## The Most Holy Trinity Year B

## A reading from the book of Deuteronomy

Dt 4:32-34. 39-40

# The Lord himself is God in heaven above and on earth below: there is no other.

Moses said to the people: 'Put this question to the ages that are past, that went before you, from the time God created man on earth: Was there ever a word so majestic, from one end of heaven to the other? Was anything ever heard? Did ever a people hear the voice of the living God speaking from the heart of the fire, as you heard it, and remain alive? Has any god ventured to take to himself one nation from the midst of another by ordeals, signs, wonders, war with mighty hand and outstretched arm, by fearsome terrors – all this that the Lord your God did for you before your eyes in Egypt?

'Understand this today, therefore, and take it to heart: The Lord is God indeed, in heaven above as on earth beneath, he and no other. Keep his laws and commandments as I give them to you today so that you and your children may prosper and live long in the land that the Lord your God gives you for ever.'

#### The word of the Lord.

#### **Responsorial Psalm**

Ps 32:4-6. 9. 18-20. 22. R. v.12

## (R.) Happy the people the Lord has chosen to be his own.

The word of the Lord is faithful and all his works to be trusted. The Lord loves justice and right and fills the earth with his love. (R.)

With his word the heavens were made, by the breath of his mouth all the stars. He spoke; and they came to be. He commanded; they sprang into being. (R.)

The Lord looks on those who revere him, on those who hope in his love, to rescue their souls from death, to keep them alive in famine. (R.)

Our soul is waiting for the Lord. The Lord is our help and our shield. May your love be upon us, O Lord, as we place all our hope in you. (R.)

A reading from the letter of St Paul to the Romans Rom 8:14-17

#### You have received the Spirit that makes you God's own children, and in that Spirit we call God: Father, our Father!

Everyone moved by the Spirit is a son of God. The spirit you received is not the spirit of slaves bringing

fear into your lives again; it is the spirit of sons, and it makes us cry out, 'Abba, Father!' The Spirit himself and our spirit bear united witness that we are children of God. And if we are children we are heirs as well: heirs of God and coheirs with Christ, sharing his sufferings so as to share his glory.

## The word of the Lord.

## **Gospel Acclamation:**

**Alleluia, alleluia!** Glory to the Father, the Son, and the Holy Spirit: to God who is, who was, and who is to come. **Alleluia !** 

## A reading from the holy Gospel according to Matthew Mt 28:16-20

# Baptise them in the name of the Father, and of the Son, and of the Holy Spirit.

The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell down before him, though some hesitated. Jesus came up and spoke to them. He said, 'All authority in heaven and on earth has been given to me. Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.'

## The Gospel of the Lord.

**Communion Antiphon**: Since you are children of God, God has sent into your hearts the Spirit of his Son, the Spirit who cries out: Abba, Father.

Next week's readings:			
First Reading:	Ex 24:3-8		
Responsorial Psalm:	Ps 115:12-13. 15-18. R. v.13		
Second Reading:	Heb 9:11-15		
Gospel :	Mk 14:12-16, 22-26		



B	pm Tuesday to Friday elgrave	The Parish of St Thomas More and the Archdiocese of Melbourne are committed to the care, wellbeing and protection of chil- dren, young people and vulnerable people in our community. May our message be that child protection and the dignity of every person is the responsibility of every adult. You can find out more about the Church's work in this area at: <u>www.catholic.org.au/</u> <u>responseandprevention</u>		Our Parish Vision Statement: We are called to be a welcoming, compassionate community, empowered for our faith journey for active service
Church Centres	St. Joseph's Church Emerald Cnr. Emerald-Monbulk & Cornish Roads	Sacred Heart Church Gembrook Main Road	<b>St. Thomas More</b> Church Belgrave Reynolds Lane	<b>St. Paul's Church</b> <b>Monbulk</b> 59 Moores Road
Mass Times	Vigil Mass 6.00pm (On Zoom )	9.00am (On Zoom )	9.00am (On Zoom )	9.00am (On Zoom )
WEEKDAY			9.00am (On Zoom )	

## Homily for the Most Holy Trinity Sunday — 30th May, 2021

Today we celebrate one of the greatest mysteries of our Christian faith, the Holy Trinity. This celebration reminds us that the Father, the Son and the Holy Spirit are working together. They are never separated, though, each one of them is a distinct divine person. There is unity of essence and relation within the three divine persons.

No amount of philosophical debate or scientific research can fully explain it. It is a mystery and can best be appreciated only with the "eyes of faith." As a dogma, "it is an article of faith revealed by God, which the Magisterium of the Church presents as necessary to be believed..." Hence, Paul's prayer becomes important today: "May the Lord enlighten the eyes of your minds..." (Eph 1, 18).

In our first reading, Moses reminds us, of the wonderful and mysterious nature of the works of God. In other words, that it takes a loving and mysterious God to accomplish such a wonderful and mysterious task of salvation. Hence, he encourages us to strengthen our faith in God by simply obeying his commandments.

