr Patrick or Fr Joseph.

CHILDREN'S LITURGY Is held every Sunday during 10.00am Mass in the meeting room in the Parish Centre.



PRAYER TO ST MICHAEL

St. Michael the Archangel, defend us in battle, be our protection against the wickedness and snares of the Devil; may God rebuke him, we humbly pray, and do thou, O Prince of the heavenly host, by the power of God, cast into hell Satan, and all the evil spirits, who prowl through the world seeking the ruin of souls. Amen.



NICENO-CONSTANTINOPOLITAN CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven,

[bow during the next line]

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen

WEEKLY PRAYERS & READINGS

ENTRANCE PROCESSION

Cry out with joy to God, all the earth;
O sing to the glory of his name.
O render him glorious praise, alleluia.

FIRST READING: Acts 5:27-32, 40-41

The high priest demanded an explanation of the apostles. 'We gave you a formal warning,' he said 'not to preach in this name, and what have you done? You have filled Jerusalem with your teaching, and seem determined to fix the guilt of this man's death on us.' In reply Peter and the apostles said, 'Obedience to God comes before obedience to men; it was the God of our ancestors who raised up Jesus, but it was you who had him executed by hanging on a tree. By his own right hand God has now raised him up to be leader and saviour, to give repentance and forgiveness of sins through him to Israel. We are witnesses to all this, we and the Holy Spirit whom God has given to those who obey him.' They warned the apostles not to speak in the name of Jesus and released them. And so they left the presence of the Sanhedrin glad to have had the honour of suffering humiliation for the sake of the name.

The word of the Lord.

Thanks be to God.

RESPONSORIAL PSALM: 29

Comm: I will praise you, Lord,
for you have rescued me.

All: I will praise you, Lord,
for you have rescued me.

I will praise you, Lord, you have rescued me
and have not let my enemies rejoice over me.
O Lord, you have raised my soul from the dead,
restored me to life from those who sink into the grave.

Sing psalms to the Lord, you who love him,
give thanks to his holy name.
His anger lasts but a moment; his favour through life.
At night there are tears, but joy comes with dawn.

The Lord listened and had pity.
The Lord came to my help.
For me you have changed my mourning into dancing;
O Lord my God, I will thank you for ever.

All: I will praise you, Lord,
for you have rescued me.

SECOND READING : Revelation 5:11-14

In my vision, I, John, heard the sound of an immense number of angels gathered round the throne and the animals and the elders; there were ten thousand times ten thousand of them and thousands upon thousands, shouting, 'The Lamb that was sacrificed is worthy to be given power, riches, wisdom, strength, honour, glory and blessing.' Then I heard all the living things in creation - everything that lives in the air, and on the ground, and under the ground, and in the sea, crying, 'To the One who is sitting on the throne and to the Lamb, be all praise, honour, glory and power, for ever and ever.'

And the four animals said, 'Amen'; and the elders prostrated themselves to worship.

The word of the Lord.

Thanks be to God.

NEXT WEEK'S READINGS – 4th Sunday of Easter

First Reading: Acts 13:14, 43-52;

Second Reading: Apoc 7:9, 14-17;

Gospel: Jn 10:27-30



GOSPEL ACCLAMATION

Alleluia, alleluia!

Christ is risen, the Lord of all creation;
he has shown pity on all people.

Alleluia!

GOSPEL John 21:1-19

Jesus showed himself again to his disciples. It was by the Sea of Tiberias, and it happened like this: Simon Peter, Thomas called the Twin, Nathanael from Cana in Galilee, the sons of Zebedee and two more of his disciples were together. Simon Peter said, 'I'm going fishing.' They replied, 'We'll come with you.' They went out and got into the boat but caught nothing that night.

It was light by now and there stood Jesus on the shore, though the disciples did not realise that it was Jesus. Jesus called out, 'Have you caught anything, friends?' And when they answered, 'No,' he said, 'Throw the net out to starboard and you'll find something.' So they dropped the net, and there were so many fish that they could not haul it in. The disciple Jesus loved said to Peter, 'It is the Lord.' At these words 'It is the Lord,' Simon Peter, who had practically nothing on, wrapped his cloak round him and jumped into the water. The other disciples came on in the boat, towing the net and the fish; they were only about a hundred yards from land.

