

## Eighteenth Sunday in Ordinary Time Year B

**Entrance Antiphon Psalm 69:2,6**

O God, come to my assistance; O Lord, make haste to help me! You are my rescuer, my help; O Lord, do not delay.

**A reading from the book of Exodus**

**Exodus 16:2-4. 12-15**

*I will rain bread from heaven upon you.*

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our hearts content! As it is, you have brought us to this wilderness to starve this whole company to death!' Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them this way to see whether they will follow my law or not.' 'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your hearts content. Then you will learn that I, the Lord, am your God.'" And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

**The word of the Lord.**

**Responsorial Psalm**

**Ps 77:3-4. 23-25. 54. R. v.24**

*The Lord gave them bread from heaven.*

**A reading from the letter of St Paul to the Ephesians**

**Ephesians 4:17, 20-24**

*Put on the new person that has been created in God's image.*

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

**The word of the Lord.**

**Gospel Acclamation**

**Matthew 4:4**

**Alleluia, alleluia!** No one lives on bread alone, but on every word that comes from the mouth of God.  
**Alleluia.**

**A reading from the holy Gospel according to**

**John**

**John 6:24-35**

*Whoever comes to me will never be hungry; whoever believes in me will never thirst.*

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered: 'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.' Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.' Jesus answered: 'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.' 'Sir,' they said 'give us that bread always.' Jesus answered: 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

**The Gospel of the Lord.**

**Communion Antiphon John 6:35**

I am the bread of life, says the Lord; whoever comes to me will not hunger and whoever believes in me will not thirst.

### Next Sunday Readings

First Reading 1 Kings 19:4-8

Responsorial Psalm Ps 33:2-9. R. v.9

Second Reading Ephesians 4:30 – 5:2

Gospel John 6:41-51



# St. Thomas More Parish, Belgrave

The Catholic Church in the Dandenong Ranges

P.O. Box 100, Belgrave, Victoria 3160  
Phone: 97542141  
Office Hours: 9.30am–2pm Tuesday to Friday  
Internet: pol.org.au/belgrave

*The Parish of St Thomas More and the Archdiocese of Melbourne are committed to the care, wellbeing and protection of children, young people and vulnerable people in our community. May our message be that child protection and the dignity of every person is the responsibility of every adult. You can find out more about the Church's work in this area at: [www.catholic.org.au/responseandprevention](http://www.catholic.org.au/responseandprevention)*

## Our Parish Vision Statement:

**We are called to be a welcoming, compassionate community, empowered for our faith journey for active service.....**

CHURCH CENTRES		St. Joseph's Church Emerald Cnr. Emerald-Monbulk & Cornish Roads	Sacred Heart Church Gembrook Main Road	St. Thomas More Church Belgrave 17 Terry Avenue, Belgrave	St. Paul's Church Monbulk 59 Moores Road
MASS TIMES	WEEKEND	Vigil Mass 6.00pm	9.00am	9.00am	11.00am
	WEEKDAY			9.00am	

### Eighteenth Sunday in Ordinary Time Year B - 3rd/4th August, 2024

#### REFLECTION by Nick Brodie

Pope Francis encourages us to remember that 'Jesus came to bring us something more' than just food or even miracles. Jesus seeks 'to open our lives to a wider horizon.' Jesus, the Pope points out, 'encourages the people to go a step further' than being receivers of bread. Jesus wants his followers to ponder 'the significance of the miracle, and not simply to take advantage of it.' In a sense, the crowd in this Gospel passage got hung up on spiritual work and gain. They ask: what must they do? Jesus says: believe in him. 'What work will you do?', they ask in turn. It is as if their relationship with God was transactional. Jesus wants his followers to avoid this sort of thinking. 'This is a common temptation', the Pope says, where 'the crowd wants to know from Jesus which actions it must perform in order to please God.' The reality which Jesus reveals is quite the opposite. Rather, as the Pope puts it, 'faith in Jesus allows us to carry out God's works.' It is, after all, the giver of life itself who is the giver of bread. That creative love precedes any of our thoughts or actions. We receive God's love by recognising its presence. Which in turn allows us to play our part in making it present to others



<https://www.liturgyhelp.com/calendar/date/2024Aug04/0/RefNickB>

#### The Pope's Monthly Intention for the month of August

For political leaders — We pray that political leaders be at the service of their own people, working for integral human development and for the common good, especially caring for the poor and those who have lost their jobs.

