

The Most Holy Body and Blood of Christ Year B

A reading from the book of Exodus

Ex 24:3-8

This is the blood of the Covenant that the Lord has made with you.

Moses went and told the people all the commands of the Lord and all the ordinances. In answer, all the people said with one voice, 'We will observe all the commands that the Lord has decreed.' Moses put all the commands of the Lord into writing, and early next morning he built an altar at the foot of the mountain, with twelve standing-stones for the twelve tribes of Israel. Then he directed certain young Israelites to offer holocausts and to immolate bullocks to the Lord as communion sacrifices. Half of the blood Moses took up and put into basins, the other half he cast on the altar. And taking the Book of the Covenant he read it to the listening people, and they said, 'We will observe all that the Lord has decreed; we will obey.' Then Moses took the blood and cast it towards the people. 'This' he said 'is the blood of the Covenant that the Lord has made with you, containing all these rules.'

The word of the Lord.

Responsorial Psalm

Ps 115:12-13. 15-18. R. v.13

(R.) I will take the cup of salvation, and call on the name of the Lord.

How can I repay the Lord
for his goodness to me?

The cup of salvation I will raise;

I will call on the Lord's name. **(R.)**

O precious in the eyes of the Lord
is the death of his faithful.

Your servant, Lord, your servant am I;

you have loosened my bonds. **(R.)**

A thanksgiving sacrifice I make:

I will call on the Lord's name.

My vows to the Lord I will fulfil

before all his people. **(R.)**

A reading from the letter to the Hebrews

Heb 9:11-15

The blood of Christ will purify our inner selves.

Now Christ has come, as the high priest of all the blessings which were to come. He has passed through the greater, the more perfect tent, which is better than one made by men's hands because it is not of this created order; and he has entered the sanctuary once and for all, taking with him not the blood of goats and bull calves, but his own blood, having won an eternal redemption for us. The blood of goats and

bulls and the ashes of a heifer are sprinkled on those who have incurred defilement and they restore the holiness of their outward lives; how much more effectively the blood of Christ, who offered himself as the perfect sacrifice to God through the eternal Spirit, can purify our inner self from dead actions so that we do our service to the living God. He brings a new covenant, as the mediator, only so that the people who were called to an eternal inheritance may actually receive what was promised: his death took place to cancel the sins that infringed the earlier covenant.

The word of the Lord.

Gospel Acclamation:

Alleluia, alleluia! I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. **Alleluia !**

A reading from the holy Gospel according to Mark

Mk 14:12-16, 22-26

This is my body. This is my blood.

On the first day of Unleavened Bread, when the Passover lamb was sacrificed, his disciples said to Jesus, 'Where do you want us to go and make the preparations for you to eat the passover?' So he sent two of his disciples, saying to them, 'Go into the city and you will meet a man carrying a pitcher of water. Follow him, and say to the owner of the house which he enters, "The Master says: Where is my dining room in which I can eat the passover with my disciples?" He will show you a large upper room furnished with couches, all prepared. Make the preparations for us there.' The disciples set out and went to the city and found everything as he had told them, and prepared the Passover.

And as they were eating he took some bread, and when he had said the blessing he broke it and gave it to them. 'Take it,' he said 'this is my body.' Then he took a cup, and when he had returned thanks he gave it to them, and all drank from it, and he said to them, 'This is my blood, the blood of the covenant, which is to be poured out for many. I tell you solemnly, I shall not drink any more wine until the day I drink the new wine in the kingdom of God.'

Communion Antiphon

Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

Next week's readings:

First Reading: Ez 17:22-24

Responsorial Psalm: Ps 91:2-3. 13-16. R. see v.2

Second Reading: 2 Cor 5:6-10

Gospel : Mk 4:26-34



Parish of Belgrave

The Catholic Church

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Email: belgrave@cam.org.au

The Parish of St Thomas More and the Archdiocese of Melbourne are committed to the care, wellbeing and protection of children, young people and vulnerable people in our community. May our message be that child protection and the dignity of every person is the responsibility of every adult. You can find out more about the Church's work in this area at: www.catholic.org.au/responseandprevention

Our Parish Vision Statement:

We are called to be a welcoming, compassionate community, empowered for our faith journey for active service.....

