

# Sixth Sunday in Ordinary Time (Year B)

11<sup>th</sup> February 2024

# Preparing for the Season of Lent

Lent begins this week with Ash Wednesday. Please see the 'Parish Notices' section of the bulletin for Ash Wednesday Mass times, as well as the times for the Stations of the Cross. There will also be additional opportunities for the Sacrament of Reconciliation during Lent. The timetable for Holy Week 2024 will be available from next Sunday.

Ash Wednesday and Good Friday are days of fasting and abstinence. Fasting means reducing the amount of food we eat to a maximum of one main meal and two small 'snack-sized' meals. Abstinence means not eating meat. Catholics aged 18-60 are required to observe the fast on Ash Wednesday and Good Friday. Catholics aged 14 and over are also required to abstain from meat on Ash Wednesday and Good Friday. Those younger or older are encouraged to fast and abstain according to their ability. Pregnant women and the sick are not bound to fast or abstain on Ash Wednesday and Good Friday.

On all other Fridays of Lent (and all Fridays outside of Lent), Catholics are required to do some form of penance. We fulfill our Friday penance in one of three ways: by praying, by exercising selfdenial (mortification), or by almsgiving (helping others). Examples of prayer that fulfil our Friday penance include attending Mass, praying as a family, visiting a church, reading the Bible, making the Stations of the Cross, and praying the Rosary. Examples of selfdenial include not eating meat, not eating sweets or dessert, giving up entertainment to spend time with the family, limiting food and drink. Examples of almsgiving include visiting the sick and elderly, assisting at a soup kitchen or food bank, and donating money to initiatives such as Project Compassion. It is also beneficial to adopt one or more of these penances throughout the whole of Lent.

In 2008, Pope Benedict XVI summarised the meaning of Lent: "Each year, Lent offers us a providential opportunity to deepen the meaning and value of our Christian lives, and it stimulates us to rediscover the mercy of God so that we, in turn, become more merciful toward our brothers and sisters. In the Lenten period, the Church makes it her duty to propose some specific tasks that accompany the faithful concretely in this process of interior renewal: these are prayer, fasting and almsgiving. Lent invites us to train ourselves spiritually in order to grow in charity. Let this time, then, be marked by a personal and communal effort of attachment to Christ in order that we may be witnesses of His love. May Mary, Mother and faithful Servant of the Lord, help us to enter the spiritual battle of Lent, armed with prayer, fasting, and almsgiving, so as to arrive at the celebration of the Easter Feasts, renewed in spirit."

# **CHURCHES**

St Francis Xavier Church, Corio St Anthony of Padua Church, Lara

# **ADMINISTRATOR**

Fr Marcus Goulding marcus.goulding@cam.org.au

#### **WEBSITE**

www.pol.org.au/corio

# **PARISH OFFICE**

Jasna Brdar | Parish Secretary Tuesday - Friday | 10am - 3pm 143 Bacchus Marsh Rd, Corio 3214 T. 03 4212 0791 E. fxcorio@iinet.net.au

#### PERMANENT DEACON

Rev. Royden D'Souza royden.dsouza@cam.org.au

#### **EVANGELISATION LEAD**

Gudrun Philipp gudrun.philipp@cam.org.au

#### **MASS TIMES**

**Tue.** 9.15am | *Corio* **W.** 9.15am | *Lara* **Th.** 9.15am | *Corio* 9.15am | Corio Sat. 7pm (Vigil) | Corio Sun. 9am | Lara

11am | Corio

# THE ROSARY

8.50am | Prior to weekday Masses

# **HOLY HOUR & CONFESSIONS**

**Tue.** 7.30pm - 8.30pm | *Corio* 

# **FIRST SATURDAYS**

8.30am Confessions | Corio 9.30am Weekday Mass | Corio 5.30pm Vietnamese Mass | Corio

Fr Marcus Goulding, Administrator

# **Mass Readings**

Entrance Antiphon | Cf. Ps 30:3-4

Be my protector, O God, a mighty stronghold to save me. For you are my rock, my stronghold! Lead me, guide me, for the sake of your name.

First Reading | Leviticus 13:1-2,44-46

Responsorial Psalm | Psalm 31(32):1-2,5,11

**R.** I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation.

**Second Reading** | 1 Corinthians 10:31-11:1

Gospel Acclamation | Luke 7:16

Alleluia, alleluia! A great prophet has appeared among us; God has visited his people. Alleluia!

**Gospel** | Mark 1:40-45

Communion Antiphon | Cf. Ps 77:29-30

They ate and had their fill, and what they craved the Lord gave them; they were not disappointed in what they craved.

**NEXT WEEK** | Genesis 9:8-15; 1 Peter 3:18-22; Mark 1:12-15

MASS ROSTER NEXT WEEKEND (17/18 Feb)		
7pm   Corio	Comm. Reader EMHC	Reno Demicoli Marla Drake Frank Moloney
9am   Lara	Comm. Reader EMHC	Angela Pearson Brian Rainbow Diane Saliba
11am   Corio	Comm. Reader EMHC	H-G Xuiamco J Xuiamco T. v. d. Hoeven T. v. d. Hoeven

# PLEASE PRAY FOR

The faithful departed.

The sick.

**Pray for Seminarians! Pray for Vocations!** 

# **Parish Notices**

**ASH WEDNESDAY MASS TIMES.** Ash Wednesday will be observed on 14<sup>th</sup> February. Ash Wednesday Masses will be offered at Lara at 9.15am and Corio at 7.30pm. The children from St Anthony of Padua School will attend the 9.15am Mass.

**STATIONS OF THE CROSS DURING LENT.** Stations of the Cross will be held at 7.30pm in St Francis Xavier church every Friday during Lent beginning this Friday, 16<sup>th</sup> February 2024. The Stations will run for approximately 30 minutes and be led by Fr Marcus.

**EXTRA CONFESSION TIMES DURING LENT.** The Sacrament of Reconciliation will be available at the following additional times during Lent:

7.00pm | Ash Wednesday, prior to Mass (Corio)

7.00pm | Fridays, prior to Stations of the Cross (Corio)

8.30am | Sundays (Lara)

To learn more about how to make a good confession, visit www.pol.org.au/corio/reconciliation.

'SPARK' U18 YOUTH GROUP LAUNCHING 18/02/24. The first session of our new under 18s youth group will be held from 6.00pm-8.30pm on Sunday 18<sup>th</sup> February 2024. We will meet in St Francis Xavier Church foyer. Pizza dinner will be provided. Donations from attendees appreciated. Simply turn up, or email Gudrun (gudrun.philipp@cam.org.au) to register your interest.

**CHURCH CAFÉ**. Every Sunday after the 11am Mass at St Francis Xavier. First and third Sundays of the month after the 9am Mass at St Anthony of Padua.

**MONTHLY PARISH BBQ AT CORIO.** Held every second Sunday of the month after the 11am Mass at St Francis Xavier from Feb to Nov. We are seeking ten sponsors to each donate \$200 to cover the cost of one of our ten BBQs for the year. If you can sponsor one of our monthly BBQs, please contact the Parish Office or speak to Fr Marcus.

**ALPHA 2024.** The next Alpha Experience will begin on 12th February 2024. The course will be held on Monday evenings in the Xavier Centre. To view the parish's Alpha promotional video and to register, visit www.pol.org.au/corio/alpha.

PLEASE DO NOT PARK NEXT TO THE RON LOWE ROOM DURING BUSINESS HOURS.



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