

Entrance Antiphon Cf Psalm 73:20,19,22,23

Look to your covenant, O Lord,
and forget not the life of your poor ones for ever.
Arise, O God, and defend your cause,
and forget not the cries of those who seek you.

A reading from the first book of Kings

1 Kings 19:4-8

Strengthened by the food, he walked to the mountain of the Lord.

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'Lord', he said 'I have had enough. Take my life: I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

The word of the Lord.

Responsorial Psalm Ps 33:2-9. R. v.9

Taste and see the goodness of the Lord.

A reading from the letter of St Paul to the Ephesians
Ephesians 4:30 – 5:2

Walk in love, just as Christ.

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ. Try, then, to imitate God, as children of his that he loves, and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

The word of the Lord.

Gospel Acclamation John 6:51

Alleluia, alleluia! I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. **Alleluia.**

A reading from the gospel according to John.

John 6:41-51

I am the living bread come down from heaven.

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other. No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets: They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me. Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life. I am the bread of life. Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

The Gospel of the Lord.

Communion Antiphon Cf John 6:51

The bread that I will give, says the Lord, is my flesh for the life of the world.



Next Sunday Readings

- First Reading [Proverbs 9:1-6](#)
Responsorial Psalm [Ps 33:2-3. 10-15. R. v.9](#)
Second Reading [Ephesians 5:15-20](#)
Gospel [John 6:51-58](#)



St. Thomas More Parish, Belgrave

The Catholic Church in the Dandenong Ranges

P.O. Box 100, Belgrave, Victoria 3160
Phone: 97542141
Office Hours: 9.30am–2pm Tuesday to Friday
Internet: pol.org.au/belgrave

The Parish of St Thomas More and the Archdiocese of Melbourne are committed to the care, wellbeing and protection of children, young people and vulnerable people in our community. May our message be that child protection and the dignity of every person is the responsibility of every adult. You can find out more about the Church's work in this area at: www.catholic.org.au/responseandprevention

Our Parish Vision Statement:

We are called to be a welcoming, compassionate community, empowered for our faith journey for active service.....

CHURCH CENTRES		St. Joseph's Church Emerald Cnr. Emerald- Monbulk & Cornish Roads	Sacred Heart Church Gembrook Main Road	St. Thomas More Church Belgrave 17 Terry Avenue, Belgrave	St. Paul's Church Monbulk 59 Moores Road
MASS TIMES	WEEKEND	Vigil Mass 6.00pm	9.00am	9.00am	11.00am
	WEEKDAY			9.00am	

Nineteenth Sunday in Ordinary Time Year B - 10th/11th August, 2024



REFLECTION by Nick Brodie

Pope Francis suggests that 'the bread of life' – Jesus – should never be treated as 'a side dish'. True faith in Jesus means recognising that he is the nourisher of our very being. 'We need bread to live', the Pope says. In identifying himself as 'the bread of life', therefore, Jesus wants us to see that he is essential. Through him we find meaning for our lives and nourishment for our souls. We see in today's Gospel passage that Jesus wants his followers to understand that he is not merely a provider of bread. The Pope encourages us to embrace our sense of amazement at this mystery. 'No one in this world', the Pope points out, 'as much as they might love another person, can make themselves become food for them.' Jesus is telling us something truly amazing: The bread he gives is his very self! Interestingly, Jesus chooses to affirm this in response to squabbling within the crowd. They were arguing about Jesus, focused on where he came from. 'Perhaps we too might be scandalised', the Pope suggests, 'it might make us more comfortable to have a God who stays in heaven without getting involved in our life'. But Jesus' followers are called to help, not hinder his eternal self-giving. As the Pope says, 'God became man to enter into the concrete reality of this world.' We pray that through the Church, in the Eucharist, and in the life of every Christian, Jesus continues to feed the world.

[Nineteenth Sunday in Ordinary Time Year B \(liturgyhelp.com\)](http://www.liturgyhelp.com)

The Pope's Monthly Intention for the month of August

For political leaders — We pray that political leaders be at the service of their own people, working for integral human development and for the common good, especially caring for the poor and those who have lost their jobs.

**WE ARE A CHILD SAFETY PARISH
AND WE BELIEVE IN CHILD SAFETY.**

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Monica Rayner

PARISH PASTORAL COUNCIL:
Chairperson Evie
Monbulk: Sue Luxford
Belgrave: David Paton
Gembrook:

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REMEMBRANCE IN OUR PRAYERS:

Recent deaths:

Many people across the world who have died due to Covid-19, wars, civil restlessness and natural calamities. May their souls rest in peace.

Anniversaries:

Joy Goodie, John Maganana, Henri Donker, Irene Bryne Mullan, Lorraine Furness, Dale Furnace, Michael Mulcahy, Howard Banks, Thomas Blunden, Jack Ma-her, Gerrit Donker, Alan Newman, Bartelo Pepi, Anne Baruday,

Prayers for the Sick: We pray for all who are ill, but especially the following people: Kate Joy star, John Kuyper, Flynn Kroeger, Verity Loke, Helen Bye, Anne Radocaj, Simon Kuyper John Barber, Dimuthu, Glen Butler, Juhyeon Kim, Peter Hicks, Margaret Campion, Cameron DiCasio, Jack Weir, Ewa Wallis, Jane Schellenbach, Rebecca Jane Atkinson, Daniel, Mason, Hero, Helen Smith, Irene, Debbie Owens, Don Kempster, Pat McCarrick, Justin, Tom Fergus, Josie Walsh, B. O'Connor, Ingyin Collins, David Bourke, Eileen Ban-yard, Brendan, Martin Fergus, Margaret, Maureen, Patricia Gilchrist, Stephen Mc., Cheryl McInnes, Kate Ar-nott, Julian Neesham, Fa Perisipi, John Reid, Dieter Farmer, Margaret Sheanon, Dianne Zidek, Mark Pick-thall, Terry Schubert, Neil Weatherill, Margaret Her-berth, Rob Zwagerman, Joshua McQuade, Lanie Brere-ton, Sandra Dowling, Francesca, Neil Holland, Maureen Hughes, Marilyn Ward, Isabelle Henry, Phillis Willoughby.