### **WE ARE A CHILD SAFETY PARISH AND WE BELIEVE IN CHILD SAFETY.**

**PARISH PRIEST:** Fr. Anthony Cruz MC  
*Anthony.cruz@cam.org.au*  
87518112.  
**Phone:**

**Parish Secretary:** Mirani Perera  
**Parish Office:** 97542141  
**Sacraments :** *belgrave@cam.org.au*

**Child Safety Contacts:** Jeanette Wicks 97542759  
Monica Rayner

**PARISH PASTORAL COUNCIL:**  
**Chairperson** Evie  
**Monbulk:** Sue Luxford  
**Belgrave:** David Paton  
**Gembrook:**

**ST. THOMAS MORE'S PRIMARY, BELGRAVE**  
Principal: Declan McDermott  
Phone: 9754-4444  
Email: [principal@smbelgrave.catholic.edu.au](mailto:principal@smbelgrave.catholic.edu.au)

**ST. PAUL'S PRIMARY SCHOOL, MONBULK**  
Principal: Nick Frederiksen  
Phone: 9756 7201  
Email: [nfrederiksen@spmonbulk.catholic.edu.au](mailto:nfrederiksen@spmonbulk.catholic.edu.au)

**Mater Christi College - Belgrave**  
Principal: Ms Maria Haggett  
Phone: 9754 6611 Email: [mcc@materchristi.edu.au](mailto:mcc@materchristi.edu.au)

**St Joseph's College - Ferntree Gully**  
Principal: Ms Cathy Livingston  
Phone: 9758 2000 Email: [info@stjosephs.com.au](mailto:info@stjosephs.com.au)

**Mount Lilydale Mercy College - Lilydale**  
Principal: Philip Morison  
Phone: (03) 9735 4022 E mail: [pmorison@mlmc.vic.edu.au](mailto:pmorison@mlmc.vic.edu.au)

**REMEMBRANCE IN OUR PRAYERS:**

**Recent deaths:** Sandor Janky.

Many people across the world who have died due to Covid-19, wars, civil restlessness and natural calamities. May their souls rest in peace.

**Anniversaries:**

Amelia Lyons, Pham Xuân Truong , Michael Gatehouse, Valmai Spring, Nick Spykers, Mary Comer, Bartoli Pepi, Connie Pepi, Joan McCart.

**Prayers for the Sick:**

We pray for all who are ill, but especially the following people: Kate Joy star, John Kuyper , Flynn Kroeger, Verity Loke, Helen Bye, Anne Radocaj, Simon Kuyper John Barber, Dimuthu, Glen Butler, Juhyeon Kim, Peter Hicks, Margaret Champion, Cameron DiCasio, Jack Weir, Ewa Wallis, Jane Schellenbach, Rebecca Jane Atkinson, Daniel, Mason, Hero, Helen Smith, Irene, Debbie Owens, Don Kempster, Pat McCarrick, Justin, Tom Fergus, Josie Walsh, B. O'Connor, Ingyin Collins, David Bourke, Eileen Ban-yard, Brendan, Martin Fergus, Margaret, Maureen, Patricia Gilchrist, Stephen Mc., Cheryl McInnes, Kate Ar-nott, Julian Neesham, Fa Perisipi, John Reid, Dieter Farmer, Margaret Sheanon, Dianne Zidek, Mark Pick-thall, Terry Schubert, Neil Weatherill, Margaret Her-berth, Rob Zwagerman, Joshua McQuade, Lanie Bre-ron, Sandra Dowling, Francesca, Neil Holland, Maureen Hughes, Marilyn Ward, Isabelle Henry, Phillis Willoughby.

- **Sick List: If you are aware that any names on the sick list need to be removed, please contact the Parish Office on 97542141.**

**Prayer for the Parish**

**( To be prayed at the end of the mass before the recessional Hymn)**

**Loving God,**

**We ask you to pour out your spirit upon our parish**

**And grant us a new vision of your kingdom, a new faithfulness to your Word, a new consecration to your service, that we may become a growing community of disciples, that seeks to bring your word to the world, through Christ our Lord, Amen.**

