



ST JOHN'S CATHOLIC PARISH
& PRIMARY SCHOOL

ST JOHN'S CATHOLIC PARISH

52 Yarra Street
HEIDELBERG



We acknowledge the traditional custodians of the land on which our parish stands, the Wurundjeri-Balluk clan of the Woi wurrung people in the Kulin Nation.

Central to the mission of St John's Parish is an unequivocal commitment to fostering the dignity and integrity of children and young people and providing them with a safe and supportive environment in which to flourish.

PARISH PRIEST Fr Vinh Nguyen

PARISH SECRETARY: Mary Peeris

PASTORAL ASSOCIATE:

Elizabeth Williamson (0447195553)

SAFEGUARDING COMMITTEE CHAIR:

Michelle Penson (0499 891 101)

PARISH OFFICE:

52 Yarra Street Heidelberg 3084

t: 9457 1066

e: heidelberg@cam.org.au

w: pol.org.au/heidelberg

Facebook.com/stjohnheidelberg

OFFICE HOURS:

Tues—Fri 9:30am to 2:30pm

MASS TIMES:

Tues to Sat: 9:15am & Sat Vigil

6pm, Sun: 8:30am, 10:30am &

5pm

ADORATION: After Friday morning
Mass with Benediction.

EXPOSITION: Wednesday 7.30pm-
8.30pm

RECONCILIATION (CONFESSION):

Will resume after Fr Vinh returns.

WEDDING, BAPTISM, FIRST

RECONCILIATION, FIRST COMMUNION,

CONFIRMATION:

Parish Secretary (9457 1066)

LEGION OF MARY: Meet every

Wednesdays at 10.30am at parish

house in the Francis Xavier Room.

All Welcome. Fatima Statue

Enquires, Contact Sue

0449260206

ST JOHN'S CATHOLIC PRIMARY

Maureen Stella (Principal)

55 Cape St Heidelberg 3084

t: 9459 2963;

office@sjheidelberg.catholic.edu.au

HALL HIRE:

Contact parish office during office
hours.

4TH/5TH FEBRUARY, FIFTH SUNDAY OF ORDINARY TIME, YEAR A

PARISH PRAYER

Heavenly Father, we the parishioners of St John's are grateful for all we have received from the men, women and children of our past. Help us to cherish and maintain our parish heritage. Most of all, enable us to be people who welcome the stranger, the needy, the sick and the lonely. Like St John, our patron saint, may we be people who love others, as your Son Jesus, asked us to do. We make this prayer, through Christ our Lord. *Amen.*

SALTY AND RADIANT

'You' is in the plural. So these descriptions are meant to apply to us as a Christian community. Our Lord describes who we are, who we are by virtue of our being graced to be his disciples.

'Salt of the Earth' - Salt in the ancient world was used not just for flavouring but, most importantly, as a preservative for food, preventing deterioration or decay, keeping it life-giving. So, when Jesus says: 'You are the salt of the earth', he is saying: 'You are the ones who are to preserve the earth, to prevent its deterioration or decay, to keep it life-giving, to ensure it provides a place of habitation, hospitable to billions of living beings, including human beings.' This is the basis for a Christian charter for ecological sensitivity of the highest order. Gross pollution in a crime against the earth and a sin against the Creator of the earth. That is fairly obvious. But we can reflect a little more. In a hundred different ways, not just ecological, every time we do something which makes the earth more habitable, more life-giving, we retain our tang – we are the salt of the earth. But Our Lord warns us that we can lose our saltiness, we can lose our tang, we can become useless. How do we do what salt should do? Salt has to penetrate food to have an effect. We have to penetrate the world with our Sermon on the Mount values. Staying self-contained as a perfect little band of Christians is about as useful as salt remaining in the saltshaker. In Our Lord's scary opinion we would quite rightly be trampled underfoot. We retain our saltiness by becoming the greatest humanitarians the world has ever seen.

'Light of the Cosmos' - Our Lord says, 'Your light must shine in the sight of human beings so that, seeing your good works, they may give the praise to your father in Heaven.' The words Jesus uses for good works are 'kala erga'. In Greek, the language of the Gospels, these words mean 'beautiful works'. These are those things we do which have grace, elegance and proportion and are therefore pleasing to observe: beautifully-good-works.

When we do beautifully good works there is a transforming impact on the whole of creation! There is a moral ecology to the universe!

So, stay salty and tangy. Do good beautifully and elegantly. The earth will become more habitable. The cosmos will become more translucent with Divine Glory.