CHURCH CENTRES		St. Joseph's Church Emerald Cnr. Emerald-Monbulk & Cornish Roads	Sacred Heart Church Gembrook Main Road	St. Thomas More Church Belgrave Reynolds Lane	St. Paul's Church Monbulk 59 Moores Road
MASS TIMES	WEEKEND	Vigil Mass 6.00pm (On Zoom)	9.00am (On Zoom)	9.00am (On Zoom)	9.00am (On Zoom)
	WEEKDAY			9.00am (On Zoom)	

Homily for the Corpus Christi Sunday - 6th June 2021

- This is the recounting of the Last Supper, the first Mass in which Our Lord offered himself to his disciples as spiritual food by transforming bread and wine into his Body and Blood.
- This offering or sacrifice Christ made in an unbloody way. He would make that same offering the next day in a bloody way in his Passion.
- Christ was thereby enacting the New Covenant between God and humanity.
- We say yes to the New Covenant not by being sprinkled with the blood of animals like the Israelites but by eating the flesh and drinking the blood of Christ in the Eucharist.



Doctrine: The Real Presence of Christ in the Holy Eucharist

- The *Catechism* reminds us that Christ is present to us in many ways here on earth: “in his word, in the Church’s prayer, . . . in the poor, the sick, and the imprisoned, in the sacraments of which he is the author, in the sacrifice of the Mass, and in the person of the minister.” But one presence on earth is greatest of all. Jesus Christ “is present . . . most especially in the Eucharistic species.” (CCC 1373)
- What is this presence in the Eucharistic species? “In the most blessed sacrament of the Eucharist ‘the body and blood, together with the soul and divinity, of our Lord Jesus Christ and, therefore, *the whole Christ is truly, really, and substantially*’” This is why we hear the formula that Christ is present in the Eucharistic species in his *body, blood, soul, and divinity*.
- “This presence is called ‘real’—by which is not intended to exclude the other types of presence as if they could not be ‘real’ too, but because it is presence in the fullest sense: that is to say, it is a *substantial* presence by which Christ, God and man, makes himself wholly and entirely present.”
- *Substance*, the root of the word *substantial*, is an important term in Catholic theology. We could say it means the very being of someone or something. When you watch a film, the being of the actor is not really present on the screen—for the actor to really be present you would have to go to the set while the actor was being filmed. However, in the Blessed Sacrament, the being of Christ is present. (CCC 1374)

Practical application: Worthy reception of the Holy Eucharist

- To prepare ourselves to receive Holy Communion worthily, “St. Paul urges us to examine our conscience: ‘Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of profaning the body and blood of the Lord. Let a man examine himself, and so eat of the bread and drink of the cup. For any one who eats and drinks without discerning the body eats and drinks judgment upon himself’ (1 Cor 11:27-29). Anyone conscious of a grave sin must receive the sacrament of Reconciliation before coming to communion.” (CCC 1385)
- Remote preparation for Communion includes “regular prayer and reading of Scripture, the faithful and loving fulfillment of the daily responsibilities of our state in life, and regular participation in the Sacrament of Penance, including daily repentance of sin by an examination of conscience and recitation of the Act of Contrition.”
- “[P]roximate preparation includes our prayerful recollection as we come to Mass and fasting from food and drink for at least one hour prior to receiving Holy Communion as our health and age permit. . . . Proximate preparation also includes dressing appropriately and modestly.”
- How often should we receive Communion? “The Church obliges the faithful to take part in the Divine Liturgy on Sundays and feast days and, prepared by the sacrament of Reconciliation, to receive the Eucharist at least once a year, if possible during the Easter season. But the Church strongly encourages the faithful to receive the holy Eucharist on Sundays and feast days, or more often still, even daily.” (CCC 1389)

<https://www.doctrinalhomilyoutlines.com>

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REMEMBRANCE IN OUR PRAYERS:

Recent deaths: Many people across the world who have died due to corona virus and natural calamities.

