



ST JOHN'S CATHOLIC PARISH
& PRIMARY SCHOOL

ST JOHN'S CATHOLIC PARISH

52 Yarra Street
HEIDELBERG



We acknowledge the traditional custodians of the land on which our parish stands, the Wurundjeri-Balluk clan of the Woi wurrung people in the Kulin Nation.
Central to the mission of St John's Parish is an unequivocal commitment to fostering the dignity and integrity of children and young people and providing them with a safe and supportive environment in which to flourish.

PARISH PRIEST : Fr Vinh Nguyen

ASSISTANT PRIEST:

Fr. Kishore Reddy Gade Msfs

PARISH SECRETARY: Mary Peeris

PASTORAL ASSOCIATE:

Elizabeth Williamson (0447195553)

SAFEGUARDING COMMITTEE CHAIR:

Michelle Penson (0499 891 101)

ST JOHN'S PARISH OFFICE:

52 Yarra Street Heidelberg 3084

t: 94571066 & 70643906

e: heidelberg@cam.org.au

w: pol.org.au/heidelberg

Facebook.com/stjohnheidelberg

PARISH OFFICE HOURS:

Tuesday to Friday 9:30am to 2:30pm

MASS TIMES:

Weekdays: Tuesday to Saturday:

9:15am

Weekend: Saturday Vigil 6pm

Sunday 8:30am, 10:30am & 5pm

ADORATION: After Friday morning Mass with Benediction.

EXPOSITION

Wednesday 7.30pm

RECONCILIATION (CONFESSION):

Wednesday 7.30pm-8.30pm

Friday during Adoration, Sat 9:45 am & 5:30pm.

WEDDING, BAPTISM, FIRST

RECONCILIATION,

FIRST COMMUNION, CONFIRMATION:

Parish Secretary (9457 1066)

ST JOHN'S HALL HIRE:

Contact parish office.

LEGION OF MARY: Meet every

Wednesdays at 10.30am at parish house in the Francis Xavier Room. All Welcome. Fatima Statue Enquires, Contact Sue 0449260206

ST JOHN'S CATHOLIC PRIMARY

Elizabeth Whiting (Acting Principal)

55 Cape St Heidelberg 3084

t: 9459 2963;

office@sjheidelberg.catholic.edu.au

8TH / 9TH JULY, FOURTEENTH SUNDAY IN ORDINARY TIME, YEAR A

PARISH PRAYER

Heavenly Father, we the parishioners of St John's are grateful for all we have received from the men, women and children of our past. Help us to cherish and maintain our parish heritage. Most of all, enable us to be people who welcome the stranger, the needy, the sick and the lonely. Like St John, our patron saint, may we be people who love others, as your Son Jesus, asked us to do. We make this prayer, through Christ our Lord. *Amen.*

"COME TO ME, ALL YOU WHO LABOUR AND ARE BURDENED, AND I WILL GIVE YOU REST."

Dear Friends,

Sometimes life's burdens can overwhelm us and we live with uncertainty and the fear that we will be swallowed up in despair and lack of hope. Here, in this passage of Scripture, Jesus offers us a lifeline, 'Come to me ...' He says. Sounds simple, doesn't it? And yet we find it difficult to believe that reaching out to Him can make a difference.

Our first reading from the book of Zechariah is filled with a sense of liberation, joy, relief, and rest. Zechariah's promised peace is mirrored in Jesus's offer of rest. But what is this "rest"? It is not necessarily less work, for it is still a "yoke" to bear - one of responsibility and commitment. Nonetheless, Jesus promises that his yoke feels "easy" and "light." To take on this yoke is simple: all we have to do is to take on the qualities of a child (e.g., vulnerability, wonder, trust) and lay all of our burdens on Jesus. When we do this, when we "yoke" ourselves to Jesus-the one who is meek, gentle, and loving then this path leads to peace, fulfillment, and liberation from our lesser selves that St Paul describes. It leads to rest. Our Gospel invites us all to ask ourselves: to what, or to whom, are we yoked, and where does the path lead?

Today, Jesus invites us to take his hand and walk with him through this 'valley of tears' but we can be stubborn sometimes. May the Lord help us to be open to his whispered invitation and respond with faith and generosity.

With every blessing,

Fr Vinh-Parish Priest

CHILD SAFETY: St John's Parish is committed to the safety, wellbeing and dignity of all our children, young people and vulnerable adults. Children are to be supervised by a parent/guardian at all times in the church and when leaving the church for any reason.

ENTRANCE: PRAISE, MY SOUL

Praise, my soul, the King of Heaven;
To his feet Thy tribute bring!
Ransomed, healed, restored, forgiven,
Evermore his praises sing:

Alleluia! Alleluia!
Praise the everlasting King!