Fr Michael Tate

ENTRANCE HYMN: BE THOU MY VISION

Be though my vision, O Lord of my heart;
Naught be all else to me, save that thou art.
Thou my best thought, by day or by night,
Waking or sleeping, thy presence my light.

Be thou my wisdom, and thou my true word;
I ever with thee and thou with me Lord;
Thou and thou only, first in my heart,
Great God of heaven, my treasure thou art.

ENTRANCE ANTIPHON

O come, let us worship God
and bow low before the God who made us,
for he is the Lord our God.

CONFITEOR

I confess to almighty God and to you,
my brothers and sisters, that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,
(And, striking their breast, they say:)

through my fault, through my fault,
through my most grievous fault;
(Then they continue:)

therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints, and you,
my brothers and sisters,
to pray for me to the Lord our God.

GLORIA

Glory to God in the highest, and
on earth peace to people of good will.
We praise you, we bless you, we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King, O God, almighty Father.
Lord Jesus Christ, Only Begotten Son, Lord God,
Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world, receive our
prayer;
you are seated at the right hand of the Father,
have mercy on us.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit, in the glory of God the Father.
Amen.

FIRST READING*Isaiah 58:7-10*

Thus says the Lord: Share your bread with the
hungry, and shelter the homeless poor, clothe the
man you see to be naked and turn not from your own
kin. Then will your light shine like the dawn and your
wound be quickly healed over.

Your integrity will go before you and the glory of the
Lord behind you. Cry, and the Lord will answer; call,
and he will say, 'I am here.'

If you do away with the yoke, the clenched fist, the
wicked word, if you give your bread to the hungry,
and relief to the oppressed, your light will rise in the
darkness, and your shadows become like noon.

RESPONSORIAL PSALM*Psalms 111:4-9*

Response: A light rises in the darkness for the upright.

He is a light in the darkness for the upright:
he is generous, merciful and just.
The good man takes pity and lends,
he conducts his affairs with honour. **R./**

The just man will never waver:
he will be remembered for ever.
He has no fear of evil news;
with a firm heart he trusts in the Lord. **R./**

With a steadfast heart he will not fear;
open-handed, he gives to the poor;
his justice stands firm for ever.
His head will be raised in glory. **R./**

SECOND READING*1 Corinthians 2:1-5*

When I came to you, brothers, it was not with
any show of oratory or philosophy, but simply to tell
you what God had guaranteed. During my stay with
you, the only knowledge I claimed to have was about
Jesus, and only about him as the crucified Christ. Far
from relying on any power of my own, I came among
you in great 'fear and trembling' and in my speeches
and the sermons that I gave, there were none of the
arguments that belong to philosophy; only a
demonstration of the power of the Spirit. And I did
this so that your faith should not depend on human
philosophy but on the power of God.

GOSPEL ACCLAMATION

Alleluia, alleluia!

I am the light of the world, says the Lord; the man
who follows me will have the light of life.
Alleluia!

GOSPEL*Matthew 5: 13-16*

Jesus said to his disciples: 'You are the salt of
the earth. But if salt becomes tasteless, what can
make it salty again? It is good for nothing, and can
only be thrown out to be trampled underfoot by
men.'

'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'

NICENE CREED

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,

(At the words that follow, up to and including and became man, all bow.)

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come.
Amen

MEMORIAL ACCLAMATION

When we eat this Bread and drink this Cup, we
proclaim your Death, O Lord, until you come again.

COMMUNION ANTIPHON

Let them thank the Lord for his mercy,
his wonders for the children of men,
for he satisfies the thirsty soul,
and the hungry he fills with good things.

COMMUNION HYMN: AS THE DEER

As the deer pants for the water
So my soul longs after You.
You alone are my heart's desire
And I long to worship You.

You alone are my strength, my shield,
To you alone may my spirit yield.
You alone are my heart's desire
And I long to worship you.

I want You more than gold or silver,
Only You can satisfy.
You alone are the real joy giver,
And the apple of my eye.

You alone are my strength, my shield,
To you alone may my spirit yield.
You alone are my heart's desire
And I long to worship you.

You're my friend and You are my brother
Even though You are a King.
I love you You more than any other,
So much more than anything

You alone are my strength, my shield,
To you alone may my spirit yield.
You alone are my heart's desire
And I long to worship you.

RECESSIONAL HYMN: I AM THE LIGHT OF THE WORLD

Refrain:

"I am the light of the world", says the Lord,
"They who follow me will have the light of life."

"Arise," says the Lord, "Have no fear within you;
For in my presence there will be no darkness.
I am the light of the world."

Ref.

"Walk in the light, there is no cause to stumble;
I have come to light the path before you.
I am the light of the world."

Ref.

