## Sacrament of Healing Reconciliation - Penance

Through this process, a person is reconciled with the Church and continues to live as a disciple of Jesus Christ.

Reconciliation is officially called the Sacrament of Penance. In the past, it was also called Confession. These titles are all aspects of the meaning of the Sacrament.

The Sacrament of Penance is a celebration of God's love and mercy. It celebrates the call to repentance after a process of conversion of heart.

This includes confessing our sins and receiving the forgiveness of God through the ministry of the priest. Through this process, a person is reconciled with the Church and continues to live as a disciple of Jesus Christ.