*Sacred Heart of Jesus, Have Mercy on us.*

*St. Joseph, Pray for us.*

*St. Paul, Pray for us.*

*St. Claire, Pray for us.*

*St. Thomas more, Pray for us.*



**St Paul's**  
Catholic Primary School  
Monbulk

Melbourne Archdiocese  
Catholic Schools

**PREP TASTER DAYS**  
Get ready for school with a 'taste' of St Paul's!

**COME ALONG!!!**  
Invitation to 3Y0 and 4Y0 Pre-Schoolers  
**9.15-10.15am**

**Fri 26 July**                      **Wed 7 August**  
**Thu 22 August**                **Wed 11 September**

Phone: 9756 7201  
Email: [office@sprmonbulk.catholic.edu.au](mailto:office@sprmonbulk.catholic.edu.au)

**Belgrave church reading roster 4th August**

Mia Jansen and Helen Garrick

**Next week — 11th August**

Erica Kurek and Michael Couche



For details relating to Baptisms, Marriages & Anointing of the Sick, please contact the parish office.



Anointing the sick

Applications are invited from suitably qualified and experienced people for the positions of:

Further details of the above positions can be found on the Archdiocese website at: [Job vacancies](#) | [Melbourne Catholic](#)



**Positions Available**

Where: Don Bosco Retreat Centre Lysterfield Roles: Cleaner & Maintenance Person Hours: Cleaner-10 hours over 2 days per week Maintenance Person- 6 hrs per week Experience desirable but not essential Please send your expression of interest through to Fr Shane.

[dbrclysterfield@gmail.com](mailto:dbrclysterfield@gmail.com)

**To Contribute Financially to St. Thomas More Parish**

Church Name: St Thomas Mores Parish Church Account  
BSB: 083 347, Account: 67214 6192



## SAFEGUARDING CHILDREN & VULNERABLE PEOPLE ESSENTIAL TRAINING

As a continuation of our commitment to doing the best to protect our children and vulnerable people, the arch diocese requires volunteers within the parish to complete Essentials Training every three years.

It has been many years since we've been able to offer this as a parish event, but we have been very lucky to secure the services of Brech Burgess from the archdiocese to come and run this training for us.

It is open to all our parish volunteers from all our mass centres and will only take about an hour of your time.

When: August 25th, at 10:30am after 9am mass at Belgrave

Where: over in the St Thomas More school staffroom, after post-mass cuppas

If you have any questions or are unsure if you need to attend, please speak with Father Cruz or Jeanette Wicks for clarification.

We look forward to seeing as many of you there as possible.

**The Safeguarding Committee**

## The feast of St. Mary MacKillop - 8th August



### 2024 Archbishop's Campaign

The 2024 Archbishop's Campaign kicks off in August. This campaign consolidates several collections into one annual campaign, creating a streamlined approach to fundraising in the Archdiocese.

Your co-operation and support of the campaign and its implementation in your parish will be greatly appreciated.

The key campaign weekends are **August 10-11, August 17-18, August 24-25.**



### Caritas Australia's Women for the World Appeal

Support women to lift their families and communities out of poverty. With your support Memory completed vocational training and became the first female carpenter from her village in Malawi. More women and girls need this support to break the cycle of poverty. You can create real change for women like Memory. Donate online at:

[www.caritas.org.au](http://www.caritas.org.au)



### Feast of Our Lady of Assumption

The feast of Our Lady of Assumption is on 15th August. The nine consecutive days novena starts on 6th. (6th—14th August). The novena sheets are available at St. Thomas Mores church foyer.



### Candlelight Vigil for Ukraine and world peace

Let's redouble our prayers for a resolution for the Ukraine conflict. The candlelight vigil mass is on the first Wednesday of the Month. Let's redouble our prayers for a resolution to this conflict and peace in the world.

**7.00pm Mass**

**7.30pm Private prayer in front of the Blessed Sacrament**

**7.45pm Rosary**

**8.05pm Benediction**



### St. Joseph's church Emerald Fund raising raffle

**Tickets** \$2 each or \$5 for 3 tickets

**Prizes**

1st Prize	6 Bottles of Wine
2nd Prize	Kitchen pro Rice Cooker
3rd Prize	\$30 Voucher (Emerald Fruit Barn)
4th Prize	\$30 Voucher (Laughing Fox Café)
Other Prizes	Cholates

The raffle will be drawn on 24th August at Emerald church at 7.00pm.

The tickets are available by 4th August after mass at your church.

Emerald	Bea Eadie
Belgrave	Helen Garrick
Monbulk	Sue Luxford
Gembrook	Christine Borg



### Important dates

5th August	The dedication of the Basilica of St. Mary Major
6th August	The transfiguration of the Lord
8th August	St. Mary of the cross, Virgin
10th August	St. Lawrence