Praise him for His grace and favour,
To his children in distress!
Praise him still the same as ever,
Slow to chide, and swift to bless!

Alleluia! Alleluia!
Glorious in His faithfulness.

ENTRANCE ANTIPHON

Your merciful love, O God,
we have received in the midst of your temple.
Your praise, O God, like your name,
reaches the ends of the earth;
your right hand is filled with saving justice.

CONFITEOR

I confess to almighty God and to you,
my brothers and sisters, that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,
(And, striking their breast, they say:)
through my fault, through my fault,
through my most grievous fault;
(Then they continue:)
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints, and you,
my brothers and sisters,
to pray for me to the Lord our God.

GLORIA

Glory to God in the highest,
and on earth peace to people of good will.
We praise you, we bless you,
we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.
Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father.
Amen

FIRST READING

Zechariah 9:9-10

The Lord says this: 'Rejoice heart and soul,
daughter of Zion! Shout with gladness, daughter of
Jerusalem! See now, your king comes to you; he is
victorious, he is triumphant, humble and riding on a
donkey, on a colt, the foal of a donkey. He will banish
chariots from Ephraim and horses from Jerusalem; the
bow of war will be banished. He will proclaim peace
for the nations. His empire shall stretch from sea to
sea, from the River to the ends of the earth.'

The word of the Lord.

All reply: Thanks be to God.

RESPONSORIAL PSALM

Psalms 88:2-3. 16-19.

Response: I will praise your name for ever,
my king and my God.

I will give you glory, O God my King,
I will bless your name for ever.
I will bless you day after day
and praise your name for ever. R./

The Lord is kind and full of compassion,
slow to anger, abounding in love.
How good is the Lord to all,
compassionate to all his creatures. R./

All your creatures shall thank you, O Lord,
and your friends shall repeat their blessing.
They shall speak of the glory of your reign
and declare your might, O God. R./

The Lord is faithful in all his words
and loving in all his deeds.
The Lord supports all who fall
and raises all who are bowed down R./

SECOND READING

Romans 8:9.11-13

Your interests are not in the unspiritual, but in
the spiritual, since the Spirit of God has made his
home in you. In fact, unless you possessed the Spirit
of Christ you would not belong to him, and if the Spirit
of him who raised Jesus from the dead is living in you,
then he who raised Jesus from the dead will give life
to your own mortal bodies through his Spirit living in
you.

So then, my brothers, there is no necessity for us to
obey our unspiritual selves or to live unspiritual lives.
If you do live in that way, you are doomed to die; but
if by the Spirit you put an end to the misdeeds of the
body you will live.

The word of the Lord.

All reply: Thanks be to God.

GOSPEL ACCLAMATION

Alleluia, alleluia!
Blessed are you, Father, Lord of heaven and earth;
you have revealed to little ones the mysteries of the
kingdom.
Alleluia!

GOSPEL*Matthew 11:25-30*

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

The Gospel of the Lord.

All reply: Praise to you, Lord Jesus Christ.

NICENE CREED

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.

For us men and for our salvation
he came down from heaven,

(At the words that follow, up to and including and became man, all bow.)

and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.

He ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come.

Amen

MEMORIAL ACCLAMATION

When we eat this Bread and drink this Cup, we
proclaim your Death, O Lord, until you come again.

COMMUNION ANTIPHON

Taste and see that the Lord is good;
blessed the man who seeks refuge in him.

COMMUNION: COME TO ME**Refrain:**

Come to me all who labour and are heavy burdened,
And I shall give you rest.

Take up my yoke and learn from me,
For I am meek and humble of heart.

And you'll find rest for your souls,
Yes, my yoke is easy and my burden is light.

The Lord is my Shepherd, I shall never be in need,
Fresh and green are the meadows where he gives
me rest. **Ref.**

THE LORD IS MY SHEPHERD

The Lord is my Shepherd, and I want to follow,
wherever he leads me, wherever he goes.
Over the mountains, the waters and by-ways,
valleys and highways he's waiting for me.

Refrain:

I want to go to meet him there, to lay myself down
in his love.

The Lord is my shepherd, and I want to follow,
wherever he leads me, wherever he goes.

And while on the journey to where we are going,
he promised to be there to help us along.

And over the mountains we'll walk on together,
to know all the wonders he's given to me

RECESSIONAL : CITY OF GOD

Awake from your slumber! Arise from your sleep!
A new day is dawning for all those who weep.
The people in darkness have seen a great light.
The Lord of our longing has conquered the night.

Refrain:

Let us build the city of God.

May our tears be turned into dancing!

For the Lord, our light and our love,
has turned the night into day! .

We are sons of the morning; we are daughters of day.
The One who has loved us has brightened our way.