SCRIPTURAL CONTEXT – FOLLOWING BLESSINGS

Today's gospel passage is one that is quite commonly quoted and relatively well known. When it is taken in isolation, it's very easy to forget that these words immediately follow the Beatitudes that we heard in last week's gospel. The imperative for justice in the images of salt and light of the world becomes even clearer when we remember that these words follow the blessings on those who are poor; who mourn; who are merciful and fight for justice. Jesus has blessed all these who are least in the world and then charges the disciples to be salt and light for them.

4 / 5 February	Sat 6:00pm	Sun 8:30am	Sun 10:30am	Sun 5pm	
Reader	Vernon Curtis	Pietro Sciotto	Jacqueline Lewis	Annaliza	
Communion	Lorraine Mascarenhas	Elizabeth Williamson	TBA	Sally Tramontana	
11/ 12February	Sat 6:00pm	Sun 8:30am	Sun 10:30am	Sun 5pm	
Reader	Domenica Ashworth	Claire Newsome	Peter Greenham	Leela Cherubim	
Communion	TBA	Christopher Ratnayake	Elizabeth Williamson	Sally Tramontana	
Morning Tea : 5th February 2023 - Barbara & Liz (H)					
COLLECTIONS FOR THE WEEK ENDED 29TH JANUARY 2023					
ST JOHN'S PRESBYTERY CHEQUE- BSB 083-347 A/c 659225267			ST JOHN'S CATHOLIC CHURCH - BSB 083-347 A/c 658806318		
Envelopes	Loose Collection	Bank Direct	Envelopes	Loose Collection	Bank Direct
160.30	569.85	265.00	935.30	687.75	820.00
<p>First Collection is for the support of our parish priest, the Archbishop, the sick and retired priests and priests in less fortunate areas around our Archdiocese of Melbourne (it is taken up after the prayers of the faithful).</p> <p>Second Collection is for the support of our parish, its welfare and maintenance (it is taken up after Communion).</p>					

MORNING TEA: In parish hall this Sunday 5th February, following the 10.30a.m. Mass. You are invited to join fellow parishioners. Parishioners and visitors warmly welcome.

PASTORAL CARE APPEAL 2023: Next weekend 11th/12th February is the Pastoral Care Appeal in the Archdiocese of Melbourne. Each year a special collection is conducted in all parishes, so that the vital work of the Catholic Chaplains can continue. The Chaplains support thousands of Victorians every year in hospitals, prisons and youth justice centres. Your gift can help people find comfort and hope as they go through some of their darkest times of their life. Please give generously. You can donate using the envelopes or online at www.catholiccarevic.org.au or call (03) 9287 5513.

ASH WEDNESDAY: February 22nd, Mass times are 9.15a.m. and 7.30p.m.

LAST YEAR'S PALMS NEEDED: The Ash Wednesday ashes are created by burning palms from the previous year's Palm Sunday celebration. If you could leave these in the container provided in the foyer of the church it would be appreciated.

GEMS (GREGARIOUS ENERGETIC MEMBERS OF ST JOHN'S) 50+: the Francis Xavier room this coming Tuesday, February 7th at 10.00am for fun and friendship. New members always welcome.

SIGNIFICANT BIRTHDAYS AND ANNIVERSARIES: If you or a loved one are celebrating a significant birthday (18th, 21st, 30th, 40th...) or a wedding anniversary please let us know at the parish office (Heidelberg@cam.org.au) so we can celebrate and pray for you as a community.

DO YOU KNOW OF SOMEONE WHO CAN'T GET TO MASS ANY LONGER? Would they like to be visited and perhaps have communion taken to them? Contact: Elizabeth 0447195553.

'THE WAY' PRAYER GROUP: Free Lenten course on Zoom "A Journey to Freedom", Thursdays 8.00-9.30pm, 23rd Feb, 2,9 & 23 March. To receive the course booklet by email book before 22nd Feb at <https://www.trybooking.com/CFNKH>

Further information contact Emilia 0418120902 or email emilia.sacchetta@bigpond.com



Happy 90th Birthday Betty Maloney



PLEASE REMEMBER IN YOUR PRAYERS

THE SICK: Franca Floreani, Cath Kemp, Margaret Frigo, Vicky Huffman, Sonia Robinson, Paula Staples, Marie Hankin, Vin Sier, Agnes Fernandez, Joan O'Donoghue.

ANNIVERSARY: Teresa Dickson.

RECENTLY DECEASED: Mary Stella, Vittoria Popolo.

Please submit any items for the newsletter, including sick, recently deceased and anniversaries, by Thursday morning latest. Thank you