Anniversaries: Peter and Paul Stokie, Sr. Mary Baptist, Nancy Cromar, Abraham Schellenbach, Bernie McDonnell, Norienne Peterson.

Prayer for the deceased:

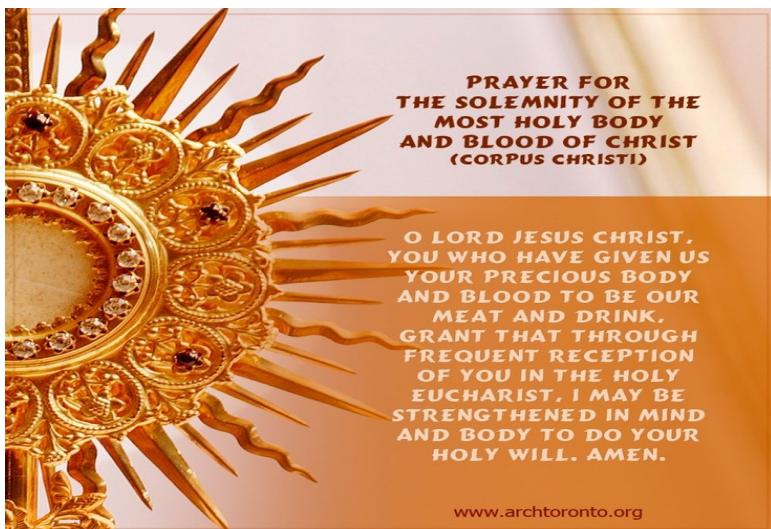
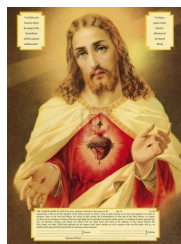
Lord open wide the doors of your Mercy to all those who have passed away in the parish of St. Thomas More, Belgrave. In your compassion grant eternal bliss to all of them.

Prayers for the Sick: We pray for all who are ill, but especially the following people: Jane Schellenbach, Deanne Atkinson, Damien Van der Linden, Lil Warner, Fiona, Margaret Gilhooly, Daniel, Mason, Hero, Helen Smith, Irene and Kevin Ryan, Debbie Owens, Don Kempster. Pat McCarrick, Joan Newman, Justin, Joy Goodie, Tom Fergus, Leo and Josie Walsh, Father Noel MacKay, B. O'Connor, Linda Bullivant, Maureen & Peter Lyons, Laurie Fitton, Ingyin Collins, David Bourke, Eileen Banyard, Brendan, Martin Fergus, Margaret & Fiona Gilhooly, Maureen, Patricia Gilchrist, Stephen Mc., Cheryl McInnes, Kate Arnott, Julian Neesham, Robert Drake, Helen Hermann, Lyn Blackman, Joan Munday, Fa Perisipi, John Reid, Dieter Farmer, Margaret Sheanon, Dianne Zidek, Mark Pickthall, Terry Schubert, Neil Weatherill, Margaret Herbert, Rob Zwagerman, Peter Campion, Joshua McQuade, Jim & Ed Hodapp, Lanie Brereton, Sandra Dowling, Francesca, Neil Holland, Maureen Hughes, Marilyn Ward, Isabelle Henry, Phillis Willoughby.

Important dates

11th June *Feast of Sacred Heart of Jesus*

13th June *Feast of St. Anthony*



Please pray before the Recessional Hymn

St Joseph Prayer



Heavenly Father,

St Joseph set aside his own plans
to embrace your dream for us.

You invited his help in caring
for Jesus your Son, our Saviour,
and the Revealer of your wonderful love.

Enable us to live by your loving plan
and to reflect to the world the light of Christ.

St Joseph, man of dreams
and trusting steward, pray for us.

Lord Jesus,

You grew in wisdom and maturity
as you lived in the family
of Nazareth in daily communion
with St Joseph and Mary your mother.

From St Joseph you learned
the dignity of human work.

Give parents the wisdom
to support their children and to guide them
in the way and work of your Kingdom.

St Joseph, faithful parent
and diligent worker, pray for us.

Creator Spirit,

We see in St Joseph a tenderness
and reverence for all your creation.