- **Sick List: If you are aware that any names on the sick list need to be removed, please contact the Parish Office on 97542141.**

Belgrave church reading roster 11th August

Erica Kurek and Michael Couche

Next week — 18th August

Sharon Bennett & Maryanne Ferraro



For details relating to Baptisms, Marriages & Anointing of the Sick, please contact the parish office.



Anointing the sick

Applications are invited from suitably qualified and experienced people for the positions of: Further details of the above positions can be found on the Archdiocese website at: [Job vacancies | Melbourne Catholic](#)



Prayer for the Parish

(To be prayed at the end of the mass before the recessional Hymn)

Loving God,

We ask you to pour out your spirit upon our parish

And grant us a new vision of your kingdom,

a new faithfulness to your Word,

a new consecration to your service,

that we may become a growing community of disciples,

that seeks to bring your word to the world,

through Christ our Lord, Amen.

Most Sacred Heart of Jesus, Have Mercy on us.

St. Joseph, Pray for us.

St. Paul, Pray for us.

St. Claire, Pray for us.

St. Thomas more, Pray for us.



St. Joseph's church Emerald

Fund raising raffle

Tickets \$2 each or \$5 for 3 tickets

Prizes	1st Prize	6 Bottles of Wine
	2nd Prize	Kitchen pro Rice Cooker
	3rd Prize	\$30 Voucher (Emerald Fruit Barn)
	4th Prize	\$30 Voucher (Laughing Fox Café)
	Other Prizes	Cholates

- The raffle will be drawn on 24th August at Emerald church at 7.00pm.

The tickets are available by 4th August after mass at your church.

Emerald	Bea Eadie
Belgrave	Helen Garrick
Monbulk	Sue Luxford
Gembrook	Christine Borg



To Contribute Financially to St. Thomas More Parish

Church Name: St Thomas Mores Parish Church Account
BSB: 083 347, Account: 67214 6192

SAFEGUARDING CHILDREN & VULNERABLE PEOPLE ESSENTIAL TRAINING

As a continuation of our commitment to doing the best to protect our children and vulnerable people, the arch diocese requires volunteers within the parish to complete Essentials Training every three years.

It has been many years since we've been able to offer this as a parish event, but we have been very lucky to secure the services of Brech Burgess from the archdiocese to come and run this training for us.

It is open to all our parish volunteers from all our mass centres and will only take about an hour of your time.

When: August 25th, at 10:30am after 9am mass at Belgrave

Where: over in the St Thomas More school staffroom, after post-mass cuppas

If you have any questions or are unsure if you need to attend, please speak with Father Cruz or Jeanette Wicks for clarification.

We look forward to seeing as many of you there as possible.

The Safeguarding Committee

WORKING WITH CHILDREN CHECK - bringing to your kind attention all the Leaders of Parish Group and Ministry.

(Mass Managers, Parish council members, Parish Finance Committee members, Social Justice group, Lectors, Money collectors and counters, Sacramental Coordinator, Musicians, Choir members, visitation group, Special communion ministers, Working bee organizing committee members, Vincent de Paul Committee members, Garden maintain volunteers, Child Safety Committee members, Alter decorators, Cleaners, and other Volunteers...) Make sure that all your members have a Valid Working With Children Check. Please contact parish office on 97542141 or email to belgrave@cam.org.au.

Special thanks for the volunteers who have already submitted the copy of a Working With Children Card to the parish office.

Feast dates

12th August	<i>St. Jane Frances de Chantal</i>
13th August	<i>Sts Pontian & Hippolytus</i>
14th August	<i>Maximillian Kolbe</i>
15th August	<i>The assumption of the Blessed Virgin Mary</i>

Archbishop's Campaign 2024



The 2024 Archbishop's Campaign kicks off in August. This campaign consolidates several collections into one annual campaign, creating a streamlined approach to fundraising in the Archdiocese.

The key campaign weekends are **August 10-11, August 17 -18, August 24- 25.**

The brochures are available at your church.

Please visit the below link for more information.

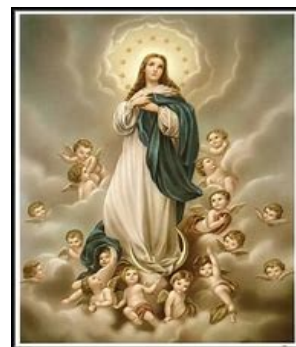
<https://melbournecatholic.org/news/2024-archbishops-campaign-supporting-the-future-of-our-faith-community>

Solemnity of Assumption of Our Lady into Haven

Day of Obligation - 15th August

Masses at St. Thomas More Church

9am and 7pm



First Holy Eucharist

Let us pray for the twelve students of St. Paul's School Monbulk, who are going to receive for the first time in their life, Jesus in the most Holy Sacrament.

Mirikki Austin-White

Flynn Brouwers

Niamh Coffey

Charlotte Flynn

Ivy Gaunt,

Charlotte M

Harris Robb

Ella Robb,

Logan Rogers

Tyler Rogers

Pearl Silver

Dante Tesoriero