The Lord of all kindness has called us to be
a light for his people to set their hearts free. **Ref.**



8 / 9 July	Sat 6:00pm	Sun 8:30am	Sun 10:30am	Sun 5pm
Reader	Peter Penson	Pietro Sciotto	Christine Soosairaj	Annaliza
Communion	Michelle Penson	Christopher Ratnayake	Mary Furlan	Elizabeth Williamson
15 / 16 July	Sat 6:00pm	Sun 8:30am	Sun 10:30am	Sun 5pm
Reader	Sheila Serrao	John McGrath	Claire Newsome	Mark Aiello
Communion	Elizabeth Williamson	Margaret Bradley	Brian McIntosh	Sally Tramontana

MORNING TEA in Parish House Meeting Room: 16th July - Marguerite & Tina

COLLECTIONS FOR WEEK ENDED 2ND JULY 2023

First Collection is for the support of our Parish Priest, Asst Priest , the Archbishop, the sick & retired priests, priests in less fortunate areas around Archdiocese of Melbourne <i>(It is taken up after Homily)</i> ST JOHN'S PRESBYTERY CHEQUE- BSB 083-347 A/c 659225267			Second Collection is for the support of our Church , its operating expenses, staff wages, church & ground maintenance etc. <i>(It is taken up after Prayers of Faithful)</i> ST JOHN'S CATHOLIC CHURCH - BSB 083-347 A/c 658806318		
Envelopes	Loose Collection	Bank Direct	Envelopes	Loose Collection	Bank Direct
\$91.50	\$842.75	\$231.00	\$670.45	\$473.50	\$1689.00

REGULAR CREDIT CARD/DIRECT DEBIT THANKSGIVING TRANSACTIONS: Dear Parishioners due to a technical glitch the transaction schedule for Church for June did not go through. Please be advised that there will be two transactions on your July statement / account for those accounts which have not been charged in June. Please contact parish office on 94571066 if you have any concerns. Thanks for understanding.

GEMS: The GEMS will get together again on Tuesday, July 11th at 12.30 at the Templestowe Hotel (23 Parker Street Lower Templestowe) for lunch. Senior meals available. Bookings: Elizabeth 0447195552

PETER'S PENCE COLLECTION 2023: The Appeal totalled \$538.50. Thank you for your generosity

VOLUNTEERS NEEDED: Volunteers are the lifeblood of our parish. Their generosity of time and talents allows us to be the physical presence of Christ in our world today. The various roles as to how you can get involved are: Lectors (readers), Eucharistic Ministers, Altar Servers, Welcomers, Collectors and Sacristans. Training will be provided. We invite you to take the first step in this journey of volunteering by talking to Father Vinh / Fr Kishore after mass at the weekend or by contacting the Parish Office .

MORNING TEA: at the parish house meeting room next Sunday 16th July after 10.30am Mass. All are welcome.

WORLD YOUTH DAY —LISBON, PORTUGAL 1ST-6TH AUGUST 2023: World Youth Day

(WYD) is a worldwide encounter with the Pope celebrated about every three years in a different country. WYD is open to all young people who want to take part in a festive encounter centered on Jesus Christ together with their peers. The parish of St John's has four young parishioners, Bella Mathai, Hannah Thorley, Mikaela McGowan and Madeline Kos attending WYD. As a parish we would like to support these young people with some financial assistance. Thanks to those who have contributed. Please keep these young pilgrims in your prayers.



Pilgrim Prayer : *Our Lady of the Visitation, you who left in haste towards the mountain to meet Elizabeth, lead us also to meet all those who await us to deliver them the living Gospel; Jesus Christ, your Son and our Lord! We will go in a hurry, with no distraction or delay, but with readiness and joy. We will go peacefully, because those who take Christ take peace and well-being is the best wellbeing. Our Lady of the Visitation, with your inspiration, this World Youth Day will be the mutual celebration of the Christ we take, as You once did. Make it a time of testimony and sharing, fraternization, and giving thanks, each of us looking for the others who always wait. With you, we will continue on this path of gathering, so that our world will gather as well, in fraternity, justice and peace. Help us, Our Lady of the Visitation, to bring Christ to everyone, obeying the Father, in the love of the Spirit!*

PLEASE REMEMBER IN YOUR PRAYERS

RECENTLY BAPTISED: Roman Brand.

THE SICK: Cynthia and Giuseppe Amoroso, Desmond Ralph, David Pauloski, Peter Newton, Charlie Catajur, David Morck, Eamon Whealan, Daisy & Tyler Sanderson, Shelby Jentz, Michael Spence, Joan O'Donoghue.

RECENTLY DECEASED: Clara Petrilli.

ANNIVERSARY: Norah Mc Brearty.

Please submit any items for the newsletter, including sick, recently deceased and anniversaries, by Thursday morning latest. Thank you