In the second reading, though without offering any systematic teaching on the Holy Trinity, Paul presents the three divine persons in their concrete forms and actions: "Led by the Spirit, we are sons of God...And we are heirs with Christ." It is the same spirit that proceeds from both the Father and the Son that helps us to call God Abba Father.

In today's the gospel, Christ himself revealed the mystery of the three divine persons to us. He revealed this with a mandate: "Go and make disciples of all nations, baptizing them in the name of the Father and of the son and of the Holy Spirit." This is the trinitarian formula. So, any sincere prayer of-fered in the name of the Holy Trinity bears a mark of excellence.

Today, the church reminds us that the three divine persons are not divided in their actions of grace. Instead, they work and walk together. They have the same mission, which is, the salvation of the world. The Father sent the Son to redeem the world (Jn 1, 1-3). And the Father and the Son sent us the Holy Spirit as our Counselor and Advocate (Act 1, 8. 2). None of them have absolute dominance of a particular period or time. This is because, in spite of being three distinct persons, they have one essence. They are eternally one and united.

#### REPORT THIS AD

So, the prayer of Christ to the father: "May they be one, as we are One" (Jn 17:22), is a prayer that arises from Trinitarian love. Therefore, the whole church, and each family that forms the universal Church is the sacrament of the Trinity, and as such must be characterized by love and unity.

Therefore, what we celebrate today is a model for our unity. We have many lessons to learn from the Holy Trinity. The most important is that, like the Holy Trinity, we can live and work together as one family of God. This is because, we bear one and the same image of God, and were baptized by the same Spirit of God whose mark we bear (Eph 4, 30). So, in spite of our individual personalities and differences unity is possible and a fundamental option.

Hence, today's celebration has much to teach us about unity in our relationships, friendships, marriages, families, communities. It also reminds us that in spite of our different talents, gifts, social, and economic levels, we can live and work together for our salvation and salvation of the world.

Finally, the celebration of the Holy Trinity reminds us that if we remain united, our different personalities would become our strength, rather than our weakness or the cause of our disintegration. For their love and unity, let us praise the Most Holy Trinity: Glory be to the Father and to the Son and to the Holy Spirit, Amen. Source: https://frcanicenjoku.com homily-for-holy-trinity-sunday-year-b/

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#### **REMEMBRANCE IN OUR PRAYERS:**

**<u>Recent deaths:</u>** Many people across the world who have died due to corona virus and natural calamities.

**Anniversaries**: Peter and Paul Stokie, Sr. Mary Baptist, Nancy Cromar, Abraham Schellenbach, Bernie McDonnell, Norienne Peterson.

## Prayer for the deceased:

Lord open wide the doors of your Mercy to all those who have passed away in the parish of St. Thomas More, Belgrave. In your compassion grant eternal bliss to all of them.

**Prayers for the Sick:** We pray for all who are ill, but especially the following people: Jane Schellenbach, Deanne Atkinson, Damien Van der Linden, Lil Warner, Fiona, Margaret Gilhooly, Daniel, Mason, Hero, Helen Smith, Irene and Kevin Ryan, Debbie Owens, Don Kempster. Pat McCarrick, Joan Newman, Justin, Joy Goodie, Tom Fergus, Leo and Josie Walsh, Father Noel MacKay, B. O'Connor, Linda Bullivant, Maureen & Peter Lyons, Laurie Fitton, Ingyin Collins, David Bourke, Eileen Banyard, Brendan, Martin Fergus, Margaret & Fiona Gilhooly, Maureen, Patricia Gilchrist, Stephen Mc., Cheryl McInnes, Kate Arnott, Julian Neesham, Robert Drake, Helen Hermann, Lyn Blackman, Joan Munday, Fa Perisipi, John Reid, Dieter Farmer, Margaret Sheanon, Dianne Zidek, Mark Pickthall, Terry Schubert, Neil Weatherill, Margaret Herbert, Rob Zwagerman, Peter Campion, Joshua McQuade, Jim & Ed Hodapp, Lanie Brereton, Sandra Dowling, Francesca, Neil Holland, Maureen Hughes, Marilyn Ward, Isabelle Henry, Phillis Willoughby.

## 'The Barefoot Mystic - Reflection event via

**Zoom',** Saturday 5 June 2021, 10am-3pm. A person places themselves in the presence of God. This is not a goal to be achieved; rather, it is a natural state where we find and embrace our true selves. The first thing one must understand is that 'God's first language is silence' (St John of the Cross). This reflection event is an invitation to be silent and to rest in God. Facilitated by Paul Beirne of Heart of Life Centre for Spiritual & Pastoral Formation, via Zoom. Cost \$50. Book and pay via website <u>www.heartoflife.melbourne</u>, omail info@hoartoflife.melbourne,

email <u>info@heartoflife.melbourne</u> or tel 9890 1101.

'Mindfulness & Meditation', Saturday 19 June 2021, 10am-3pm. When we are present to the 'now', centredness and relaxation become a natural part of life, and we know how to act from a heart of love. This is a day of reflection in the practice of Mindfulness & Meditation, and we invite you to come prepared to be still and journey within. Facilitated by Paola Cheng at Heart of Life Centre for Spiritual & Pastoral Formation, Rear 41 Stanhope St, Malvern. Cost \$60 (BYO lunch). Book and pay via website www.heartoflife.melbourne,

email <u>info@heartoflife.melbourne</u> or tel 9890 1101.