As soon as they came ashore they saw that there was some bread there, and a charcoal fire with fish cooking on it. Jesus said, 'Bring some of the fish you have just caught.' Simon Peter went aboard and dragged the net to the shore, full of big fish, one hundred and fifty-three of them; and in spite of there being so many the net was not broken. Jesus said to them, 'Come and have breakfast.' None of the disciples was bold enough to ask, 'who are you?'; they knew quite well it was the Lord. Jesus then stepped forward, took the bread and gave it to them, and the same with the fish. This was the third time that Jesus showed himself to the disciples after rising from the dead.

After the meal Jesus said to Simon Peter, Simon son of John, do you love me more than these others do? He answered, 'Yes Lord, you know I love you.' Jesus said to him, 'Feed my lambs.' A second time he said to him, 'Simon son of John, do you love me? He replied 'Yes, Lord, you know I love you.' Jesus said to him 'Look after my sheep' Then he said to him a third time, Simon son of John, do you love me? ' Peter was upset that he asked him the third time, 'Do you love me?' and said 'Lord, you know everything; you know I love you.' Jesus said to him 'Feed my sheep' I tell you most solemnly, when you were young you put on your own belt and walked where you liked; but when you grow old you will stretch out your hands, and somebody else will put a belt round you and take you where you would rather not go.' In these words he indicated the kind of death by which Peter would give glory to God. After this he said, 'Follow me.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

COMMUNION ANTIPHON

Jesus said to his disciples: Come and eat.
And he took bread and gave it to them, alleluia.

The Catholic family: Raising children in a secular world XXII

Discipline: What works and why V

Sometimes negative guidelines are at least as helpful as positive ones, often much more so. It is sometimes useful for a parent to know what not to do — that is, what to avoid — in a complicated situation.

I used to ask veteran parents (people whose children had grown and gone) what warnings or other “negative know-how” they would pass on to younger parents. In paraphrase, here are some bits of hard-earned wisdom they shared with me:

■ To husbands: Don't neglect your wife. She needs what we all need: understanding, affection, gratitude, support, and appreciation. For sure, she doesn't get these from the kids when they are small. So, if she doesn't get them from her husband either, she doesn't get them at all.

You can tell you are neglecting her if she starts complaining about small things around the house, one after another, circling around and around the central problem: your apparent unconcern for her. Wake up. Pay attention. Listen to her opinion, help her out, tell her she's great, hug and kiss her from time to time. All this goes a long way. Every time you kiss your wife in front of the children, you are, in effect, kissing each of them in turn.

■ To wives: Don't undercut your husband. Do all you can to lead your children to respect their father and his authority. He simply cannot lead as a father without his children's abiding respect.

Your children's growth in character, their lifelong happiness, can rise or fall on how deeply they respect their Dad. So lead them, by your example and your praise for him, to view their father as you do: a great man, a model of masculine strength and accomplishment, a self-sacrificing hero worthy of the whole family's gratitude and honour. Your children's respect for their Dad grows directly from your own esteem for him, and this is crucially important to his influence on their lives.

■ Listen to this story from a man in the United States Midwest: “I was the youngest of five children in a single-parent home. My Dad died when I was an infant, so I never knew him. My

By James B. Stenson, ParentLeadership.com

mother raised us as a widow, and she was a great woman. Every now and then, when I was getting out of hand as a boy, and even as a teenager, my Mom would take me aside and say to me, ‘Jimmy, your father would *never* approve of what you are doing right now! He would be very upset. So, stop it.’ This never failed to touch me, not once. It always brought me to my senses and made me straighten out.”

Do you see? The father of this home continued to influence his children for good, even after his death, because of his great wife's love and honour for him. Because he was still alive in her heart, he was still the father of this family.

■ Don't underestimate your children. Have high ambitions for their swift, step-by-step growth into maturity.

We all tend to become what we think about, and kids tend to become what their parents expect of them. Even when they sometimes let you down and you have to correct them, make them understand that you see this as just a blip along the way. You have no doubt, none whatever, that they will someday grow into excellent men and women. You are proud of them, confident in them. Always will be.

■ Don't treat teenagers like large children. Think of them, and treat them, as near-adults. Pull them up, fine-tune their consciences, welcome them to adult reality. Show them how to balance a chequebook, pursue a job, work professionally, please their bosses, deal respectfully with the opposite sex. Show them how to buy good clothes, take care of their wardrobe, and dress well.

When they complain, “Why don't you trust me?” teach them that you distinguish between integrity and judgement. You trust their integrity and sense of family honour, their honesty and good intentions — always have, always will. What you must mistrust for now, in good conscience, is their inexperienced judgement; that is, you cannot and will not let them hurt themselves through their naïve blunders. When they start thinking like responsible adults, then you will trust them right across the board — in judgement as well as integrity.