We learn from him to approach others justly
and tenderly, and to see our world as endowed
with the glory of God.

Teach us to love one another
and to be of humble service to all of creation,
empowered by your life within us.

St Joseph, wise protector and humble servant,
pray for us.

Spiritual Communion Prayer

My Jesus,
I believe that You are present
in the Most Holy Sacrament.
I love You above all things
and I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there
and unite myself wholly to You.
Never permit me to be separated from You. Amen.

As of now all the Liturgical Celebrations stand suspended until we receive further information from Archdiocese of Melbourne.

Weekend masses in all of our churches stand suspended. Weekdays and weekend masses available on zoom only. Monday to Saturday 9.00am

Saturday Vigil Mass 6pm and Sunday 9.00am

Topic: Father Cruz' Holy Mass on Zoom

Join Zoom Meeting

[https://zoom.us/j/7504645976?](https://zoom.us/j/7504645976?pwd=S0YwS3FiQndpMlZ0STY0TFRRYXJGQT09)

[pwd=S0YwS3FiQndpMlZ0STY0TFRRYXJGQT09](https://zoom.us/j/7504645976?pwd=S0YwS3FiQndpMlZ0STY0TFRRYXJGQT09)

Meeting ID: 750 464 5976..

Passcode: 7mJTwW

FR. CRUZ WILL BE CELEBRATING MASS VIA ZOOM every day.

Fr. Anthony Cruz

First Friday Devotions at St Thomas More, Belgrave — 4th June (On Zoom)

Beginning of mass at 9am. After the Mass, Rosary Prayed with the Blessed Sacrament Exposed. There are twelve promises given to St Margarat Alacoque about the First Friday. We need to do 9 consecutive first Fridays. There are flyers in the foyer.

First Saturday Devotions at St Thomas More, Belgrave— 5th June (On Zoom)

Beginning of mass at 9am. After the Mass, Rosary is prayed with the Blessed Sacrament Exposed. During the holy hour of Adoration, Priest is available for the Sacrament of Reconciliation. Our Lady of Fatima asked for 5 consecutive Saturdays. To learn more about this request from Our Lady we need to learn more about Fatima flyers in the foyer.

Fr. Anthony Cruz

Prayers of the Faithful for 5th and 6th June, 2021

Celebrant: God calls us to hear his word, to be nourished and to share His love. He invites us to open our hearts and minds to his call and in turn, to be bread broken and shared. Gathered around this Eucharistic table, let us seek God's blessings for ourselves and all the world.

Reader: Our response is: *Lord, graciously hear us.*

Reader: We pray for the Church, many members yet one body. May we grow in unity, mercy and love as we manifest Christ's saving love in the world. Together we pray...

Response: *Lord, graciously hear us.*

Reader: We pray for the gift of Peace. May world leaders turn from violence and injustice to further dialogues over issues of equity, care of the earth, nuclear weapons and human rights. Together we pray...

Response: *Lord, graciously hear us.*

Reader: We pray for our Parish in the Dandenong Ranges. May children receiving their First Eucharist, and their families, draw closer to our living Lord through regular participation in the sacrament. Together we pray...

Response: *Lord, graciously hear us.*

Reader: We pray for all in our parish who are in frail health, and those suffering because of the current lockdown. May they receive assistance and may the prayers of their families and friends be heard. Together we pray...

Response: *Lord, graciously hear us.*

Reader: We pray for those who hunger spiritually. May they be sustained by faith in the Word of God and the Eucharist. May they continue undaunted to search for spiritual guidance and inspiration. Together we pray...

Response: *Lord, graciously hear us.*

Reader: We pray for the gift of thankfulness. May we begin each day with a spirit of gratitude and awareness of God's many blessings, gifts and opportunities. Together we pray...

Response: *Lord, graciously hear us.*

Reader: We pray in silence for those intentions closest to our own hearts.....

Together we pray...

Response: *Lord, graciously hear us.*

Celebrant: God our Father, as we celebrate today's feast, hear our prayers and grant us a love of the Eucharist that will never wane, but will deepen and intensify all the days of our lives. We make our prayers through Christ our Lord, Amen.