Centre for Spiritual & Pastoral Formation Centre for Spiritual & Pastoral Formation Rear 41 Stanhope Steet, Malvem, Victoria 3144, Australia 10 03 9890 1101 Email Infogherandfilmembourne Web www.heartofilermetbourne

#### Please pray before the Recessional Hymn

## St Joseph Prayer



Heavenly Father, St Joseph set aside his own plans to embrace your dream for us. You invited his help in caring for Jesus your Son, our Saviour, and the Revealer of your wonderful love. Enable us to live by your loving plan and to reflect to the world the light of Christ. St Joseph, man of dreams

and trusting steward, pray for us.

#### Lord Jesus,

You grew in wisdom and maturity as you lived in the family of Nazareth in daily communion with St Joseph and Mary your mother. From St Joseph you learned

the dignity of human work.

Give parents the wisdom to support their children and to guide them in the way and work of your Kingdom.

> St Joseph, faithful parent and diligent worker, pray for us.

#### Creator Spirit,

We see in St Joseph a tenderness and reverence for all your creation.

We learn from him to approach others justly and tenderly, and to see our world as endowed

with the glory of God.

Teach us to love one another

and to be of humble service to all of creation,

empowered by your life within us.

St Joseph, wise protector and humble servant, pray for us.

#### **Spiritual Communion Prayer**

My Jesus,

I believe that You are present

in the Most Holy Sacrament.

I love You above all things

and I desire to receive You into my soul.

Since I cannot at this moment

receive You sacramentally,

come at least spiritually into my heart.

I embrace You as if You were already there

and unite myself wholly to You.

Never permit me to be separated from You. Amen.

As of now all the Liturgical Celebrations stand suspended until we receive further information from Archdiocese of Melbourne.

Confirmation masses scheduled on 29th May stand suspended. Weekend masses in all of our churches stand suspended as well. Weekdays and weekend masses available on zoom only. Monday to Saturday 9.00am

Saturday Vigil Mass 6pm and Sunday 9.00am

Topic: Father Cruz' Holy Mass on Zoom

Join Zoom Meeting <u>https://zoom.us/j/7504645976?</u> pwd=S0YwS3FiQndpMlZ0STY0TFRRYXJGQT09

Meeting ID: 750 464 5976..

Passcode: 7mJTwW

FR. CRUZ WILL BE CELEBRATING MASS VIA ZOOM every day.

#### Fr. Anthony Cruz

First Friday Devotions at St Thomas More, Belgrave — 5th June ( On Zoom )

Beginning of mass at 9am. After the Mass, Rosary Prayed with the Blessed Sacrament Exposed. There are twelve promises given to St Margarat Alacoque about the First Friday. We need to do 9 consecutive first Fridays. There are flyers in the foyer.

### First Saturday Devotions at St Thomas More, Belgrave— 6th June (On Zoom)

Beginning of mass at 9am. After the Mass, Rosary is prayed with the Blessed Sacrament Exposed. During the holy hour of Adoration, Priest is available for the Sacrament of Reconciliation. Our Lady of Fatima asked for 5 consecutive Saturdays. To learn more about this request from Our Lady we need to learn more about Fatima flyers in the foyer. THOLIC ARCHDIOCESE

#33 UPDATE: GENERAL LITURGICAL GUIDE-LINES

COVID-19 Implications for the Catholic Archdiocese of Melbourne Information Updated: 27 May 2021, 12.00pm

As of 11.59pm, Thursday 27 May 2021, the following 'circuit-breaker lockdown' measures will apply across Victoria and will be in place until 11.59pm, Thursday 3 June, 2021 unless otherwise notified.

□ **Face masks must be worn inside and outdoors:** everywhere except your own home.

 $\Box$  There will be 5 Reasons to leave home:

- shopping for necessary goods and services (one person per household, once per day, a support person can accompany if required; within 5km);

- caregiving or compassionate reasons;

- authorised work or permitted education, or work interstate (if you can work from home, you must work from home);

exercise (up to two hour two hours, with one other person or members of your household; within 5km); receive a vaccination.

□ **Private and public gatherings will not be permitted**: Single person bubbles will be allowed.

□ **PRAYER and RELIGIOUS CEREMONIES:** No inperson gatherings permitted. Livestreaming and Broadcast is permitted with a total of 5 people present including technicians.

□ **FUNERALS**: (indoor and outdoor): Permitted with no more than 10 people (and those necessary to conduct the funeral). Children under 12 months old are not counted towards this cap.

□ **WEDDINGS:** (indoor and outdoor): Not permitted unless end of life or for deportation reasons. Involves only 5 persons (including the two persons being married, celebrant, two witnesses).

□ **AGED CARE:** No visitors are permitted into aged care or other residential facility settings, except for end-of-life reasons.

□ **HOSPITALS:** No visitors are permitted into health care settings, except for end-of-life reasons, as a support partner for birth, or a parent to accompany a child.

Fr. Anthony Cruz